

London[®]
Prepares
series

BUCS Visa Outdoor Athletics Championships 2012
Final Information



BUCS Visa Outdoor Athletics Championships 2012

Final Information

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1. Introduction

- 1.1 This document contains the final information for the BUCS Visa Outdoor Athletics Championships 2012, which will take place from Friday 4 May until Monday 7 May 2012 in the Olympic Stadium as part of the London Prepares series.

2. Timetable

- 2.1 The competition timetable will begin on the evening of Friday 4 May 2012.
- 2.2 Please see Appendix 1 for the final timetable.
- 2.3 Please note that since the provisional timetable was issued, some changes to event timings have been made. These changes are highlighted in red. Please check the timetable carefully. The Competition Director reserves the right to amend the programme provided that sufficient advance warning is given to competitors.

3. Entries

- 3.1 As detailed in the Entry and Initial Event Information issued on 21 February 2012, a process is in place to ensure that if events reach capacity, there is a fair opportunity for all BUCS member institutions to participate in the competition.
- 3.2 A full list of entries can be found in Appendix 2. Any incorrect spellings or personal bests (PBs) should be reported immediately via athletic unions/sports offices to susan.murrin@bucs.org.uk.
- 3.3 Substitutions may be made up to two hours before the start of the event, as at previous competitions. However, all potential substitutes, including those already entered into other events, must have already been nominated for a particular event and have submitted a PB. The list of possible substitutes for each event is listed in Appendix 2, alongside the entries. As all events are now at full capacity, when a substitution is sought, the substitute athlete must have a better PB than the lowest ranked PB listed on the entry sheet for that string athlete in that event. In the few events where space permits, third or fourth athletes must have achieved the listed entry standards.
- 3.4 A list of competing institutions may be found in Appendix 3.
- 3.5 All athletes must have submitted a link to their PB at the time of entry from a website such as www.thepowerof10.info. BUCS has checked all PBs and amended if necessary. If a PB was attained before 2010, then season's best (SB) will be used for seeding purposes. Any entry submitted without a link to a site such as 'Power of 10' has been rejected.
- 3.6 All events have reached capacity. Therefore, if individual(s) withdraw from an event, BUCS will go to the waiting list and invite the first listed individuals (based on PB) to compete. This will only be possible up to 48 hours before the start of the championships (17:00, 2 May 2012). BUCS will not invite athletes to compete in place of a withdrawn athlete after this time. Therefore, if athletes are considering withdrawing from an event, they are encouraged to do so as far in advance of the event as possible in order to give others a chance to compete. Withdrawals after 17:00 on 2 May 2012 must be made at the competition. Please notify the Withdrawals and Substitutions Desk in the Technical Information Centre (TIC) upon arrival at the Olympic Stadium.
- 3.7 An individual (even when competing as a reserve) may not take part in more than three individual events.

Entry standards for athletes 3 and 4

- 3.8 The first two athletes from an institution will automatically count as the scoring athletes. In a small number of field events, a third and fourth athlete from an institution has (or may have, withdrawals permitting) had their entry accepted. Any institution that has had a third or fourth athlete accepted into an event must adhere to the rule that all athletes from its institution in that event must have achieved the entry standard. The entry standard is calculated as the average result for the 12th finisher in field events over the past five years of BUCS Outdoor Athletics competition.

Please also note that any athlete being substituted in for an event in which a standard has been required must also have attained the given standard. The standards are as follows:

Event	Men	Women
Pole Vault	3.60m	2.45m
Shot Put	11.50m	10.10m
Discus Throw	36.50m	27.50m
Javelin Throw	N/A	34.00m
Hammer Throw	32.50m	32.00m

4. Event information

Travel, transport and arrivals

- 4.1 BUCS and LOCOG strongly advise athletes, support staff and spectators to travel to Stratford on public transport. The closest stations to the Olympic Park are Stratford Regional and Stratford International. Stratford Regional station is served by London Underground, DLR, London Overground, National Rail and London's bus network. Stratford International is served by DLR and the Southeastern trains high-speed service from St Pancras International. The station is in zone 3. People arriving at Stratford on public transport will enter the Olympic Park via the eastern entrance (Westfield Stratford City). Please visit the TFL Journey Planner (<http://journeyplanner.tfl.gov.uk>) for assistance.
- 4.2 It is appreciated that some people will wish to travel by coach/minibus or will have competition equipment that makes travelling by public transport difficult. Two types of permit will be available for those travelling by this method of transport:
- 4.21 Parking permits: institutions wishing to bring coaches and minibuses will be able to apply for a parking permit for the Greenway Transport Hub that will enable them to park their vehicle for the duration of the event.
- 4.22 Drop-off permits: drop-off permits will allow coaches and minibuses to enter the Greenway Transport Hub only to drop off/pick up athletes and/or vaulting poles. Drop-off permits will not be available for regular cars, only for those delivering or collecting vaulting poles.
- 4.3 Applications for parking or drop-off permits must be made via BUCS by completing and submitting the information at www.bucs.org.uk/vehiclepermitapplication by Wednesday 25 April 2012. Permits will be limited and will be allocated on a first-come, first-served basis.
- 4.4 Both the bus parking and drop-off areas will be at the Greenway Transport Hub, to the south of the Olympic Park. From there, everyone will walk to the southern entrance to the Olympic Park. Maps, walking routes, times and distances will be provided upon approval of vehicle permits.
- 4.5 The Greenway Transport Hub will be open from three hours before competition to two hours post-competition. Athletes and other accredited passengers may access the Olympic Park via the transport hub from three hours before competition. Those arriving at the Greenway Transport Hub without accreditation will not be permitted entry to the park until 90 minutes before competition.
- 4.6 Those using the Greenway Transport Hub are advised to allow for 25 minutes walking time between the hub and the Olympic Stadium.
- 4.7 Buses will not be called forward for loading until all those travelling have arrived at the hub. This is due to limited space at the loading bays. To ensure efficient operations, universities are advised to appoint a single point of contact for their coach party to liaise with transport hub staff.

- 4.8 Please note that there is no public car park at the Olympic Park. Please also be aware that there are several other events taking place over the weekend of 4–7 May 2012 in the Olympic Park, so allow plenty of travel time. In addition, on the evening of Saturday 5 May 2012, 40,000 spectators will be arriving at the venue at approximately 19:00. Athletes who are competing in this evening session should bear this in mind if they are planning to leave the Olympic Park between the morning and evening sessions.
- 4.9 Unlike accredited personnel, spectators will not be permitted to leave the Olympic Park and then return. Spectators will be allowed to leave the Olympic Stadium and walk around the common areas of the Olympic Park. However, on Saturday 5 May 2012 from 17:00 and for the rest of that day, this will cease due to the impending arrival of an additional 40,000 spectators.

Opening times

- 4.10 Please note that athletes and spectators who are travelling together have different access times.

Date	Accredited athletes, coaches and team physiotherapists (access to Olympic Park and Olympic Stadium)	Ticketed spectators	
		Olympic Park	Olympic Stadium
Friday 4 May 2012	14:00	15:30	16:00
Saturday 5 May 2012	07:00	BUCS all day ticket: 08:30 2012 Hours To Go ticket: 17:30	BUCS all day ticket: 09:00 2012 Hours To Go ticket: 19:00
Sunday 6 May 2012	07:00	08:30	09:00
Monday 7 May 2012	07:00	08:30	09:00

Security

- 4.11 Tight security will be in operation in and around the Olympic Park and the Olympic Stadium. This will be similar to airport-style security, with all people required to pass through a detector and pass their bags through a scanner. Extra time will be required to pass through security screening, and all personnel should factor this into their plans. Please see Appendix 4 for details of what may and may not be brought into the Olympic Park and the Olympic Stadium.

Accreditation and access

- 4.12 All athletes and team support staff will require an accreditation pass for the duration of the competition. Accreditation passes will be valid for the whole competition.
- 4.13 A valid UK photo driving licence (provisional or full) or passport must be shown together with the accreditation pass upon each entry to the Olympic Park. An NUS or student card will not be accepted as a form of identification. In the unlikely event that an individual does not have either a driving licence or a passport, then the individual must bring both their birth certificate and another supporting form of identification.
- 4.14 Accreditation lists will be drawn up based on the information inputted into BUCScore by 5 April 2012. No requests for accreditation will be accepted outside of this system.
- 4.15 Before the event, accreditation cards will be sent by courier marked for the attention of the Team Manager (as listed on BUCScore) for delivery to the BUCS-recognised athletic union/sports office address. It is then the responsibility of the Team Manager to distribute the accreditation cards to his/her team before arriving at the Olympic Park.

- 4.16 It is imperative that all accreditation holders look after their accreditation at all times. Replacing lost passes will be a lengthy process and may result in individuals missing events. Any individual found to be impersonating another athlete or team support staff member by using their accreditation will be subject to BUCS disciplinary procedures and potentially criminal charges.
- 4.17 Upon arrival at the Olympic Park, there will be a specific lane for accredited people. Those with implements may also go through this lane.
- 4.18 Accredited team physiotherapists will be allowed to bring a kit bag and plinth through security and will not be subject to the same restrictions as the general public in terms of prohibited items. Their equipment will be screened, but items such as scissors and massage lotion will be permitted.
- 4.19 Again, please note that every individual will require a valid UK photo driving licence or passport and their accreditation card in order to gain entry to the Olympic Park. No accreditation card and identification, no entry.

5. Team pack collection, withdrawals and substitutions

- 5.1 Team pack collection and the Withdrawals and Substitutions Desk will be open from 14:00 on Friday 4 May 2012 and will be located in the TIC, which is close to the main entrance of the Olympic Stadium. Only one member of each team (ideally the Team Manager) should visit this room at any one time.
- 5.2 The opening hours for team pack collection and the Withdrawal and Substitutions Desk are as follows:

Friday 4 May 2012	14:00–20:45
Saturday 5 May 2012	07:30–20:45
Sunday 6 May 2012	07:30–20:30
Monday 7 May 2012	07:30–14:00

Registration procedure

- 5.3 On arrival at the Stadium, Team Managers must go to the TIC to register their team and collect their team pack, which includes competition numbers and important paperwork and forms. Please see Section 6.12 for information about transponders and competition number distribution.
- 5.4 Teams must register only once. It will be assumed that when an institution has registered, all its competitors will participate in every event that they have entered.
- 5.5 Relay teams must still declare on the day. Declaration forms are in all team packs. Spare forms will be available from the Withdrawals and Substitutions Desk. Please refer to Section 7.11 in this document for more relay declaration information.

Withdrawals and substitutions procedure

- 5.6 The withdrawal and substitution deadline is two hours before the start of each event. Team captains must complete a withdrawal/substitution form and submit it to the Withdrawals and Substitutions Desk by this time. Please note that due to the different systems in operation and the extended distance between the warm-up track and competition area, this deadline is 30 minutes longer than is usual at BUCS events.
- 5.7 The two-hour withdrawal and substitution deadline will be judged from the clock at the Withdrawals and Substitutions Desk.
- 5.8 Substitutions may only be made from the list of reserves submitted electronically to BUCS by institutions before the event or with an individual who has already been entered into another event and is listed elsewhere in the programme, to a maximum of three individual events per person.

- 5.9 Withdrawals and substitutions may be made by email via athletic unions/sports offices to susan.murrin@bucs.org.uk up to 17:00 on Wednesday 2 May 2012. After this time, withdrawals and substitutions must be made in person at the event.
- 5.10 It is possible to withdraw or substitute by phone by calling 07531 006127 during the event while the Withdrawals and Substitutions Desk is open (see Section 5.2 for times). The call must be received before the two-hour withdrawal and substitution deadline. Messages left on the answer phone will not be accepted.
- 5.11 Competitors or teams failing to advise the Withdrawals and Substitutions Desk of their withdrawal from an event before the two-hour deadline will be liable to a fine. See below:

Offence	Cash during event	Late payment
No show or late withdrawal heat or semi-final	£10	£15
No show or late withdrawal final	£15	£25

- 5.12 Please see Appendices 5–7 for copies of the Withdrawal and Substitution forms.

6. Competitor information

Changing facilities

- 6.1 There are changing facilities at the warm-up track for athletes. Please do not leave items in the changing rooms.

Medical and physiotherapy provision

- 6.2 There will be sport doctors, physiotherapists and sports massage therapists available to all athletes. These will be located both at the warm-up track and the Olympic Stadium.

Catering

- 6.3 Numerous catering concessions will be available around the Stadium concourse for individuals to purchase food and drinks.

Equipment logging and storage

- 6.4 Athletes arriving with competition equipment should enter the Olympic Park with all other athletes. Once through security, throwing implements can, and vaulting poles will, be taken to the warm-up track and registered. Items will be stored here until required for competition. Athletes are responsible for carrying their own throwing implements to the warm-up track, and may enter through the eastern or southern entrances to the Olympic Park. Athletes with vaulting poles must enter by the southern entrance and will be able to make use of a vehicle that will take the poles from the southern entrance to the warm-up track. All equipment will be taken from the warm-up track to the competition area, then returned to the warm-up track after competition by officials/volunteers. Poles will be returned by vehicle to the southern entrance after competition. Throwing implements must be collected from the warm-up track.

Left luggage and cloakroom

- 6.5 For security reasons large bags will not be allowed on site and teams are strongly advised to leave them at hotels, on team buses or at the left luggage facilities at London stations. However, it is appreciated that athletes will likely be staying overnight in London and, particularly on the days they arrive and leave, may need to bring luggage with them. With this in mind, athletes will be permitted to bring one soft-sided sports bag/holdall/overnight bag into the Olympic Park for storage in a temporary left luggage facility at the warm-up track. The contents of this bag must adhere to the rules on the Prohibited Items list (see Appendix 4), for example, liquids only up to 100ml.

Athletes' Lounge

- 6.6 There will be an indoor Athletes' Lounge situated at the warm-up track. Bottled water and fruit will be supplied in the Athletes' Lounge free of charge.

Team tents

- 6.7 All institutions will have access to the team tents at the warm-up track to set up a team base. Please be aware that all teams need to access these areas, so teams are advised to minimise the space that they take up. Please respect these areas. Any damage to these tents will result in a fine to cover repair costs. Bags must not be left unattended in this, or in any area, at any time. Any bags reported as unattended will be removed by Security. Please use the left luggage facility to store any bags that do not need to be carried around.

Warm-up

- 6.8 All athlete warm-up must take place on the warm-up track, accessible from the main Olympic Stadium by a covered walkway. Only athletes and accredited coaches will have access to this area.

Athlete and coach seating

- 6.9 Athletes will have an allocated seating area for the duration of the competition. On Friday 4, Sunday 6 and Monday 7 May 2012, athletes will be able to sit in the main stand with the spectators, if they wish and if space permits. On Saturday 5 May, athletes must sit in the allocated athlete seating area. Coaches may also sit in the athlete seating areas. In addition, there will be limited seating around the field event areas for coaches.

Call rooms

- 6.10 There will be two call rooms. First Call will be at the warm-up track and Final Call will be in the Olympic Stadium. Every athlete must pass through these two call rooms at the time specified on displayed Call Room Schedules.

Mixed zone and post-event control

- 6.11 After competing, all athletes (track and field) must follow the designated route through the mixed zone in order to collect their kit and accreditation. After passing through this area, they may return to the warm-up track or go to the Olympic Stadium seating.

Transponders

- 6.12 Athletes taking part in events of 800m and longer (800m, 1500m, 5000m, 10000m, 2000m/3000m Steeplechase) will be required to wear a transponder when racing. This device sticks to the back of the front competition number. Athletes taking part in these races, and reserves listed for these races, will receive only one competition number in their institution's team pack. At Final Call, athletes will receive their second competition number with the transponder already attached. Therefore, the competition number received in the athlete's team pack is for the back of their vest. Post-race athletes must return their transponder. All athletes will keep both competition numbers after their race and any athlete qualifying for subsequent rounds will be issued with a new transponder the next time they go through Final Call.
- 6.13 In the event that an athlete requiring a transponder is also entered into an event that does not require a transponder, they will receive both competition numbers in their team pack and will have their transponder attached in Final Call.

Kit

- 6.14 All athletes must wear appropriate university-coloured athletic kit in accordance with UKA rules. For example: vest, cropped top, shorts, lycra all-in-one, and so on. T-shirts and tracksuit bottoms are not permitted. Institutions that do not have a team kit may wear a plain running vest/cropped top and shorts at the discretion of the event manager/competition director, who must be notified in advance by emailing susan.murrin@bucs.org.uk. Athlete kit will be collected at the start of all track events by kit carriers for collection in the post-event control room. Please note that UKA regulations on kit advertising will apply at this event. For details, please see Appendix 8.

Anti-doping

- 6.15 All athletes entering the BUCS Visa Outdoor Athletics Championships:
- 6.15.1 acknowledge that they are bound by UKA's Anti-Doping Rules;

- 6.15.2 agree to submit to drugs testing in connection with this event in accordance with UKA's Anti-Doping Rules, which may involve providing a blood and/or urine sample; and
- 6.15.3 confirm that they are either aged 18 years or older or that the person(s) having parental responsibility for them consent to the above testing. Any under-18 athlete must have parental/guardian consent in written form. If no consent is provided, the athlete in question may be disqualified from the competition. Please see Appendix 9 for a copy of the consent form.
- 6.16 To check the status of registered medicines, please visit www.globaldro.com. For information on testing procedures, please visit www.ukad.org.uk. The UKA Anti-Doping Rules are available at www.ukad.org.uk. For general anti-doping queries, please contact antidoping@uka.org.uk.

7. Competition information

- 7.1 The event is to be held under IAAF Rules, with exceptions where necessary, as described.

UK Athletics (UKA) select/guest athletes

- 7.2 BUCS has been working in partnership with UKA to enable a number of UKA select athletes to compete in the BUCS Visa Outdoor Athletics Championships. These athletes have been selected by UKA. On the track and in vertical jumps, these athletes will compete in stand-alone events. In the horizontal jumps and throwing events, these athletes will participate in the BUCS pool stage and in the first three jumps/throws in the final only. Please note that no BUCS athlete has missed out due to a UKA select athlete competing. The UKA select entries and stand-alone events are in addition to, not instead of, any other individuals/heats. A list of these entries will be available in due course.

Reporting

- 7.3 All competitors must report to First Call a specific number of minutes before the event start time detailed in the programme (see list below). Athletes who report late will not be allowed to compete. The time will be judged from the clock in First Call. Athletes must be wearing their correct competition number(s) as detailed in the entry lists. The competition numbers must be worn as issued and not be cut, folded or otherwise concealed or tampered with in any way. Please see Section 6.12 for further information on transponders.

Please note that the following First Call deadlines are indicative only. A full event-by-event call-up schedule will be produced and circulated shortly.

Events	First Call report deadline
Track	45 minutes before event start
Hurdles	45 minutes before event start
Long Jump/Triple Jump/Throws	65 minutes before event start
High Jump	75 minutes before event start
Pole Vault	95 minutes before event start

- 7.4 It is not permitted to take the items listed below into the arena. Prohibited items should be left with another team member before entering First Call:
- mobile phones
 - iPods/MP3 Players or any other music listening device
 - photo or video cameras
 - video or cassette recorders
 - radios
 - shoes with too many spikes
 - over-sized spare spikes (the maximum spike length is 9mm, with the exception of High Jump and Javelin Throw events, which have a maximum spike length of 12mm)

- 7.5 In the call rooms, officials will:
- ensure that athletes are wearing their university-coloured appropriate athletic kit (see Section 6.14);
 - ensure that all competition numbers are worn correctly and correspond with start lists;
 - issue leg numbers if needed;
 - ensure that shoes, number and dimension of spikes, advertising on clothing and athletes' bags comply with UKA Rules; and
 - ensure that unauthorised material is not taken into the arena.

- 7.6 The Call Room Schedule will be displayed in the TIC and at the warm-up track. The responsibility to be in First Call lies entirely with the competitor, who must then remain in First Call ready to be escorted to Final Call and then their event. Athletes who report late will not be allowed to compete. The time will be judged from the clock in First Call.

Seeding

- 7.7 For detailed information on seeding, lane draws, progression and qualification, please see Appendix 10 (Competition Rules). Information on the lane draws/pool grouping for each event will be posted on the noticeboards at First Call/warm-up track and at the TIC after the two-hour withdrawal and substitution deadline has passed and the start sheets have been printed. It is the athlete's responsibility to check these noticeboards. Please note that progression will be according to IAAF rules.

Withdrawals from subsequent rounds

- 7.8 Once an athlete has qualified for a subsequent round of a particular event, they are not permitted to opt out of that event and continue to compete in the championships. This applies to both the track and field competitions. The track referee can prevent a competitor competing on the track if the competitor has opted out of a field event in which he/she has qualified for a subsequent round. The field referee has the same powers to exclude from a field event an athlete if he/she has opted out of a track event.

Competition numbers

- 7.9 Athletes have been allocated individual competition numbers. Each competitor must wear their individual competition number as stated on the entry lists. Athletes will wear the same competition number in every event they compete in. Each athlete will only be given one pair of numbers, so they must keep them for all events and finals. All competitors, with the exception of those competing in the High Jump and Pole Vault, must wear two numbers, one front and one back. In the event of a substitution, the athlete being substituted in must wear their own number and not change to the original entrant's number. In the relays, teams will be allocated team letters, which should be retained for the final.

Health and safety

- 7.10 It is the responsibility of each institution to ensure that athletes are capable of competing safely in the events for which they have been entered.

Relay teams and relay declaration forms

- 7.11 Declaration forms, available in team packs, must be submitted two hours before the published time for each round of the competition. Athletes must be from among those registered for the championships. Each team will be given designated relay team letters, which must be worn by all members of the team and retained for the final.
- 7.12 IAAF Rule 170 para 10 will apply: 'Once a relay team has started in a competition only two additional athletes may be used as substitutes in the composition of the team'.
- 7.13 In a change to previous events, institutions must declare four runners whom they wish to compete in the heats of each relay event two hours before the published race time. In the event that a declared athlete gets injured between declaration and call time, another squad member may be called up. Qualifying teams must then declare their final team of four runners two hours before the published final time. They must declare no more than two additional athletes in their final team.

Opening heights and qualification

- 7.14 Under the guidelines of UKA these standards have been set based on the nationally recognised method of looking at the PBs submitted for the event. The following starting heights and qualification heights/distances will be in place:

Event	Qualification	Starting heights/progressions
Men's High Jump	2.10m	1.60m + 5cm to 1.95m, then + 3cm
Women's High Jump	1.75m	1.40m + 5cm to 1.60m, then + 3cm
Men's Pole Vault	5.00m	3.00m + 20cm to 4.40m, then + 10cm
Women's Pole Vault	3.80m	2.10m + 20cm to 3.50m, then + 10cm
Men's Long Jump	7.20m	
Women's Long Jump	5.95m	
Men's Triple Jump	15.00m	11m and 13m boards. Only the 13m board will be used in the final
Women's Triple Jump	12.00m	9m and 11m boards. Only the 11m board will be used in the final
Men's Shot Put	15.00m	
Women's Shot Put	12.40m	
Men's Javelin Throw	65.00m	
Women's Javelin Throw	45.50m	
Men's Discus Throw	48.00m	
Women's Discus Throw	43.00m	
Men's Hammer Throw	56.00m	
Women's Hammer Throw	51.50m	

Equipment

- 7.15 Implements for use in throwing events will be provided. Competitors may use their own implements. These must be approved for competition by the Technical Manager before use and should be presented at the warm-up track at least two hours before the respective event start time. Personal equipment is not available for use by other athletes without the permission of the owner. Athletes not qualifying for the final should collect implements from the warm-up track as soon as possible after qualification finishes. Athletes qualifying for the final must leave their implements with the Technical Manager until the end of the event, when they should collect them from the warm-up track.
- 7.16 Pole vaulting poles will not be supplied.
- 7.17 The maximum spike length allowed is 9mm, except for in the High Jump and Javelin Throw events, when the maximum spike length is 12mm. Spikes will be checked in the call rooms. Spiked shoes must not be worn outside the athletic arena.
- 7.18 Competition numbers must be worn as issued and not be cut, folded or otherwise concealed or tampered with in any way.
- 7.19 False start detection equipment will be used for all races up to and including 400m, including the first leg of a relay race, provided such leg does not exceed 400m, unless otherwise specified by the Competition Director. All athletes in these events will be required to use only the starting blocks provided.

Medals and team scoring

- 7.20 Medals will be awarded to the top three finishers in each event. Presentations will take place during the meeting and medal winners will be asked to proceed to the medal presentation area for a given time. Team points will be awarded for the first eight finishers in an event. BUCS points will be awarded to the first four finishers.

Competition regulations

- 7.21 Track events:
- 7.21.1 The maximum number of rounds, for events up to and including 1500m, will be three (first rounds, semi-finals and final). For detailed information on seeding, lane draws, progression and qualification, please see Appendix 1.
 - 7.21.2 Where declared numbers do not merit heats/semi-finals, finals will be run at final time, unless otherwise stated, and where semi-finals are not necessary, finals will be run at final time.
- 7.22 Field events:
- 7.22.1 For detailed information on seeding, progression and qualification, see Appendix 1.
 - 7.22.2 If there is no qualifying round, the competition shall be run as a straight final at final time.

8. General information

Events in the warm-up stadium

- 8.1 Please note that due to timing constraints, the qualifying pools for the men's Hammer Throw and the women's Discus Throw will take place on the throws field at the warm-up track and not in the Olympic Stadium. There will be limited spectator access for individuals who have tickets for that day's competition. Those wishing to watch these events should meet at the West Stand Concourse, outside Block 102, 30 minutes before the relevant pool's start time. Spectators will be walked over to the warm-up track as a group and returned to Block 102 as a group upon completion of the competition. A maximum of two individuals per athlete may go and watch. If space permits, a very limited number of additional spaces may become available. Accredited coaches may also access these events.

Visa

- 8.2 Only Visa (debit, credit and prepaid) or cash may be used to purchase items in the Olympic Park. Please note that cash machines in the Park may not be in operation during the competition, and individuals are advised to bring their Visa card or cash.

2012 Hours To Go

- 8.3 On the evening of Saturday 5 May 2012, a special event of Athletics and entertainment celebrating 2012 hours until the start of the Olympic Games will take place. Following the Athletics, a celebrity host will be joined by a number of famous British faces, pop stars, actors, sport stars and celebrities who will take part in a series of games and challenges to win the audience fantastic prizes. BUCS athletes and BUCS ticket holders are welcome to stay for this event in their allocated seating. This event will finish at 21:30.

Media enquiries

- 8.4 For media enquiries relating to the London Prepares series, please email the LOCOG Press Office on pressoffice@london2012.com or call 020 3 2012 100. For media enquiries relating to BUCS, please email justin.deeny@bucs.org.uk or call 020 7633 5080.

Contact information

- 8.5 For any event specific queries, please contact susan.murrin@bucs.org.uk or call 020 7633 5083.

London Prepares series

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