Supporting Student Tennis

GUIDE TO UNIVERSITY TENNIS
An overview of all the resources and support available to universities
Tennis is fun, great for fitness and for developing hand eye co-ordination. It can be played by all ages and abilities. You don’t need tennis courts to play – it can be played in sports halls, gyms or multi-sport areas and a range of adapted equipment and modified versions of the game are available.

The support available through the University Tennis Programme aims to grow the game, by creating more opportunities for students to play and compete. It also aims to provide students with the latest training packages, for those that have an ambition to become part of the future workforce for British Tennis.

This guide is aimed at student tennis clubs and sports development staff working within universities and provides an overview of all the resources and support available to the Higher Education sector. Support is available to all universities and at a range of different levels.

Support for University Tennis Clubs

“We feel The Development Award is the best offer of its type by an NGB to the HE sector. The process is simple and effective and has had an immensely positive impact on the offer that our student tennis club can provide to its members. The funding has allowed social players to get more court time and therefore more participants have been retained. Students beginning University now have the opportunity to work through from social to competitive player if they so wish.”

Name: Anthony Hennelly  
Role: Sports Development Officer  
University: Imperial College London

Student Tennis Experience

“Being involved in the tennis club this year has really supported me during my first year at uni. Being an international student was quite intimidating coming here but getting involved with the tennis club has helped me develop my social circle as well as improving my tennis.”

Name: Genevieve Barnes  
Role: Student  
University: University of Roehampton

Workforce Development

“The Level 1 Coaching Assistant Course is something I have wanted to complete for years, but never had the right time to do it. Having the course that was tailored around the students and being on campus was a great idea and I jumped at the opportunity to do the course, especially as it was subsidised.”

Name: Zachary Cruickshank  
Role: Student  
University: Brunel University

Competition

“The competition was great for me as a first time competitor and although I was knocked out in the second round, it gave me the chance to play against players better than me which helped my game tremendously and that made it really enjoyable. I hope to see more tournaments hosted in Liverpool and I’m looking forward to competing again in the future.”

Name: Wayne McGrath  
Role: Student  
University: Liverpool John Moores University
Welcome to the Guide to University Tennis, which provides an overview of all the support and resources which are on offer to you by the Tennis Foundation and the Lawn Tennis Association (LTA). These have been developed by us to help you increase the opportunities for students to play tennis and perhaps develop a future career in our sport.

- Support for University Tennis Clubs ................................ 07
- Student Tennis Experience ........ 13
- Competition........................................... 16
- Workforce Development ............. 19
- Performance: Enhanced Offer .... 23

About Us

The Tennis Foundation is Great Britain’s leading tennis charity. Our vision is a sport which is truly inclusive and accessible in every kind of community. Our aim is to provide opportunities to encourage people to maximise their potential through tennis.

We work closely with The Lawn Tennis Association (LTA) and a wide range of partners from across all sectors to deliver our vision and aim.

Levels of Support

British tennis is able to provide support to all universities to help increase and improve tennis provision. In summary, our support is focused around three levels.

Resources and Development Awards

A wide range of resources are available to all universities which are detailed in this guide. In addition, all universities are able to apply for an annual Development Award, designed to grow the game with staff and students.

See page 07 onwards

University Tennis Coordinators and Ambassadors

We are able to support a number of universities with a financial grant to support the employment of a University Tennis Coordinator – a part time, masters student, based at the university with the responsibility of growing the game with students, staff and the local community. The programme also supports employability agenda, by providing training and skills to students, to take the first step into working in the tennis industry.

See page 19 onwards

Performance Programme Support

We are able to provide a small number of universities with a financial grant to support their performance programme. There is an annual application process and this support is available to universities who make a significant contribution to British tennis and have a comprehensive programme in place.

See page 23
Guide to University Tennis - Support for University Tennis Clubs

Support for University Tennis Clubs

University Tennis Development Awards and University Tennis Ambassadors are programmes designed to help you grow participation at your university:

- Up to £500 Development Award to help more people play tennis at your university
- £500 grant to support an undergraduate University Tennis Ambassador at your university

Your university has the opportunity of applying for one, or both of the above programmes. However, we would encourage you to apply for both, as they have been designed to complement each other.

DEVELOPMENT AWARDS

University Tennis Development Awards of up to £500 are available on an annual basis to support University Tennis Clubs to grow participation and help more students and staff play tennis. The main purpose of the Development Awards is to increase the number of students and staff playing weekly.

Grants have been awarded in the past for:

- Subsidising beginner coaching courses for students and staff
- Delivering alternative tennis opportunities, such as Cardio Tennis or Mini Tennis
- Intramural competition / charity competitions

Workforce development activity to build staff capacity to help more people play weekly:

- Scholarships for Level 1 and 2 Coaching Assistant Courses (UKCC) - maximum 50% subsidy for a maximum of two people
- Primary & Secondary School Teacher Training Courses
- Competition Organiser Workshops
- Tennis Leaders

Promotional activity to help more people play weekly:

- Fresher’s Fair Activity
- Marketing Material
- Taster Sessions
- Open Days

Activity to help more disabled people to participate weekly:

- Taster Sessions
- Coaching programmes
- Equipment

Focus on the following impairments: wheelchair, learning disability, deaf and hearing impaired, blind and visually impaired.

#unitennis

WHAT CAN TENNIS DO FOR MY UNIVERSITY?

Tennis is fun, great for fitness and can be enjoyed by all ages and abilities. You don’t even need tennis courts to play – it can be played in sports halls, gyms or multi-sports areas and a range of adapted equipment and modified versions of the game are available, to ensure tennis can be played by everyone who wants to pick up a racket.

The Guide to University Tennis tells the story of university tennis through those who have seen it grow and develop - the students and the university staff.

Universities can access a range of support and resources aimed across the key areas of:

- Support for University Tennis Clubs
- Student Tennis Experience
- Competition
- Workforce Development
- Performance

Join our tennis club

allplay is here to help you play tennis

Promotional activity to help more people play weekly:

- Fresher’s Fair Activity
- Marketing Material
- Taster Sessions
- Open Days

Activity to help more disabled people to participate weekly:

- Taster Sessions
- Coaching programmes
- Equipment

Focus on the following impairments: wheelchair, learning disability, deaf and hearing impaired, blind and visually impaired.

You can download an application from: www.tennisfoundation.org.uk/universitytennis

Guide to University Tennis - Introduction
LINKING WITH LOCAL TENNIS VENUES AND COACHES

Universities can link up with local tennis clubs, parks or indoor centres to assist in delivering a wide range of activities including enrichment support and competitions. These partnerships also offer students affordable and accessible exit route opportunities to continue playing tennis outside university.

Developing a link with a local tennis venue brings many benefits to universities, including:
- Increased opportunities for your students
- The university profile raised in the community
- Shared facilities and equipment
- Access to expert coaches
- Enhanced enrichment activity
- Healthier and more physically active students, improving standards across the university
- Increased awareness of exit routes for players, coaches and volunteers
- Assistance in achieving targets, standards and recognition

CLUBS

At the heart of British Tennis is a network of more than 2,700 LTA registered tennis venues. The venues include clubs that have specialist performance programmes as well as other clubs, many of which have achieved Tennis Clubmark. Clubmark is a cross-sport quality accreditation for clubs - the LTA, the national governing body for tennis in Britain, is an accredited Clubmark partner.

Tennis Clubmark offers tennis venues the opportunity to be recognised for achieving excellent standards. It includes all the key criteria of the national Clubmark programme.

---

Case Study

The University of Stirling

“The university development grant has introduced more people to tennis through the excitement of cardio and touch tennis to staff sessions and from primary school teacher training courses to reaching those with physical or learning disabilities. The development grant allows tennis to be accessible to everyone, showcasing the advantages of tennis participation and also the scope tennis has through all its different elements. The grant has provided opportunity to get involved in tennis not just for university students and staff but also the local community.”

Name: Holly Smith
Role: University Tennis Coordinator, University of Stirling

Here is a taste of Stirling’s plans:
- Freshers Fair: Next academic year we are going to start promoting and advertising earlier by setting up a stall on move-in day to raise awareness about tennis. We will also be giving 30 free t-shirts to the first 30 new club members who join.
- Taster Sessions: We plan to run two ‘give-it-a-go’ sessions for students and staff to attend at the beginning of each term. We are also looking into the possibility of hosting another taster session just after half term to give students a third chance to join the tennis club. To help attract students whose first choice might not be tennis, we hope to offer prize incentives (i.e.: racket bags) which anyone who turns up has the opportunity to win.
- Open Days: The club's committee would like to host an open day where we invite the local community to try Cardio Tennis and Mini Tennis.

Cardio Tennis: Cardio Tennis is now part of the sports centre fitness programme and will therefore continue to run next academic year on Mondays, 3-4pm.
COACHES
There are many qualified and experienced tennis coaches in Britain, each with their own different skills and experience. It can be hard for players, parents, clubs, schools or universities to choose the right coach for them. When choosing a coach there are two main areas to consider:

1. Qualifications
A qualification represents the level of training a coach has received and the level of skill to which she/he has been assessed.

The LTA’s current Coaching Pathway is shown below:

- **LTA TENNIS LEADER**
  - Get involved in tennis as a volunteer

1. **1ST4SPORT LEVEL 1 AWARD IN COACHING TENNIS**
2. **1ST4SPORT LEVEL 2 CERTIFICATE IN COACHING TENNIS**
3. **1ST4SPORT LEVEL 3 CERTIFICATE IN COACHING TENNIS**
4. **LTA SENIOR CLUB COACH**
5. **LTA MASTER CLUB COACH**
6. **LTA SENIOR PERFORMANCE COACH**
7. **LTA MASTER PERFORMANCE COACH**

2. **LTA REGISTRATION**
LTA Registration replaced club affiliation in 2010 and now sees all tennis venues paying a registration fee to their County Association based on the number of courts they have access to on a regular basis.

The standardised fee is applicable to tennis clubs, park based programmes, university clubs, indoor pay and play centres and programmes based on school sites.

Registering your venue with the LTA offers some great benefits, including free BTM for your members and is the first step towards gaining the invaluable Clubmark Status for your club.

We are delighted to be able to offer University Tennis Clubs the opportunity to become registered for free in the first year with a reduced payment in the second year.

2. Coach Accreditation
Coach Accreditation is issued by the LTA to coaches and coaching assistants who meet a range of requirements relating to safety and training. It is an easy way for parents, players and clubs to identify those coaches and assistants who are appropriately qualified and have the knowledge, competence and skills to perform specific roles. There are two levels of coach accreditation: registration and licensing.

Registration is the basic level of accreditation issued to those who are safe to practice. Licensing is the top level of accreditation issued to those who are qualified, safe to practice and take part in regular training through continuous professional development.

The coach accreditation scheme offers support to coaches to ensure all those taking part in the game have an enjoyable and safe experience which helps sustain the positive image and reputation of the sport.

Both forms of accreditation mean that a coach or coaching assistant has met the following criteria:

- **A minimum level of qualification**
- **A satisfactory DBS (formerly CRB) enhanced disclosure (repeated every three years)**
- **A valid Emergency First Aid at Work Certificate and a requirement to keep this up-to-date**

More info...
- For more information about coaching, please visit: www.lta.org.uk/coaches
- We’d love to hear your plans for promoting tennis at your university, why not tell us via Twitter @TennisFndation using #unitennis
Whether you are a player or simply a tennis enthusiast, you are not short of opportunities to get involved with tennis at university. Tennis can really enhance the ‘Student Experience’, helping students settle into university, make new friends and develop skills through a sport which is worldwide and lasts for a lifetime.

In addition to the traditional ways of delivering tennis, we have developed different ways to help you attract new members. Tennis is for everyone whether they have never held a racket or haven’t played since school.

SHORT TENNIS

Playing tennis is great fun and by using modified equipment and space, everyone can achieve, whether they have played before or not. Short Tennis is an established, modified version of the sport that is now being included at universities across the country and it’s proving a big hit with students and staff.

This modified version of the sport will allow more students to participate at a level that is appropriate for them, which improves their achievement, making them want to play again.

Another great benefit of Short Tennis is that you don’t need a tennis court – it can be played in a sports hall, on badminton courts, any large indoor space, or even on a free strip of car park.

More info...

Find out more about Short Tennis and Cardio Tennis at: www.tennisfoundation.org.uk/universitytennis

Contact your local Tennis Development Manager for details of local coaches who are trained in delivering Cardio Tennis - details at: www.lta.org.uk/in-your-area - select County

DOWNLOADABLE CASE STUDIES

We are building a range of case studies on the website. Here is an example:

UNIVERSITY OF EXETER - FRESHER’S FAIR

The Fresher’s Fair is the perfect opportunity to reach as many students as possible and the aims were:

- To sign up as many students as possible to the Tennis Club
- To get 500 new members signing up in total (up to 800 if they are interested)
- To encourage anyone already playing at university by highlighting the different opportunities in tennis.
- To convert student tennis enthusiasts into club members to our continuous programme.

How did they make it happen?

Looking for the Fresher’s Week a guide to student tennis and a taster with all the Fresher’s week tennis events on it was produced.

The teachers were set in to make sure every student amongst the University in their fresher’s week. They had 3 sessions and sessions.

At the Freshers Fayre, a mini tennis net was taken out onto stands and a number of the tennis societies and tennis teams doled out the rackets and asked students to try them out. Students could play on the net and enjoy a taste of the game of tennis and have the chance to meet other students who play tennis at their university.

At the end of each session, all the players were told about the different opportunities a tennis can create and matches to see what was happening. There were lots of matches, matches and games.

In the day of the event:

- The main event was the ruling and the prize giving for the event. The main event was the prize giving for the event. The main event was the prize giving for the event.

How it been successes?

If it’s a very successful sign up day, 300 players signed up to the fair and at those, 300 signed up to the Event. The value of 51 in students with enthusiasm in additional tennis activities but the student organisation is more important than the number of students.
CARDIO TENNIS

Another great way to introduce students to our sport for the first time is through Cardio Tennis.

Cardio Tennis is a fun group activity, featuring drills using low compression balls to give pupils of all abilities a fun, high energy workout to music.

There are activities for absolute beginners through to advanced players, all of which provide you with a great cardio workout whilst improving your tennis skills.

Music is played during the session to help create a high energy atmosphere and add motivation, as well as controlling the tempo of the activity. If available, participants are advised to wear heart rate monitors or pedometers, so they can see how hard they are working. The measure of a pupil’s success becomes their heart rate, or number of steps taken, rather than the number of balls hit over the net and in the court.

The main purpose of the session is to provide you with an enjoyable workout. It’s not about forehands and backhands, it’s about getting in to your appropriate cardio zone and getting a great workout.

More than 600 coaches have been trained to deliver Cardio Tennis – why not offer it as an alternative activity, as part of your programme for students and/or staff to attend?

TIMED TENNIS

To help enhance the ‘Student Tennis Experience’ the LTA and the Tennis Foundation have developed a new university tennis competition product ’Timed tennis’ is suitable for mixed gender groups and runs regularly with the courts booked and the equipment provided so that all students have to do is turn up.

More details are available in the Competition section which follows...

Case Study

University of Gloucestershire

“We’ve had 42 students participating in the Cardio Tennis session in a small sports hall, with mini nets and sponge tennis balls. The response was great and we have begun this term to approach lecturers and staff to see the interest in lunchtime Cardio Tennis sessions at Oxtalls Tennis Centre. We hope that their involvement will maintain interest and build tennis within this sector of the university.

We are aiming to rebuild perceptions with a Cardio Tennis Calorie Challenge.

Societies will enter a team of eight people wearing calorie counting belts and each society is looking to add up the highest number of calories burnt in an hour session. We will be looking at putting the event on close to the beginning of term aiming to increase participation in the Cardio Tennis side of tennis.

All this really highlighted the need for a bigger university workforce and delivery of Cardio Tennis at the University Campus. This should include lunchtime sessions and more coaches attending Cardio Tennis Training. Cardio Tennis will also become incorporated into Strength, Conditioning & Fitness elements of our focus sports on a weekly basis to also promote these sessions.”

Name: Jason Poole
Role: University Tennis Coordinator, University of Gloucestershire
Competition

UNIVERSITY TENNIS COMPETITION GUIDE

As well as having a tennis club coaching and playing programme, University Tennis Clubs thrive by promoting key competitive events during the year. These events provide players with something to look forward to, a focus for tennis club committee efforts and help to move the club forwards.

The University Tennis Competition Guide provides some simple ideas for competitive events that are easy to arrange. It explains how to plan, promote and run the event and is intended as a simple introduction. It also contains a BUCS Team Captain Support Sheet for your BUCS team captains.

COMPETITION ORGANISERS WORKSHOP

In order to get more people competing, there needs to be more opportunities to take part in local competition. Currently, there simply aren’t enough competitions to meet demand, so British Tennis has trained 4,000 young people between 16-25 years old as Competition Organisers in the last three years.

A free three-hour workshop, designed specifically for 16-25 years olds, can be delivered locally by our Tennis Development Managers, to provide the skills to run a range of competitions.

At the training, attendees will be given a Competition Organisers Toolkit, providing them with all of the tools and resources needed to run competition. Competition Organisers can then play an important role in ensuring we keep more young people in the sport.

BUCS TENNIS

British Universities & Colleges Sport provide a full competitive tennis programme, running throughout the year, in both team and individual competition:

- The BUCS Team Championships
- The BUCS Individual Championships

There are 300 teams competing in the BUCS leagues at all levels. Full details of BUCS tennis can be found at www.BUCS.org.uk

UNIVERSITY TENNIS LEADERBOARD

The Tennis Foundation and BUCS are working closely together to capture results from BUCS’ matches. This has led to the development of a National University Tennis Leaderboard for all University players.

The leaderboard provides motivation for players and universities, as they are able to compare themselves and track progress throughout the season.

INTERNATIONAL COMPETITION

- European Collegiate Tennis Association
- World University Games

LTA GRADE 3 TOURNAMENTS

The new ‘University Tennis Tour’ is a series of LTA-approved Grade 3 competitions, which are open exclusively to students. Each competition features separate men’s and ladies’ singles events with all matches played counting towards British tennis ratings and rankings as well as the LTA University leaderboards. The Tour is designed to run alongside the existing British Universities and Colleges Sport (BUCS) tennis league with students having additional opportunities to enjoy competition.

Details of next year’s University Tour can be found at: www.tennisfoundation.org.uk/universitytennis

UNIVERSITY TIMED TENNIS

To encourage university students to play tennis more often the LTA and the Tennis Foundation have developed a new university tennis competition product.

‘Timed Tennis’ is suitable for mixed gender groups and runs so that all the students have to do is turn up with pre-booked courts and equipment provided.

Universities are offered a promotional pack with prizes and incentives if they commit to running a minimum number of university timed tennis sessions.

Tennis is included in the World University Games, which takes place every two years. BUCS manage Team GB’s involvement in the event and the Tennis Foundation provide an element of support for the tennis team.

To download the University Tennis Competition Guide and for more information on Competition Organisers, please visit: www.tennisfoundation.org.uk/universitytennis

For more information about the University Tennis Leaderboard, please visit: www.tennisfoundation.org.uk
Scores of players turned out for the University of Stirling’s first timed tennis competition at Scotland’s National Tennis Centre. Timed tennis is a new British Tennis product which seeks to encourage university students to participate in tennis and try competition. And it proved a hit at Stirling with 20 tennis club members from all ability levels, including beginners and advanced, taking part in the event. Players were placed into box groups of three or four and played 20 minute matches against each other, aiming to complete as many games as possible in the time span.

Katie Hoffman (a third year History undergraduate) said, “Timed tennis was a great way to work on your tennis game, play multiple people, and have fun!” Thirty eight matches were played in total and were submitted to the LTA by James Swanson, Competition Co-ordinator, who added, “The format was easy to run and set up. The short matches meant all of our members could arrive at the same time and not have to wait for a long period of time between matches, which created a great social atmosphere.”

From the outset of our University Programme, we have been very focussed on helping people interested in tennis to develop their skills beyond playing.

Our highest level of enhanced support for developing tennis at your university is our University Tennis Coordinator programme.

The flagshp of the Tennis Foundation’s University Strategy is the University Coordinator Programme.

There are two main aims of the programme. Firstly, to develop tennis through creating opportunities for students to play, compete and receive the latest training packages as volunteers or coaches. Secondly, to create a ‘first step’ into the tennis industry for the coordinators who have an ideal base from which to become a future part of the workforce for British Tennis.

Each coordinator has a two year position working to grow the game of tennis at the university whilst studying for a part-time post graduate degree. Receiving an annual salary of up to £10,000, they develop all aspects of university tennis working to targets which are aligned to the targets of the LTA’s Field Team.

The universities have been delighted with the programme and the positive impact they have had. As well as seeing numbers consistently rise, Quentin Sloper who manages the position at Durham said that the programme had “added a massive amount of vibrancy to the tennis programme and completely transformed what the university does in tennis.” Will McElroy, who manages the position at Exeter, said that numbers with the Universities Club had risen from 200 to 450 members in two years. Equally, the UTCs themselves are really enjoying their positions and can see a way forward to a future career in tennis with 80% of former UTCs now working in tennis.

The positions are jointly funded by the Tennis Foundation and the university. Whilst managed by the university, support is also provided by the Tennis Foundation through initial training at the National Tennis Centre in Roehampton as well as ongoing monitoring of targets and training opportunities.

For more details of how to get involved, please contact: education@tennisfoundation.org.uk
The following universities are engaged with the University Tennis Coordinator Programme:

- Anglia Ruskin
- Bath University
- Bangor University
- Brunel University
- Cardiff Metropolitan (UWIC)
- Coventry University
- Durham University
- Exeter University
- Kent University
- Leeds University
- Leeds Metropolitan University
- Liverpool John Moores
- Loughborough University
- Manchester Metropolitan University
- University of Chester
- University of Edinburgh
- University of East London
- University of Gloucestershire
- University of Leicester
- University of Nottingham
- University of Roehampton
- University of Stirling
- University of Sunderland
- University of Oxford
- University of York

For further information visit: www.tennisfoundation.org.uk/universitytennis

UNIVERSITY TENNIS AMBASSADORS

This new, voluntary position (supported by a £500 bursary) is a great opportunity for an undergraduate student to take on some responsibility to realise the aims of your Development Award application and help increase the number of students and staff participating weekly.

The University Tennis Ambassador must be a current, undergraduate student at your university. The University must appoint a nominated person to ‘line manage’ the Ambassador.

The recruitment and selection process for your University Tennis Ambassador is to be determined by your university and in line with any relevant internal policies and procedures.

The University Tennis Ambassador and nominated ‘Line Manager’ will be responsible for completing monitoring and evaluation reports.

We are very keen that this role does not impact negatively on any work that the University Tennis Club committee are doing and therefore, it needs to be clear that it is a development role to get more people playing tennis, below BUCS team level.

Someone with an interest in coaching and keen on personal development to advance their qualifications would be ideal.

You can download an application from: www.tennisfoundation.org.uk/universitytennis

Case Study

Nottingham Trent University were one of the universities involved in the pilot programme this year:

“The Tennis Ambassador has been a new ‘face’ in the club and I feel has been more approachable for beginners. My ambassador has organised casual play sessions and has run a timed tennis competition with the help of the club president.

NTU Tennis has integrated the role of Tennis Ambassador into their committee structure for 13-14 with their responsibilities being focused on new players, namely recruitment / retention and enrichment of the social sessions. The ambassador will be supported by me and work closely with the club to be the voice of the social players to help instigate better links and address drop off in players. The backing of the club will help the ambassador to be more effective next year and show how they are integrated with tennis at NTU.”

Name: Oliver Ward
Role: Racket Sports Development Officer, Nottingham Trent University
COURSES
We have a wide variety of training courses which are suitable for your university students, many of which, don’t require a high level of tennis ability. Our courses help train club members for volunteering, develop transferable skills, enhance their CV and in some cases may move them along our pathway towards full-time employment in tennis.

Level 1 - Coaching Assistant
This three-day course is the starting point for people who want to get involved in tennis. It is aimed at people who are enthusiastic about tennis and want to help a coach deliver Mini Tennis.

The main objectives are to train candidates in how to assist an LTA licensed coach with groups of Mini Tennis players.

On successful completion of the Level 1 candidates will be able to:
- Motivate and inspire people to play tennis
- Use effective verbal and non-verbal communication skills
- Organise tennis activity constructively and safely
- Plan and deliver a structured lesson using LTA Level 1 coach resources
- Have basic knowledge of tactics, techniques and rules of tennis
- Have a full understanding of the structure of Mini Tennis

It is endorsed by the UKCC (United Kingdom Coaching Certificate) and successful candidates will receive a Level 1 Certificate in Coaching Tennis awarded by 1st4sport.

Primary School Teacher Training Course
The three-hour Primary School Teacher Training Course has been developed to give teachers the confidence and tools to deliver tennis to a class of children in a small space.

The course is supported by an innovative pupil-facing DVD teaching aid that delivers the demonstrations and progressions directly to the children. Having watched the DVD with the children, the teacher then leads them confidently through the lessons.

This course is available to be delivered to a group of university students and/or university teaching staff, it will provide a practical understanding of how tennis can be delivered in primary schools.

Secondary School Teacher Training Course
The three-hour Secondary Schools Tennis Teacher Training Course has been developed to provide teachers with the confidence and knowledge to deliver traditional and modified versions of the sport.

The course demonstrates an innovative new resource that has been developed to assist teachers in assessing the ability of pupils against National Curriculum attainment levels, using a range of descriptor cards and film clips.

The course also provides an overview of other areas of support and resource including cross-curricular activities, competition, alternative delivery using Cardio Tennis, Leadership and Volunteering. It also looks at how tennis can contribute to the delivery of external PE qualifications.

More info...
Find out more at: www.lta.org.uk/coaches
To discuss setting up a course at your university or to access a place on a local course, please contact your local Tennis Development Manager - details at: www.lta.org.uk/in-your-area - select County

Performance: Enhanced Offer
The grant is available to universities who provide a comprehensive programme for committed British tennis players and are fully engaged with all three levels of the Tennis Foundation’s University ‘Offer’ including the employment of a University Tennis Coordinator.

Universities receiving this funding will have committed considerable resources to tennis as a sport including members of staff who are tennis specific. University tennis programmes receiving this funding should have access to high quality indoor facilities, with sports science support. Top players should be committed to developing their tennis as a priority and benefit from structured coaching, free court access, travel to tournaments, physio, medical facilities and nutritional advice. They should have access to performance coaches who provide 12-20 hours of training a week.

To be eligible for funding, universities will be judged against criteria which is available on request.