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## SPORTS SPECIFIC REGULATIONS

- SSR 1** The rules given hereafter, particular to each sport, are to be considered only as technical rules to the sport concerned. The rules are not intended to take the place of the rules laid down by the appropriate Governing Bodies, but to supplement these where necessary. In cases where there is variance, the BUCS regulations take precedence.
- SSR 2** The rules for a particular sport, however, clarify and take precedence over the General Regulation in cases where they are at variance.
- SSR 3** Alterations to the rules and regulations of the Championships shall be made only at Annual General Meetings and shall not come into force until the following academic session.

### ARCHERY

The Championship is held under the rules of the Grand National Archery Society ('GNAS') and will at all times be subject to the GNAS Rules of Shooting, as in force from time to time, save as expressly set out in these Regulations. In the event of any ambiguity between GNAS Rules of Shooting and these Regulations, the GNAS Rules of Shooting shall have precedence.

#### ARC 1 Events & Categories

- ARC 1.1 There are Team and Individual Championships in Indoor and Outdoor events.
- ARC 1.2 There will be two levels of competition – Championship and Trophy. Only entrants who have not held insurance with an archery governing body and who have commenced shooting in the current academic year (deemed to start on 1 September) shall be eligible for entry into the Trophy category.

#### ARC 2 Entries

- ARC 2.1 Each university may make an unlimited entry. In the event of the number of entries exceeding the places available, those entrants with the higher handicap classifications may be excluded; subject always to the provision that each university in membership shall be allowed representation in each event.
- ARC 2.2 A competitor may enter more than one bow style or discipline at the Indoor Championships subject to payment of the appropriate entry fee for each category entered, space at the event and that the competitor will shoot Recurve first. If the event is over-subscribed preference will be given to individuals entering one bow style initially, with double-bowling opportunities given to competitors only if sufficient space is available on a first come, first served basis.

#### ARC 3 Dress Code

- ARC 3.1 GNAS Dress Code shall be enforced at both Championships. Any colour garments may be worn with the exception of blue denim, olive drab and camouflage pattern. Team shirts are encouraged.

#### ARC 4 Rounds

- Rounds shot are:
- |         |         |              |  |
|---------|---------|--------------|--|
| ARC 4.1 | Indoor  | Portsmouth   | (Compounds will shoot 3 spot target faces) |
| ARC 4.2 | Outdoor | Championship | Ladies & Gentlemen's FITA                  |
|         |         | Trophy       | Men's – Metric 1                           |
|         |         | Trophy       | Women's – Metric 2                         |

#### ARC 5 Scoring

- ARC 5.1 Double scoring will be used at both the Indoor and Outdoor Championships using either standardised (supplied) score-sheets or alternative score-sheets containing equivalent scoring or informational fields, which shall be subject to the prior approval of the Chair of the Archery Advisory Group.
- ARC 5.2 In the event of scores being tied the winner will be decided upon number of hits, then golds, except where there is a tie in a FITA round. A tie in a FITA round event shall be determined by the number of golds, then 'Xs' and if there is still a tie the competitors shall be declared equal.

#### ARC 6 Awards

- ARC 6.1 **Individual:** Awards will be made to the winners of the Men's and Women's Championship and the Men's and Women's Trophy for both Recurve and Compound. Awards will also be made to the winners of the Men's and Women's Barebow and Longbow across the Championship and Trophy categories.
- ARC 6.2 **Teams:** Awards will be made to the winning Overall Team and Trophy Team.
- ARC 6.2.1 **Indoor:** The Overall Team shall be ascertained by adding together the respective scores of the leading four non-Compound individuals of each

## SPORTS SPECIFIC REGULATIONS

- competing institution, across the Championship and Trophy categories. The Trophy Team scores shall be ascertained by adding together the respective scores of the leading three non-Compound individuals of each competing institution from the Trophy category ONLY.
- ARC 6.2.2 **Outdoor:** The Overall Team shall be ascertained by adding together the respective scores of the leading four non-Compound individuals of each competing institution, from the Championship category ONLY. The Trophy team scores shall be ascertained by adding together the respective scores of the leading three non-Compound individuals of each competing institution from the Trophy category ONLY.
- ARC 6.3 All awards will be subject to BUCS Medal Policy.

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## ATHLETICS & CROSS COUNTRY

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### ATH 1 The Outdoor Championships

The Outdoor Championships shall be held in the Summer Term and shall be staged under the laws of UK Athletics.

#### ATH 1.1 Programme

The programme shall be determined by the Athletics Advisory Group (AAG) and shall include at least the events listed in Appendix 1 of the General Regulations.

### ATH 2 The Indoor Championships

The Indoor Championships shall be held during the Autumn or Spring Terms and shall be staged under the laws of UK Athletics.

#### ATH 2.1 Programme

The programme shall be determined by the AAG and shall include at least the events listed in Appendix 1 of the General Regulations.

### ATH 3 Entries for the Outdoor and Indoor Championships

Entries shall be submitted to the BUCS Office by the advertised closing date. Anyone whose name is not on the original entry form or reserve list shall not be allowed to compete under any circumstances.

### ATH 4 Heats and Qualifying Competitions in the Outdoor and Indoor Championships

ATH 4.1 The AAG or appointed representatives shall make the draws for heats and qualifying competitions.

#### ATH 4.2 Field Events

In Field Event finals (minus High Jump and Pole Vault) all competitors shall be entitled to three attempts, following which the leading eight competitors shall be entitled to a further three attempts. If qualifying competitions are to be held, the AAG and Meeting Director shall set a qualifying standard based on submitted Personal Bests. All competitors who have cleared the qualifying height or distance or the leading twelve competitors (whichever is the larger number) shall qualify for the final.

### ATH 5 Points Scoring at the Outdoor Championships

There shall be two Team competitions open to all BUCS institutions - all scored on the same points basis:

ATH 5.1 The BUCS Men's Team Championship.

ATH 5.2 The BUCS Women's Team Championship.

ATH 5.3 Eight places in each event shall be scored on the basis of 8, 7, 6, 5, 4, 3, 2, 1 points.

### ATH 6 Points Scoring at the Indoor Championship

There shall be two Team competitions open to all BUCS institutions - all scored on the same points basis:

ATH 6.1 The BUCS Men's Team Championship.

ATH 6.2 The BUCS Women's Team Championship.

ATH 6.3 The points scoring system shall be determined by the AAG.

### ATH 7 Conditions of Entry for Competitors

ATH 7.1 No competitor shall be allowed to compete in any event unless his/her name appears on the original entry form or reserve list.

ATH 7.2 Events shall be started on time, and a competitor who is not ready at the start of an event shall be disqualified.

ATH 7.3 If a competitor withdraws from an event having qualified from an earlier round (including a qualifying round or pool in a Field Event) without giving a valid reason to the Referee, then they shall be excluded from competing in any further events (including relays) at the Championships.

ATH 7.4 Any competitor withdrawing from semi-finals or finals shall not score points. Once the preliminary rounds have been run, substitutes for qualifiers are not permitted.

ATH 7.5 All competitors shall run in the colours of their University unless specific permission has been given otherwise.

#### ATH 8 Fines

Athletes who either did not withdraw from an event or submitted a withdrawal form after the event closing time (90 minutes before) are subject to a fine as follows:

	Early Payment	Late Payment
Heat	£10	£15
Final	£15	£25

#### ATH 9 Combined Events Championships

The Championships shall be held annually if demand requires and shall be staged under the laws of UK Athletics

##### ATH 9.1 Programme

The programme shall be determined by the AAG and shall include at least the events listed in Appendix 1 of the General Regulations

##### ATH 9.2 Entries

Universities in the first instance may enter an unlimited number of competitors, but may be asked to reduce numbers if entries prove excessive.

##### ATH 9.3 Rules

The events in which competitors must start are as follows:

###### Decathlon

100 Metres	110 Metres Hurdles
Long Jump	Discus
Shot	Pole Vault
High Jump	Javelin
400 Metres	1500 Metres

###### Heptathlon

100 Metres Hurdles	Long Jump
High Jump	Javelin
200 Metres	800 Metres
Shot	

ATH 9.3.1 The winner shall be the competitor who has obtained the highest number of points in the ten/seven events, awarded on the basis of the IAAF Scoring Tables.

ATH 9.3.2 In the event of a tie, the winner shall be the competitor who has the higher points in a majority of events. If this does not resolve the tie, the winner shall be the competitor who has the highest number of points in any one of the events.

#### ATH 10 Marathon Championships

Marathon Championships, for Men and Women competing as individuals only, shall be held, subject to approval, in conjunction with the London Marathon. The AAG shall determine the qualifications for entry to the BUCS Marathon Championships.

#### ATH 11 Cross Country Championships (Individual and Team)

The Cross Country Championships shall be held annually under the rules of UK Athletics and will normally be held at the start of the Spring Term.

##### ATH 11.1 Individual Championships

- ARC 11.1.1 The first runner home in the Men's race and the first runner home in the Women's race shall be declared the BUCS Champion respectively.
- ARC 11.1.2 Individuals must register prior to the race though teams do not have to be declared before the race.

##### ATH 11.2 Team Championship

- ARC 11.2.1 There will be separate Team Championships for Men and Women. The University scoring the lowest number of points shall win their respective Team Championship.
- ARC 11.2.2 In the Men's Championship a team will consist of four runners. The points scoring will be decided by adding together the respective placings of the first four runners in the Men's race of each competing University. Teams do not have to be declared before the race.
- ARC 11.2.3 In the Women's Championship a team will consist of three runners. The scoring team will be decided by adding together the respective placings of the first three runners in the Women's race of each competing University. Teams do not have to be declared before the race.
- ARC 11.2.4 In the event of a tie on points, the Team Championship of the Men's race and that of the Women's race shall be awarded to the team which finishes their last counting runner first.

## SPORTS SPECIFIC REGULATIONS

### ATH 11.3 Men's B Individual and Team Championship

A second race will be run for Men not selected for their first team in the Men's Championship and shall be run on the same day. The Men's B Team Championship will be decided by adding together the respective placings of the first four runners of each competing University. Individuals must register prior to the race though teams do not have to be declared before the race.

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## BADMINTON

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The Badminton Championships shall be conducted in accordance with the Rules of Badminton England.

### A. Team Championships (Except Scottish Conference – See Section B)

#### BAD 1

##### Teams

- BAD 1.1 Teams shall consist of six players, competing as two singles players and two doubles pairs. A player cannot play singles and doubles during the same match.
- BAD 1.2 The singles players and doubles pairs shall both be ranked 1, 2 in order of playing strength. The singles players shall play both singles players of the opposing team. The doubles pairs shall play both doubles pairs of the opposing team.

#### BAD 2

##### Scoring

##### BAD 2.1

##### Match Scoring

- BAD 2.1.1 The revised laws of Badminton England as introduced by the BWF in May 2006 shall be used including the Rally Point Scoring System, except as stated below:
- BAD 2.1.2 Each match shall be the best of three games of 21 points except that if the score reaches 20-all the winner is the player/pair with 2 clear points or whose score reaches 30 first.
- BAD 2.1.3 Play shall be continuous from the first service until the end of the match. There shall be NO intervals when a side reaches 11 points in a game, NOR between the first and second games, NOR between the second and third games.
- BAD 2.1.4 Only when the shuttle is not in play, shall a player be permitted to receive advice during a match.

##### BAD 2.2

##### Match Result

- BAD 2.2.1 The team winning the majority of rubbers shall be the match winner. In the event of a tie on rubbers the fixture is a draw.
- BAD 2.2.2 In the event of a fixture being incomplete due to a late start, with a team at fault, their opposition may claim any rubbers not completed or unplayed.

##### BAD 2.3

##### Scorecards

Institutions are required to maintain accurate records\* of the matches played by their teams in case of a tie on points within a league which cannot be resolved by BUCS General Regulations. In such circumstances, the BUCS Office will contact the relevant institutions for details of all their league matches in order to separate the teams. These matches should be recorded on official governing body scorecards / scoresheets.

\* 'Accurate records' are taken to mean precise details of all aspects of the fixture including sets, games and points; won and lost.

#### BAD 3

##### Points Scoring

Three points will be awarded for a win, one for a draw and no points for a loss. Ties on points in leagues will be split by BUCS General Regulations.

#### BAD 4

##### Court Bookings

- BAD 4.1 The following minimum court times MUST be booked by the host team for a fixture: League Fixtures & Knockout Rounds (Except Scottish Leagues – See Below)  
A minimum of 2 Courts for 3 hours MUST be provided.
- BAD 4.2 Failure to book the minimum prescribed above will result in the home team forfeiting any rubbers not completed should the match not be finished.
- BAD 4.3 The court specifications are specified by the laws of badminton (BWF) as well as the design guidelines published by Sport England and Badminton England in June 2009.

#### BAD 5

##### Playing Order

The order of play in the match shall be as follows (home team placings first):

- Singles 1 v 2  
Singles 2 v 1  
Doubles 1 v 2  
Doubles 2 v 1  
Singles 1 v 1

Singles	2 v 2
Doubles	1 v 1
Doubles	2 v 2

**BAD 6 Semi-Final and Final Matches**

The Championship Semi-Final and Final matches will be played on a Saturday and Sunday in the Spring Term at a venue to be determined by BUCS. Trophy Finals will also be held at a venue to be determined by BUCS. The revised laws of Badminton England as introduced by the BWF in May 2006 shall be used for the Semi Finals and Finals including the Rally Point Scoring System.

**BAD 7 Draw in Knockout Round Match**

In the event of a drawn match in the knockout stages, the winner shall be determined as follows:

- BAD 7.1 The team winning the highest number of games  
 BAD 7.2 If a tie still results, the team with the greatest difference between points won and points lost.  
 BAD 7.3 If a tie still results, the team winning the highest number of games in the 1v1 singles and doubles rubbers.  
 BAD 7.4 If a tie still results, the team with the greatest difference between points won and points lost in 1v1 singles and doubles rubbers.  
 BAD 7.5 If a tie still results, the toss of a coin.  
 BAD 7.6 In the event of a rubber having to be conceded through injury, the points already won by both teams will stand, with the team that did not concede also gaining the points that they would need to win the rubber.

**BAD 8 Shuttlecocks**

An appropriate number of new, tournament quality feather shuttlecocks of the correct speed must be supplied by the home team for use in all matches.

**B. Team Championships – Scottish Conference****BAD 9 Format**

Fixtures within the Scottish Conference will be a mixed format as follows:

2 Men's Singles	2 Women's Singles
2 Men's Doubles	2 Women's Doubles
4 Mixed Doubles	

**BAD 10 Results**

Results will be extracted from the Men's singles and Doubles and the Women's doubles to provide the respective Men's and Women's Scottish Conference representatives for the BUCS Knockout competitions.

**BAD 11 Court Bookings**

A minimum of 4 Courts for 3 hours MUST be provided.

**C. Individual Championships****BAD 12 Events**

Championships will be held annually for Men and Women in the following events:

Men's Singles	Women's Singles
Men's Doubles	Women's Doubles
Mixed Doubles	

**BAD 13 Entries**

- BAD 13.1 Each University is guaranteed one entry in each event. A further two entries may be made in each event and accepted at the discretion of the tournament committee.  
 BAD 13.2 Paired couples in the Doubles event must be members of the same University.

**BAD 14 Rules**

- BAD 14.1 The draw shall be made under the supervision of a neutral referee and Universities must include on the entry form details of past performances of their members for the guidance of the referee in making the draw which shall be made according to the International Draw system (adapted).  
 BAD 14.2 Whenever possible, players from the same University shall be placed in different quarters of the draw.  
 BAD 14.3 The tournament shall be conducted on the 'knockout' principle.  
 BAD 14.4 The decision of the Tournament Director is final.

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## BASKETBALL

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**BAS 1 Fundamental principle: the game must take place**

Notwithstanding the regulations contained herein, all participants are required to use their best endeavours to ensure that all fixtures (a) take place and (b) are completed. It is not possible to deal in these regulations with each and every circumstance that could arise which might affect BUCS fixtures, but participants (including match officials) are expected at all times to regard this principle as a prime consideration. If a team considers its interests to have been harmed by the application of this principle, they are at liberty to play under protest and use the standard BUCS appeals process.

## SPORTS SPECIFIC REGULATIONS

### BAS 2 Affiliations

- BAS 2.1 All teams/institutes competing in the BUCS Basketball competition must affiliate to their respective National Governing Body (NGB).
- BAS 2.2 All players competing in the BUCS Basketball competition must affiliate to their respective NGB. This covers all BUCS fixtures as well as local league fixtures.
- BAS 2.3 All players competing in the BUCS Leagues must hold a valid photo licence issued either via BUCS or their NGB. Players must be able to present these licenses at each fixture should they be requested to do so.
- BAS 2.4 Failure to affiliate to your relevant NGB by the deadline date of **Friday 4 November 2011** will result in an automatic **1 league point deduction**. Walkovers will be conceded for every match until correctly affiliated and risk ultimately being removed from the BUCS Basketball Competition.

### BAS 3 Competition Structure

The Basketball Championships shall be conducted in accordance with the BUCS regulations and the Federation Internationale de Basketball (FIBA) rules of play, as interpreted by the Basketball Advisory Group (BAG), with the following exceptions:

- BAS 3.1 Allowable shirt numbers will be 4 — 15, 20 — 25, 30 — 35, 40 — 45, 50 — 55.
- BAS 3.2 24 second shot clocks shall be required in all Men's and Women's Premier League and Tier one matches and First Team Championship knockout ties. There shall be no requirement for 24-second shot clocks in any other matches; this responsibility shall lie with the referees. It is a requirement that 24 second shot clocks are provided for all matches.
- BAS 3.3 For all Women's competitions in all categories the ball shall not be less than 72.4cm and not more than 73.7cm in circumference (size 6). It shall not weigh less than 510g and not more than 567g.

### BAS 4 Premier & Conference League Matches

- BAS 4.1 In all league matches points awarded will be three points for a win and no points for a loss.
- BAS 4.2 As per FIBA rules there is no drawn result in a basketball game. Should the teams be tied at the end of normal time, then a period of five minutes extra time will be played. Except in 2 legged promotion playoffs where FIBA rules will apply.
- BAS 4.3 If the teams are still tied at the end of this extra period of five minutes, additional periods of five minutes extra time shall be played until a winner is determined.
- BAS 4.4 In the event of a tie in League points, teams will be split according to general **REG 9.9**.

### BAS 5 Premier League and Tier One Requirements

- BAS 5.1 Playing facilities must be booked for an appropriate length of time to allow for the full conclusion of the match. BUCS recommends that at least 2 hours of court time are booked. Institutions failing to book sufficient time will be considered to have defaulted on the match if for any reason there is insufficient time to bring the fixture to a conclusion.
- BAS 5.2 Facilities should be of an appropriate quality for matches and should comply with NGB regulations for matches of this standard. Ideally, all matches should be played on courts to FIBA specification in terms of court size, run-off areas, player safety, lighting, floor surface and visibility of court markings.
- BAS 5.3 It is a requirement that 24 second shot clocks are provided for all matches.
- BAS 5.4 A fully working and easily visible scoreboard must be provided showing the match score and time remaining in each period.
- BAS 5.5 Failure to provide a 24 second shot clock or a scoreboard as per Regulations **BAS 5.3** and **BAS 5.4** above will result in a £100 fine for the home team. The away team cannot claim a walkover or play under protest or appeal, as the match can still go ahead timed by the officials.
- BAS 5.6 Qualified and neutral match officials (referee & umpire) must be provided. At least two qualified table officials should also be provided although there is not a requirement for these to be neutral.
- BAS 5.7 Host institutions should ensure that there is an appropriate level of medical / first aid cover available either at or within close proximity to the courts. In the latter case, the home captain or coach should be aware of how to summon assistance swiftly. Ideally, medical support will be available during the match court-side.
- BAS 5.8 All competing players must hold photographic licences issued via BUCS or their National Governing Body.
- BAS 5.9 All Premier teams must have their University name on the front of their playing vest for matches. **Failure to comply will result in a £50 fine per reported incident.**

#### **Guidelines for BAS 5.9:**

*The FIBA Regulation dealing with the name of club or country on the playing vest is as follows: The name or the badge/symbol of the club or country must appear on the front of the shirts as follows:*

- i. *Above the advertising.*
- ii. *If the written text comprises one (1) line, the letters shall be a maximum of 8 cm in height. If the written text comprises two (2) lines, the letters on each line shall be a maximum of 6cm in height.*

- iii. The badge/symbol must not be smaller than 100 cm<sup>2</sup> nor larger than 200 cm<sup>2</sup> and shall be a maximum of 10 cm in height.

The University name can be shortened if required – e.g. LSBU (London South Bank University)

- BAS 5.10 Molten Balls must be used in all league and knockout matches. Failure to comply will result in a £30 fine per incident.
- BAS 5.11 Regular spot checks will be carried out during the course of the season to verify teams' licences and facilities are meeting the Basketball sports specific regulations.
- BAS 5.12 BUCS General Regulations and Basketball Competition rules apply alongside the above requirements. The BAG reserves the right to remove any teams who contravene the above regulations.

#### **BAS 6 BUCS Basketball Championships**

- BAS 6.1 For the Last 16 Championship Knockout round, the Premier League and Tier 1 requirements must be adhered to - see **BAS 3**.
- BAS 6.2 The eight participating teams shall play in a tournament structure to be decided by the BAG. It will follow a knockout format in the first instance.
- BAS 6.3 All teams must register on day one (usually a Friday) at least 1 hour prior to the scheduled start of their first match.
- BAS 6.4 All teams must re-register on days two and three (usually Saturday and Sunday) at least 30 minutes before tip-off for every game. Teams who fail to re-register may be considered to have forfeited the match.
- BAS 6.5 All teams will play three matches in the tournament, usually one per day. Teams must fulfil all fixtures during the tournament — forfeiture of any matches will result in Disciplinary Committee action as per REG 12.10.
- BAS 6.6 In General the Draw for the Last 16 of the BUCS Basketball Championship shall be seeded so that the top 4 teams (Top 2 from Premier North and top 2 from Premier South) shall each have a home draw and not meet until semi-final stage.
- BAS 6.7 The Trophy Basketball Finals for both Men and Women will normally take place on Day 2 (usually a Saturday) of the Tournament. Teams must register at least one hour prior to the scheduled start of their match.
- BAS 6.8 Players will need to show their licence cards to prove their affiliation to a British National Governing Body for Basketball in order to compete.
- BAS 6.9 The match ball used for all finals will be Molten. (Size 7 for men and size 6 for women).

#### **BAS 7 Score Sheets**

In the case of any rule breach by either team, the home team must be able to produce the official scoresheet of each match to the BUCS Office when requested (White Copy only).

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## BOXING

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- BOX 1** The Scottish and English Championships shall be conducted in accordance with the relevant country's Amateur Boxing Association and will be held as stand alone events. Preliminary bouts will be required to be determined by the Organising Committee of each Championship. No BUCS Points shall be awarded to these Championships.
- BOX 2** The British Boxing Championships (men's and women's) will be held at a venue and under rules determined by the relevant National Governing Body. BUCS Points shall be awarded to this event.

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## CANOE

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The Canoe Championships will be held annually under the rules of the British Canoe Union.

#### **CAN 1 Event Categories**

- CAN 1.1 Individual and Team Wild Water Race
- CAN 1.2 Individual and Team Kayak Slalom
- CAN 1.3 Canoe Polo

#### **CAN 2 Entries**

Each university may enter as many competitors or teams as each specific event's regulations allow. Details of this will be published in the event information available prior to entries being submitted.

#### **CAN 3 Competition Format**

- CAN 3.1 Wild Water Race. This Championship will be decided on one run.
- CAN 3.2 Wild Water Race Team. A team will consist of three members from the same University. No competitor may be a member of more than one team in the same class of boat.
- CAN 3.3 Kayak Slalom. This Championship will be decided on the better score from two runs.
- CAN 3.4 Kayak Slalom Team. A team will consist of three members from the same University. No competitor may be a member of more than one team in the same class of boat.
- CAN 3.5 Canoe Polo. Each University may enter one open and one women's team.

## SPORTS SPECIFIC REGULATIONS

### CLAY PIGEON SHOOTING

- CLA 1** A team and individual Championship shall be offered annually for Men and Women under rules reviewed annually.

### CLIMBING

**CLI 1** **Marking**

All routes will be clearly marked on the climbing areas with colour-coded holds and a descriptive route card. Route difficulty will be categorised as detailed below and competitors will be expected to attempt all 25 routes in their allocated zones.

9 Easy Climbs           5 X 4C, 4 X 5A  
8 Medium Climbs       4 X 5B, 4 X 5C  
8 Hard Climbs           4 X 6A, 4 X 6B/C

**CLI 2** **Scoring**

Successful First Attempt       10 Points  
Successful Second Attempt      7 Points  
Successful Third Attempt       4 Points

**CLI 3** **Bonus Points**

On all problems, a single bonus point may be gained by reaching a certain marked hold in the event of 3 failed attempts. These extra points are then added to the final points score.

**CLI 4** **Competition Rules and Regulations**

- CLI 4.1 All competitors will have been nominated and team composition determined in advance. There will be no additional entries on the day but substitutions will be allowed for injury or sickness provided they are taken from the nominated list of reserves.
- CLI 4.2 Each competitor will be responsible for his/her own scorecard. This card will display and record the route number, attempt number and score for each route. The score card will be handed in to the route judge prior to each attempt.
- CLI 4.3 During the competition each competitor will then have three attempts to complete the 25 routes. These attempts do not need to be consecutive.
- CLI 4.4 Each competitor is responsible for being present and prepared at the start of the competition, no extensions will be allowed.
- CLI 4.5 Competitors must climb the routes using only the designated holds and friction smears. The use of any other hold or feature terminates the attempt.
- CLI 4.6 Once the competitor's body has completely left the floor he/she is deemed to have started that attempt. Touching the floor again before reaching the **finishing hold** terminates the attempt.
- CLI 4.7 Competitors must reach and hold the designated finishing hold in control and remain there until the route judge confirms a successful ascent. Dynos to touch or brief touches of the finishing hold terminates the attempt.
- CLI 4.8 Competitors may ascend the wall beside the route in order to inspect or clean the designated holds. **Competitors may not touch any marked holds at any time.**
- CLI 4.9 At the end of the allocated time, any competitor who is engaged in an attempt and whose body is completely off the ground may finish that attempt.
- CLI 4.10 Problems or questions should be addressed to the Chief Judge via the Route Judge.
- CLI 4.11 At the end of the competition all competitors must check their score cards and hand them in to the administration desk.
- CLI 4.12 The male and female individual winners will be those with the highest score. The mixed team championship will be awarded to the University with the highest aggregate score.
- CLI 4.13 In the event of a tie on points, the organisers will determine the winners by the following:
- Number first attempts completed successfully
  - Number of routes completed
  - Number of routes attempted
  - Number of failed attempts
  - Super Final Climb-off
- CLI 4.14 The super final will take place in accordance with the UIAA-ICC regulations governing international climbing competitions.

### CRICKET

Cricket regulations will be published on the Cricket pages of the BUCS website ([www.bucs.org.uk/cricket](http://www.bucs.org.uk/cricket)) prior to the start of the BUCS Cricket season 2011-2012.

## CYCLING

Cycling Championships will be held each academic year.

**CYC 1 Championships**

- CYC 1.1 The following Championships will be promoted annually under the rules of the appropriate National Governing Body:  
Time Trials at 10 and 25 miles  
Hill Climb  
3-Up Team Time Trial  
Road Race  
Criterion Series (subject to sanction by BUCS)  
Track  
Cyclo-Cross  
Mountain Bike Cross Country  
Mountain Bike Downhill
- CYC 1.2 BUCS Championship medals will be presented to the top three individuals (Men / Women competitors) who compete in, and complete, a BUCS Championship event provided six or more Men / Women compete over the same distance. BUCS Championship team medals will be presented to the top three teams who compete in, and complete a BUCS Championship event, provided that six or more teams compete over the same distance. Additionally, medals for Women's teams of two shall be available subject to the above criteria, in all events except the Track Championship. If fewer than six Men / Women / Teams compete, then silver and bronze medals will not be presented. Any number of teams from the same institution can count towards medal positions. No medals will be presented in Non-Championship events i.e. Sport MTB Cross- Country which are run outside the Championship proper. Medal positions that are tied will result in the lower medal not being presented.
- CYC 1.3 No prize money shall be awarded in sole BUCS Championships.

**CYC 2 Racing Rules**

- CYC 2.1 All Championships shall be run under the rules of the Governing Body for the appropriate cycling discipline, in addition to those below.
- CYC 2.2 All disciplinary action taken by Governing Bodies on individuals or clubs shall apply, in addition to those deemed necessary by the Cycling Advisory Group.
- CYC 2.3 All entries shall be made as indicated by BUCS.
- CYC 2.4 Entrants must clearly state their institution on their entry. Proof of student status may be required on entry forms and/or at the event. Failure to produce proof of student status on the day of a BUCS Championship event may result in the person concerned being ineligible for BUCS Championship awards.
- CYC 2.5 Clubs promoting a BUCS Championship reserve the right to request all competing institutions to supply a marshal. Failure to comply with the request may result in the competing institution's entry being returned and / or disqualification from / at the event.

**CYC 3 Individual Time Trials**

The Individual Championship shall be awarded to the rider with the fastest time. Team awards shall be awarded to the team with the fastest aggregate time for three riders (Men) and two riders (Women) from an institution.

**CYC 4 3 Up Team Time Trial**

Team awards shall be awarded to the team with the fastest time (Men and mixed teams counting). In addition Women team medals will be awarded.

**CYC 5 Road Race**

- CYC 5.1 The Road Race shall be run as an Individual Championship with no Team award.

**CYC 6 Track**

- CYC 6.1 The Track Championships shall consist of Individual Pursuit, Team Pursuit, Sprint and Points races.
- CYC 6.2 Any additional Championship event(s) should be clearly stated in pre-race literature.
- CYC 6.3 Overall Individual and Team Championship shall be based only on Championship events and shall exclude results from filler events.
- CYC 6.4 Final choice of Championship events and awards is at the organiser's discretion.
- CYC 6.5 In the event of any incident or accident the organiser reserves the right to delay, alter or cancel races as appropriate to the situation.

**CYC 7 Mountain Bike**

- CYC 7.1 There shall be a separate Men's and Women's race with staggered starts.
- CYC 7.2 Each team shall rank their top four entrants for both cross-country and downhill. Seeded riders for cross-country shall adopt a position towards the front of the grid according to

## SPORTS SPECIFIC REGULATIONS

- their ranking. The remainder of the field shall adopt a position behind the gridded riders.
- CYC 7.3 A team award shall be awarded to the fastest three Men riders (two for female) from any institution in cross-country. For downhill an aggregate time for three riders (both Men and Women counting) and two riders (Women) from an institution count towards the team awards.
- CYC 7.4 Each institution must supply a minimum of two marshalls for an allocated time period of the race. Failure to do this may result in the organiser refusing entry to the race, or disqualification from the race.
- CYC 8 Cyclo-Cross**
- CYC 8.1 The event shall ideally be a mixed race with a mass start for both Men and Women but will be at the organiser's discretion.
- CYC 8.2 Team awards shall be awarded to the team with the lowest aggregate score based on the position of the top three riders (Men) and two riders (Women) from an institution. In the event of a tied team position the award will be decided by the highest placed rider.
- CYC 9 Criterium Series (subject to BUCS sanctioning)**
- CYC 9.1 The Criterium series will comprise a minimum of 3 events. Points will be awarded to the top 10 positions in each event and the overall positions will be an aggregate of points from each event.
- CYC 9.2 The Criterium Series shall be run as an Individual Championship with no Team award.

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## EQUESTRIAN

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### **EQU 1 General**

- EQU 1.1 It is the aim of the competition to judge a rider's ability to get the best out of an unknown horse in a limited period of time.
- EQU 1.2 The Equestrian Advisory Group formulated these rules. Making an entry for any competition to which these rules apply constitutes acceptance of these rules. It is the competitor's responsibility to ensure that they are fully conversant with the rules, and the team captain's responsibility to ensure that copies of the rules are given to his/her members.
- EQU 1.3 The aim of the early competitions (League matches and Regional rounds) is to select the best teams and individuals to progress to the Finals.
- EQU 1.4 Each team will consist of four riders (please note that teams cannot compete with two riders), all scores will count. See **EQU 1.5** for scoring if a team has only 3 riders. It is in a team's best interests to keep the same team throughout so that if a team fails to qualify as a whole some of its members may have more chance of qualifying as individuals. In accordance with BUCS General Regulation 7.5 Teams must be selected as if all the teams are competing at the same time. As such a Championship Team member in league matches may not ride on the Trophy team at league matches.
- EQU 1.5 If a team only has three competitors the fourth score is the worst score in each discipline plus 30 penalties.
- EQU 1.6 In the interests of fairness riders must not compete on their own horse or any horse they have owned or competed on outside of student riding in the last 5 years at any stage of the competition.
- EQU 1.7 All riders must treat the horses in a fair and sporting manner. Any abuse or violence will not be tolerated and may lead to elimination at the discretion of the judges.
- EQU 1.8 All participating teams must have completed the online Team Contact Form which can be found at [www.bucs.org.uk/equestriancontacts](http://www.bucs.org.uk/equestriancontacts) by **no later than Wednesday 5 October 2011. One league point per week will be deducted from all teams failing to adhere to this regulation.**

### **EQU 2 League Matches**

- EQU 2.1 BUCS will organise all the teams into Leagues of three or four institutions. No League matches should be arranged until BUCS allocates institutions to their respective Leagues. There is no guarantee that the League will be the same each year.
- EQU 2.2 Teams within the same mini league will not be permitted to have the same home venue. Any University that envisages a problem with home venues within a league must contact the BUCS Office immediately – the first University to do so will be granted their first choice home venue.
- EQU 2.3 **Matches must be hosted in the order as published in the Leagues. The first named team must have hosted their home match between 19 October 2011 and 30 November 2011, the second between 1 December 2011 and 31 January 2012, the third between 1 February 2012 and 22 February 2012 and the fourth between 23 February 2012 and 14 March 2012.** If an institution fails to organise a league competition or cancels it without extenuating circumstances they will be eliminated from competition and their points will be re-awarded

amongst the other teams as though the offending team had not taken part in any of the league competitions, individuals therefore, cannot qualify for further stages of the competition.

- EQU 2.4 All home teams must confirm match dates in writing to BUCS via the online form at least 21 days before the first date of the allotted time slot for their fixture i.e. first named teams must notify BUCS on or before 29 September 2011 **One league point will be deducted from all teams failing to adhere to this regulation.**
- EQU 2.5 All home teams must confirm match dates by email to other team captains at least 21 days before the match.
- EQU 2.6 **All mini league matches must be completed by 14 March 2012. No extension will be given after this date.**
- EQU 2.7 Each AU must ensure that the venue has or can find enough horses and they are capable of fulfilling their role in competition when booking the venue. It is recommended that a copy of these rules and the appropriate technical rules be given to the Riding Centre involved.
- EQU 2.8 Dressage judges must be of British Dressage List 6 or higher for the League matches and List 5 or higher for the Regional Rounds. Two judges will be used at the Regional Rounds. **If the judges are not from the designated British Dressage judges lists, and the consent of all AUs has not been obtained before the competition in writing, the home team will be eliminated from the competition.**
- EQU 2.9 Judge(s) must not have connections through family, training or in any other way with any of the competitors, whether host or visitors or with owners of horses, and they must not be staff of the host centre.
- EQU 2.10 Teams arriving late for a match shall be deemed absent if they arrive more than one hour after the stated time for the draw. The telephone number of the Riding Centre and host Team Captain should be included in the details sent to each institution.
- EQU 2.11 **Each home team's Athletic Union is responsible for completing and uploading the online results form which can be found at [www.bucs.org.uk/equestrianresults](http://www.bucs.org.uk/equestrianresults) within 7 days of the match occurring. Any team not adhering to this regulation will be deducted one league point.**  
**The completed score sheet must also be sent to all opposing team captains within the league. The result will stand unless a visiting team challenges the result sheet in which instance it will become a provisional result until checked and the placings confirmed by BUCS. All teams must keep a copy of all final results sheets.**
- EQU 2.12 Protests after the match must be sent by the institutions Athletic Unions or similar by 2pm the next working day after the match in accordance with REG 16.3. BUCS will not overrule the decision of a judge regarding technical offences during matches.
- EQU 10.5 In order to determine the qualifying team and individuals for the regional rounds points will be awarded for placing at league matches as follows:

TEAM		INDIVIDUALS	
1st	4 Points	1st	12 Points
2nd	3 Points	2nd	10 Points
3rd	2 Points	3rd	8 Points
4th	1 Point	4th	6 Points
		5th	4 Points
		6th	3 Points
		7th	2 Points
		8th	1 Point

N.B. For tied placing the points are shared – i.e. if two competitors are tied for 3rd place the points of 3rd and 4th are shared between the two competitors, each one receiving 5.5 points. N.B. Even if there are only three teams in a league the same points are awarded.

### EQU 3 Regional Rounds

- EQU 3.1 The team with the most points and the two individuals, not on the best team, with the highest points will qualify for the Regional Round.
- EQU 3.2 If two teams or individuals are on equal points at the completion of the League matches they will be split by the sum of their total penalties from all the League matches.
- EQU 3.3 Each institution must keep a record of all the penalties including collective marks at all the League matches. Each institution must send via e-mail a fully completed scoresheet from their home League match to the other teams in their league within 7 days of their League match taking place as per **EQU 2.11**
- EQU 3.4 The Regional Rounds will be organised by BUCS and Regional Organisers.
- EQU 3.5 BUCS will ensure that the horses are capable of fulfilling their role in the competition when booking the venue. A copy of these rules will be given to the Riding Centre involved.
- EQU 3.6 Teams or individuals may not compete at the regional round if their Athletic Union has not confirmed the entry before the start of the Regional Round. BUCS may also impose any

## SPORTS SPECIFIC REGULATIONS

further demand that the money be paid prior to the competition to cover expenses and allow for the cancellation of horses if necessary.

- EQU 3.7 The Dressage test for the Regional Round is BUCS Regional Dressage Test 2011/2012 (available from the BUCS website).
- EQU 3.8 The Dressage should be judged by two judges who are of at least British Dressage List 5 standard or above. The scores of the two Dressage judges shall be averaged and then differenced.

### EQU 4 Individual Qualifier

- EQU 4.1 A university may enter a maximum of two individuals into the Individual Championship qualifier if they are unable to field a team (minimum of three riders) at league matches. Extra places will be allocated on a first come first served basis to a maximum of three riders when there are less than 15 individuals entered for the Individual Championship.

### EQU 5 National Finals

- EQU 5.1 The qualifiers for the Finals from:
- EQU 5.1.1 A Team Championship Regional will be the winning team and the best three individuals who are not in the winning team. One of these individuals must have come from the individuals section of the Regional Round.
- EQU 5.1.2 An Individual Championship Regional will be the top three placings only.
- EQU 5.1.3 A Trophy Regional will be the winning team only.
- EQU 5.2 Entries for the National Finals are restricted to those university teams and individuals that have qualified from one of the Regional competitions.
- EQU 5.3 The competition shall consist of two phases – Dressage and Show Jumping. All competitors shall compete in both phases. Competitors may not ride the same horse in more than one round of one phase and may not ride the same horse in the Dressage and the Show-Jumping except in a final round where numbers of horses limits this.
- EQU 5.4 The competition will be ridden in a knockout system. In each round there will be three riders on each horse with the best rider on each horse progressing through to the next round. There will be four rounds of Dressage and four rounds of Show Jumping. All competitors will be ranked equal at the beginning of each round.
- EQU 5.5 The National Finals are run in the style of an AIEC International University competition. Any circumstances that are not covered by the rules laid down here will be referred to the current AIEC rules. These will be available at the competition or can be accessed online at [www.aiecworld.com](http://www.aiecworld.com)
- EQU 5.6 There must be a qualified paramedic/St. John Ambulance on site for the show jumping.
- EQU 5.7 All teams and individuals may not compete in the National Finals until the relevant Athletic Union has submitted a confirmation of entry in the format prescribed by BUCS.
- EQU 5.8 Reserve riders for teams should be declared on the entry form. The reserve rider can only compete in the team in case of physical inability certified by a doctor. A reserve rider can only substitute a rider in one of the two parts before the beginning of the first round.

### EQU 6 Technical Regulations

- EQU 6.1 BUCS will publish the technical regulations for league matches, regional qualifiers, individual qualifiers and National Finals on the BUCS website under the Equestrian pages.

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## FENCING

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The Fencing Championships shall be conducted in accordance with the Rules of the British Fencing Association. For both the Individual and Team Championships, full British Fencing Association (or home nation equivalent) Licences are required by all competitors. FIE Licences will not be accepted.

**Please note that as per last year's regulations the new foil target (FIE Spec or Mask Update including wire) will apply to all BUCS Fencing competitions as directed by the FIE and BFA. Mask update including wire: retrofit conductive material covering the new valid bib surface on the outside of the bib, kit supplied by equipment suppliers and fitted by the owner of the mask. The fencer will also be required to connect the mask valid target to the conductive jacket by an approved specification mask wire, as per the FIE specification.**

#### Extract from FIE Rules.

- M.27.1. The mesh of the mask must not extend below the chin. It must be insulated internally and externally by a plastic material resistant to impact.
2. The part of the bib that is beneath a horizontal line 1.5 - 2 cm below the chin, must be entirely covered with a material that has the same conductive characteristics as the conductive jacket.
  3. The electrical contact between the conductive jacket and the mask must be ensured by means of a connecting wire, white or clear, and one or two crocodile clips.

### A Team Championships

#### FEN 1 Competition Structure

- FEN 1.1 Ten teams, selected on merit from the previous season's competition, will compete in the

Premier Leagues. Only first teams may compete in the Premier Leagues. All other teams will compete in the Conference Leagues.

- FEN 1.2 Teams will be selected on merit, from the current season's league programme, to participate, in a knock out competition. Qualification details will be provided at the top of each league on the BUCS Website.
- FEN 1.3 Playing facilities must be booked for an appropriate length of time to allow for the full conclusion of the match. BUCS recommends that a minimum of 3 hours hall time is booked. Institutions failing to book sufficient time will forfeit any outstanding hits that cannot be completed within the allocated time.

## FEN 2 Premier Leagues

- FEN 2.1 Facilities should be of an appropriate quality for Premier League matches and should comply with national governing body regulations for matches of this standard. Specific attention should be paid to the quality of electric equipment and hall lighting.
- FEN 2.2 Electric equipment must be used for all matches.
- FEN 2.3 Where possible Institutions shall obtain the services of an independent Referee for all matches.
- FEN 2.4 All players shall hold current Full BFA licences. FIE licences are not acceptable.

## FEN 3 Matches

- FEN 3.1 Matches will include Foil, Epee and Sabre. There cannot be a draw in a match. In the event of a tie on hits the winner shall be the team which has won more weapons. The winning team shall be awarded three points with the losing team receiving no points.
- FEN 3.2 All matches shall be between teams of three fencers, with or without a reserve, using the relay formula.
- FEN 3.3 The two captains, in advance of the match, shall agree the order in which weapons are fought.
- FEN 3.4 In the event of lack of agreement there shall be a draw for the order of weapons. The order of fights shall conform to BFA regulations.
- FEN 3.5 Independent referees are preferred for all matches. If an independent referee is not available then the refereeing duties shall be shared between the two teams.
- FEN 3.6 Electrical apparatus shall be used for all matches.
- FEN 3.7 Competitors clothing and equipment shall conform to BFA regulations.
- FEN 3.8 Competitors are required to check the BFA licences of the opposing team prior to the start of each league match.

## FEN 4 Incomplete Fixtures

- FEN 4.1 In the event of a fixture being incomplete due to a late start, with a team at fault, their opposition may claim any hits not completed or unplayed.

## FEN 5 Tie on Points in a League

- FEN 5.1 In the event of a tie on points for the leadership of a league the procedure shall be as detailed in **REG 9.9**. If the BUCS Office does not consider the score sheets satisfactory, then the teams that tie shall fight off.
- FEN 5.2 Tie on Hits in League Matches & Knockout Rounds including Semi-Final and Final
- FEN 5.3 In the event of a tie on hits, the winner shall be the team that has won more weapons. Members of the BFA Panel of Referees shall referee the Semi-Finals and the Final of the Championship and the Final of the Trophy.

## B Individual Championships

### FEN 6 Events

Individual Championships shall be held annually for both Men and Women at foil, epee and sabre.

### FEN 7 Rules

Electrical apparatus shall be used for all events. Competitors clothing and equipment shall conform to BFA regulations.

### FEN 8 Information

All relevant information shall be circulated in the autumn term.

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## FOOTBALL

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The Association Football Championship shall be conducted in accordance with the Rules of The Football Association.

### FOO 1 Affiliations

All institutions must submit their governing body affiliation number to BUCS by **5pm on Friday 16 September**. Clubs failing to do so will have 1 league point deducted from all teams concerned and may be withdrawn from the league.

## SPORTS SPECIFIC REGULATIONS

### FOO 2 Competition Structure

- FOO 2.1 12 teams, selected on merit from the previous season's competition, will compete in the English and Welsh Premier Leagues. Only first teams may compete in the Premier Leagues. All other teams will compete in the Conference Leagues.
- FOO 2.2 All first teams in Premier Leagues and Tier 1 will play in the Championship. All Tier 1 first teams will participate in the Championship Preliminary round, all winning teams will progress to the first round proper (where they will be joined by Premier League teams), all losing teams will play in the Trophy. All Tier 1 second teams will be placed automatically in the Trophy. Qualification details will be provided at the top of each league on the BUCS Website.
- FOO 2.3 All teams in Tier 2 and below will automatically be entered into the regional Conference Cup that is played throughout the season.

### FOO 3 Premier League's

- FOO 3.1 Playing facilities should be of an appropriate quality for Premier League matches and should comply with National Governing Body regulations for matches of this standard.
- FOO 3.2 Pitches should, as a minimum, be roped off to prevent spectator encroachment. This can be down one length of the pitch provided all spectators watch the match from this side. In this instance all team substitutes and team officials must be on the opposite side to the spectators.
- FOO 3.3 A Referee and two Assistant Referees shall be provided for all Men's Premier League matches.
- FOO 3.4 Only a Referee is required for all Women's Premier League matches. Any nominated substitute is not allowed to act as an Assistant Referee for these matches.
- FOO 3.5 All Premier League matches should kick-off at 2pm unless suitable floodlights are available.
- FOO 3.6 Matches should be played on grass unless both teams agree to play on an artificial surface.
- FOO 3.7 For all Premier League matches the name of the referee, the County FA the referee is affiliated to, and their level of officiating should be supplied to the opposition along with the fixture confirmation required in **REG 12.6**.

### FOO 4 Regulations

#### FOO 4.1 Match Officials

- Match Officials should be provided as per REG 11, or FOO 3.3 or 3.4 for Premier Leagues.
- FOO 4.1.1 For all matches in Premier Leagues and Tier 1 the name of the referee, the County FA, and their level of officiating should be supplied to the opposition along with the fixture confirmation required in REG 12.6
- FOO 4.1.2 It is the responsibility of the home team to appoint appropriate match officials for League, Championship, Trophy and Conference Cup matches (including conference cup final).
- FOO 4.1.3 Assistant referees shall report to the referee prior to commencement of the match and will be provided with standard flags by the home team.

#### FOO 4.2 Duration of Play

The game shall consist of two halves of 45 minutes. Teams shall change ends at half time. In all matches the half time interval will not exceed 15 minutes.

#### FOO 4.3 Tie on Points in a League

In the event of a tie on points for the leadership of a league the procedure shall be as detailed in **REG 9.9**.

#### FOO 4.4 Promotion / Relegation

The winner of each league will be automatically promoted. The exception being tier 1 where a promotion play off may be required. The bottom team in each league will be relegated. Only the respective bottom 3 teams in each league may be relegated. League variations are specified in the football league caveats on the BUCS website.

#### FOO 4.5 Suspensions

No player, club or team official may participate in any BUCS football fixture whilst serving a suspension imposed by any County FA.

#### FOO 4.6 Behaviour of Teams

The BUCS football code of conduct must be adhered to in all BUCS football league, knockout and representative fixtures. The code of conduct can be found on the football pages of the BUCS website.

#### FOO 4.7 Matchday Requirements

The home team is responsible for providing a set of corner flags, and pegs for securing goal nets. Failure to do so may render the team liable to a fine and in the event of the match not being played due to lack of corner flags or pegs, the home team will be deemed to have not fulfilled the fixture.

- FOO 4.8 **Championship Semi Final & Final**  
All Championship semi finals and finals will be played at a neutral venue organised by BUCS. BUCS will appoint all match officials for these fixtures.
- FOO 4.9 **Tie in All Knockout Rounds Including Semi-Final and Final**  
REG 13.16 shall apply. If at the end of the normal playing period of extra time (15 minutes each way), the teams are still tying the winner shall be decided by the taking of kicks from the penalty spot as per FA regulations.
- FOO 4.10 **Substitutes**  
Substitutes shall be allowed in accordance with the Laws of the game. For all domestic BUCS matches a maximum of three substitutions will be allowed from a maximum of five named substitutes.
- FOO 4.11 **Pitch Surfaces**  
Matches in Tier 1 and below may be played on FIFA-approved rubber crumb pitches. If matches are played on rubber crumb pitches, the home team is required to inform the opposition in their fixture confirmation.

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## FUTSAL

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- FUT 1** Futsal Rules and Regulations and competition format will be published on the Futsal pages of the BUCS website ([www.bucs.org.uk/futsal](http://www.bucs.org.uk/futsal)) prior to the start of the BUCS Futsal Season.

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## GAELIC FOOTBALL

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- GAE 1** BUCS will sanction a Men's Gaelic Football Championship operated under regulations and a code of conduct reviewed by The British Universities Gaelic Athletic Association Committee and endorsed by BUCS. As in all BUCS sports, General Regulation 7 will apply and all competitors and institutions must comply with this regulation.

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## GOLF

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The Individual and Team Championships shall be held under the rules of the Royal and Ancient (R&A) Golf Club except where these differ from BUCS General Regulations or BUCS Golf specific regulations; in which case the latter shall take precedence.

**GOL 1 Premier League Requirements**

- GOL 1.1 Host institutions should use an 18 hole course of appropriate quality which is regularly used to host amateur matches of similar standard. In normal circumstances, temporary greens should not be used. Where temporary greens are in operation, the away team should be notified in good time.
- GOL 1.2 Official club scorecards must be used and be collated and held by the home team captain.
- GOL 1.3 BUCS General Regulations and Golf Competition rules apply alongside the above requirements. The Golf Sport Advisory Group (SAG) reserves the right to remove any teams who contravene the above regulations from the Premier League.

**GOL 2 BUCS Golf Matchplay Team Championship**

- GOL 2.1 The Matchplay Team Champions shall hold the Wallace Crinson Trophy for one year.
- GOL 2.2 The Matchplay Team Championship shall be held under the rules of Matchplay, noting the proviso above.
- GOL 2.3 Each team in the Premier Leagues and the four English and Welsh Conferences shall consist of six nominated members (Men or Women).
- GOL 2.4 In the Scottish Conference all teams in Tier 1 shall consist of ten nominated players (Men or Women). Teams competing in Tier 2 league in the Scottish Conference shall consist of eight nominated players (Men or Women).
- GOL 2.5 For league matches each match shall consist of six single games (ten in the Scottish Conference Tier 1 league and eight in Tier 2).
- GOL 2.6 In all knockout round matches, all teams consist of six nominated players (Men or Women). In knockout round matches up to but not including the quarter-finals of the Championship and Trophy, and all Conference Cup matches, all games shall consist of singles matches.
- GOL 2.7 From the quarter-finals onwards in the Championship and Trophy all matches shall consist of three foursomes and six single games, with the foursomes taking place before the singles games.
- GOL 2.8 In the event of a tie on points at the end of the league stages positions will be determined as per REG 9.9

## SPORTS SPECIFIC REGULATIONS

- GOL 2.9 If a match is tied at the end of a knockout stage, a sudden death play-off will take place between a nominated player from either side (players to be nominated once the final result has been declared). The play-off shall take place on holes determined by the tradition of the host Golf Club, or the organising committee if a BUCS official is present.
- GOL 2.10 For all league matches and all knockout matches, all Men are to play off the Men's Medal tees, or the Men's tees of the day when Medal tees are not available. For all league matches and all knockout matches, all Women are to play off the Ladies Medal tees, or the Ladies tees when Medal tees are not available.
- GOL 2.11 In normal conditions all matches are to be played off scratch without handicap or stroke allowance for Men or Women. In certain circumstances teams may find that Men's temporary tees are located in front of the Women's tees. If this is the case the two teams may agree a Stroke Allowance for Women prior to the start of the match.
- GOL 2.12 Any team short of members shall concede the appropriate number of holes or games.
- GOL 2.13 Before play starts the captains shall draw up and exchange their orders for play for singles and, where relevant, foursomes. Teams playing with less than a full compliment of players must fill places 1-5 on the start sheet in singles matches.
- GOL 2.14 Matches may be staged on nine hole courses provided that there are eighteen distinct tee configurations effectively creating eighteen different holes. Nine hole courses that do not offer this tee configuration are not permitted to host BUCS matches.
- GOL 2.15 For league and knockout matches, home teams must organise suitable tee times to complete the match in daylight. Teams must allow for a maximum of five hours play.
- GOL 3 BUCS Golf Individual Strokeplay Final**
- GOL 3.1 The Individual Strokeplay Final is a closed event. Competitors must qualify for the event through a programme of regionalised competitions as decided by the SAG.
- GOL 3.2 The Men's Individual Strokeplay Champion shall hold the Wollaton Park Cup for one year. The Women's Individual Strokeplay Champion shall hold Women's Individual Strokeplay Trophy for one year. The Men's Team Strokeplay Champions shall hold the Trent Cup for one year.
- GOL 3.3 A Men's and Women's Individual Strokeplay Final shall be offered annually at a venue selected by the Golf Sport Advisory Group.
- GOL 3.4 The Individual Champion shall be the player with the lowest aggregate score for 72 holes.
- GOL 3.5 The Men's Team Strokeplay Championship will be calculated from the 72 holes of the Individual Strokeplay Final. Teams shall consist of four nominated members and the lowest three scores for each day's competition shall be totalled to ascertain the Men's Team Strokeplay Champions.
- GOL 4 BUCS Golf Regional Individual Strokeplay Qualifiers**
- GOL 4.1 To compete in the BUCS Golf Individual Strokeplay Final, players must compete in a number of regional qualifying events (as determined by the SAG on an annual basis).
- GOL 4.2 The format for England and Wales will consist of 4 Regional Qualifying events with one event in each BUCS Conference – South Eastern, Western, Midlands & Northern. These will be 36-hole individual Strokeplay events. Northern Ireland and Scotland will determine and host their own regional qualifying programmes.
- GOL 4.3 Players will be ranked according to their performance in each event and a ranking will be displayed on the BUCS website. Top ranked players will be invited to the BUCS Golf Individual Strokeplay Final.
- GOL 5 Use of Electronic Equipment**
- GOL 5.1 Following successful use of laser measuring devices in Scotland and Northern Ireland in previous seasons, ALL BUCS competitions throughout Scotland, Northern Ireland, England and Wales will permit the use of laser devices for the 2011/12 season.

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## GYMNASTICS

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### Men's Artistic Gymnastics

#### GYM 1 Men's rules

- GYM 1.1 All Competitions will be based on the full FIG code of points, with a series of approximately 4 skills per apparatus added to maximise participation. These supplementary skills will be open to all competitors and will be published on the Gymnastics page of the BUCS website.

#### GYM 2 Contest categories

- GYM 2.1 There will be a two level all round competition (Elite and Novice) Gymnasts competing in the Elite category will compete on all 6 pieces. Gymnasts competing in the Novice category will compete on 4 pieces.

- GYM 2.2 Competitors must compete in the appropriate competition for their level of ability. The tournament director reserves the right to refuse entry to the competition if it is clear that competitors are in the wrong category.
- GYM 3 Scoring**
- GYM 3.1 Scores from the elite and novice competitions can be used to contribute to the team score.
- GYM 4 Men's team competition**
- GYM 4.1 The team competition will consist of a named team of maximum 8 men. Each gymnast competes in 4 pieces and the top 16 scores count with no more than 4 on any one apparatus. Score will be carried over from the individual competition.
- GYM 5 Medals**
- GYM 5.1 Medals will be presented for individual all round, elite and novice in all 6 apparatus 1st, 2nd, 3rd.
- GYM 5.2 There will only be one team medal presentation for 1st, 2nd, 3rd.
- Women's Artistic Gymnastics**
- GYM 6 Women's rules**
- GYM 6.1 All Competitions will be based on the full FIG code of points, with a series of approximately 4 skills per apparatus added to maximise participation. These supplementary skills will be open to all competitors and will be published on the Gymnastics pages of BUCS website.
- GYM 7 Contest categories**
- GYM 7.1 There will be a two level all round competition (Elite and Novice) Gymnasts competing in the Elite category will compete on all 4 pieces. Gymnasts competing in the Novice category will compete on 3 pieces.
- GYM 8. Scoring**
- GYM 8.1 Scores from the elite and novice competitions can be used to contribute to the team score.
- GYM 9 Women's team competition**
- GYM 9.1 The team competition will consist of a named team of maximum 8 women. Each gymnast competes in 3 pieces and the top 16 scores count with no more than 4 on any one apparatus. Institutions can enter a maximum of two teams, naming 4 gymnasts in each team. Scores will be carried over from the individual competition.
- GYM 10 Medals**
- GYM 10.1 Medals will be presented for individual all round, elite and novice in all 4 apparatus 1st, 2nd, 3rd.
- GYM 10.2 There will only be one team medal presentation for 1st, 2nd, 3rd.

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## HOCKEY

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The Hockey Championships shall be conducted in accordance with the rules of the FIH.

**HOC 1 Competition Structure**

12 Men's and 12 Women's Teams selected upon merit from the past year's Championship competition, will compete in the North and South Premier Leagues, the remainder will participate in the Conference Leagues.

**HOC 2 Premier League Requirements**

- HOC 2.1 Playing facilities must be booked for an appropriate length of time to allow for the full conclusion of the match. BUCS recommends that at least 2 hours of pitch time are booked (longer for knockout stages). Institutions failing to book sufficient time will be considered to have defaulted on the match if for any reason there is insufficient time to bring the fixture to a conclusion.
- HOC 2.2 Facilities should be of an appropriate quality for Premier League matches and should comply with national governing body regulations for matches of this standard. Ideally, all Premier League matches should be played on water-based artificial surfaces but this is not a requirement. Pitches should provide appropriate dug-outs for Teams and officials.
- HOC 2.3 If a Premier League match is to be played under lighting then it is recommended that 250 lux should be the minimum - in line with FIH regulations. This will require the facility operator to declare their lighting levels and commit to some regular maintenance. Should a team wish to contest the level of lighting they must do so prior to the match starting in order to ensure that they have grounds for an appeal should they so wish. If no playing under protest form is signed a team may not appeal.
- HOC 2.4 Spectators are required to be kept away from the side of the pitch.

## SPORTS SPECIFIC REGULATIONS

### HOC 3 Competition Regulations

#### HOC 3.1 Match Officials

HOC 3.1.1 That for all Premier League and Tier One, and Championship and Trophy knockout round matches, both umpires must be qualified at a minimum of England Hockey Level One (or the equivalent level in Wales and Scotland). For the Championship Quarter Finals, BUCS will work with the NPUA to appoint independent umpires to all men's and women's matches. The costs incurred by these umpires will be passed onto the home university for each Quarter Final. NPUA will also appoint to the Championships Semi Finals and Final and the Trophy Final, costs for these will be met by BUCS.

HOC 3.1.2 For Tiers Two, Three and Four, and Conference Cup matches, at least one umpire must be fully qualified at Level One, the other must have successfully completed the theory aspect of the Level One award. For all other tiers, umpires must hold a foundation/preliminary umpires award.

#### HOC 3.2 Tie on Points in a Conference League

In the event of a tie on points for the leadership of a league the procedure shall be as detailed in **REG 9.9**.

#### HOC 3.3 Tie in Knockout Rounds, Quarter-Final, Semi-Final and Final Matches

If in any of these matches the scores are level at the end of full time the captains shall toss a coin for ends and, after a rest period of five minutes, extra time shall be played consisting of two seven and a half minute periods separated by a three minute interval during which the teams shall change ends. The first score during the period of extra time shall give the game result. If the scores are still level after the end of extra time, the outcome of the match shall be determined by a series of penalty strokes taken under the following conditions:

HOC 3.3.1 The Umpires shall together choose the goal to be used and the Captains shall toss a coin to decide which Team shall take the first penalty stroke.

HOC 3.3.2 Five different players from each of the Teams, but excluding any player who has been permanently suspended from the game (Red Card), shall take a penalty stroke alternately against one and the same goalkeeper of the other Team. Only if that goalkeeper is, in the opinion of the umpires, incapacitated through injury, or is suspended shall the Team be permitted to substitute the goalkeeper during the course of a particular series in the stroke competition.

HOC 3.3.3 The Team that has been awarded the higher number of goals shall be the winner.

HOC 3.3.4 In the event of an equal number of goals having been awarded, another series of penalty strokes shall be taken under the above conditions and with the same five players (subject to any incapacitated player being replaced) but on a sudden death basis, that is the Team having been awarded the most goals after an equal number of strokes have been taken shall be the winner. The sequence in which the players take the strokes for their Team need not be the same as in the previous series. The Team captain has freedom of choice at the time of each stroke as to which of the five nominated players will take the stroke although they must use all five nominated players per round.

HOC 3.3.5 The Team that has taken the first penalty stroke of a series shall not take the first penalty stroke of the following series (if any).



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**HOC 4 Substitutes**

At present rolling substitutes may be used in accordance with the International Code of Rules.

**HOC 5 Playing Surface**

- HOC 5.1 The home Team shall have the right to choose the type of playing surface to be used (all first Team matches must be played on an appropriate synthetic turf pitch). This information must be received by the opposition at least one week in advance (alternative arrangements in the event of inclement weather shall also be communicated and Teams must bring with them the appropriate footwear) and practice time on this surface shall be offered to the visiting Team prior to the official starting time. Where, however, an artificial pitch is to be used in any match the senior Men's or Women's Team must be given priority.
- HOC 5.2 At the current time, England Hockey does not support the use of any long pile turf pitch for any competitive hockey unless that specific pitch and surface has been approved by the FIH. All BUCS Hockey competitions will also adhere to this policy.

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**JUDO**


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The Championships will be organised under the Contest Rules of the British Judo Association / International Judo Federation in effect at the time of the Championships.

**JUD 1 Events**

An Individual and Team Championship for Men and Women will be held annually. A restricted Kyu Grade Individual Championship will be run in addition to this Championship.

**JUD 2 Entries**

- JUD 2.1 Men's Team: Each Institution may enter one team consisting of five men in the following weight categories:  
 1 x U66kg  
 3 x U73-U90kg  
 1 x U100 or O100kg  
 Up to five reserves, who must be of a similar weight category may be nominated, All reserves must weigh in, those who have competed in the Individual Championships do not need to weigh in again, those only attending for the Team Championships may choose to weigh in on the morning of the event but this must be clearly stated on the entry form. Team members **MUST** be listed in order of weight with the heaviest team member first. Any team found to be fielding players not in this order **WILL BE DISQUALIFIED**.  
**The grade requirements are a minimum grade requirement of 4th Kyu (orange belt) and no upper grade limit.**  
 In the case of injury a named reserve may be used to replace the competitor, provided that they are of the similar weight or one category lighter. Once replaced the injured competitor may not return to the competition in subsequent matches.
- JUD 2.2 Women's Team: Each Institution may enter one team consisting of three women in open weight and up to three named reserves. All reserves must weigh in, those who have competed in the Individual Championships do not need to weigh in again, those only attending for the Team Championships may choose to weigh in on the morning of the event but this must be clearly stated on the entry form. Team members **MUST** be listed in order of weight with the heaviest team member first. Any team found to be fielding players not in this order **WILL BE DISQUALIFIED**.  
**The grade requirements are a minimum grade requirement of 4th Kyu (orange belt) and no upper grade limit .**  
 In the case of injury a reserve may be used to replace the competitor, provided that they are of the same weight or one category lighter. Once replaced the injured competitor may not return to the competition in subsequent matches.
- JUD 2.3 Individual: Each institution may enter no more than four competitors in each of the following IJF Weight Categories for the BUCS Individual Championships (Kyu\* / Dan) and Kyu Grade competitions:
- |         |         |
|---------|---------|
| Women's | Men's   |
| u48 Kg  | u60 Kg  |
| u52 Kg  | u66 Kg  |
| u57 Kg  | u73 Kg  |
| u63 Kg  | u81 Kg  |
| u70 Kg  | u90 Kg  |
| u78 Kg  | u100 Kg |
| o78 Kg  | o100 Kg |
- (ii) In the Dan Grade competition there will be a minimum requirement of 1st Kyu\* (Brown Belt)

## SPORTS SPECIFIC REGULATIONS

### Kyu Grade Competition

The Kyu Grade Championships will have the following grade requirements:

- (i) Men – 2nd Kyu (blue belt) and below with a minimum grade requirement of 4th Kyu (orange belt).
- (ii) Women – 2nd Kyu (Blue Belt) and below with a minimum grade requirement of 4th Kyu (orange belt).

JUD 2.4 Each University may enter no more than four competitors in each of the above seven categories.

### General

#### JUD 3

The method of competition shall be pools followed by knockout with the recharge system (see also **JUD 9**).

#### JUD 4

The duration of the **DAN GRADE AND TEAM** contests shall be 5 minutes.

#### JUD 5

The duration of the **KYU GRADE** contests shall be 4 minutes

#### JUD 6

The Championship will be organised under the contest rules of the BJA/IJF.

#### JUD 7

All competitors and reserves must be current individual members of the BJA on the day of the Championship and each club represented in the team event must have current club membership of the BJA. ALL competitors must produce a current and valid Judo licence BJA or affiliated association e.g AJA, BJC at the weigh in prior to the Championships.

#### JUD 8

Further rule changes which may be applicable at the time of competition will be available on the BUCS website ([www.bucs.org.uk/Judo](http://www.bucs.org.uk/Judo)) and on the judo pre-event information that will be available prior to the event.

#### JUD 8

Should the individual entry received by the closing date be large then the organisers may choose to change the method of competition to Compound Knockout or reduce the contest times by 1 minute across all categories this decision will be published as in JUD 8 above.

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## JU JITSU

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#### JUJ 1

A team and individual Championship shall be offered under Atemi National Rules reviewed annually by the Ju Jitsu Foundation (these are available via the Ju Jitsu pages of the BUCS website). BUCS sanction the Atemi Nationals organised by the Ju Jitsu Foundation in the Autumn Term.

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## KARATE

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#### KAR 1

A team and individual Championship shall be offered under rules reviewed annually based on those of the World Karate Federation.

#### KAR 2 Clothing

All competitors can ONLY wear the badge of their university on their gi or it must be plain white.

#### KAR 3

BUCS reserves the right to amend and add Karate specific regulations.

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## KORFBALL

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#### KOR 1

A team Championship shall be offered under rules reviewed annually by the British Student Korfball Association and endorsed by BUCS.

#### KOR 2

##### Competition Format

KOR 2.1 The BSKA Korfball National Championships (BKNC) will be in a POOL and QUARTER FINAL/SEMI FINALS/FINALS format. There will be playoff matches to determine all final positions.

KOR 2.2 All decisions made by the BSKA competition committee shall be binding, subject to any appeal to the BSKA Executive Committee as per the BSKA Rules and Constitution. The Competition Committee shall consist of the BSKA Chairman, one other member of the BSKA Executive Committee, one referee from the day, and an independent tournament administrator.

KOR 2.3 All matches shall be played according to the Rules of the Game as laid down by the IKF. The following amendments will apply.

KOR 2.3.1 All games will be 40 minutes long (2 halves of 20 minutes) and half time will last 1 minute.

KOR 2.3.2 There will be 4 minutes in-between games, this will include any warm ups required.

KOR 2.3.3 There will be no time outs permitted

KOR 2.3.4 Each team will be permitted to make a maximum of 4 substitutions per game. No player shall be allowed to return to the match having been substituted, even in the event of an injury and no other subs being available.

KOR 2.3.5 Games will begin and end on the referees whistle. A centralised signal will sound to indicate that referees should start and end the game.

- KOR 2.3.6 Any team that is not ready to start playing on the central signal will concede one goal for each minute they are late. This is to be determined by the match referee.
- KOR 2.3.7 For all games, the home team shall be determined by a coin toss between the two captains prior to the start of the game, overseen by the match referee. Captains and the referee should meet by the side of the court 5 minutes before the end of the previous game to perform this toss. The home team has choice of ends, must lay out first and takes the throw off.
- KOR 2.3.8 Following each game, each team should immediately vacate the pitch to allow the following teams to warm up. The captain for each team must go to the referee to sign the match card to validate the result. At this point the referee should also write the name of their nominated MVP on the match card.
- KOR 2.4 For pool games, points will be awarded according to the results of the matches played:  
2 points for a win  
1 point for a draw  
0 points for a loss
- KOR 2.5 In the case when 2 or more teams finish with equal points the ranking positions shall be determined by;
- KOR 2.5.1 Head to head result (if 2 teams are equal on points)
- KOR 2.5.2 Goal difference in the matches between the teams on equal points (if more than 2 teams are equal on points)
- KOR 2.5.3 Overall Goal difference
- KOR 2.5.4 Goals scored
- KOR 2.6 If there is still no difference to be seen between teams following this ranking then placing shall be determined by a sudden death penalty shootout between the teams.
- KOR 2.7 The Committee shall have the power to take a different course of action should any of the matches being considered for determining the rankings be ones that have been forfeited or awarded to their opponents.
- KOR 2.8 During the knock out stage of the tournament (Quarters, Semis & Final) no game shall end in a draw. If the result is tied at the end of normal time, a period of 2 minutes of golden goal time shall be played, to be timed by the referee. Should a team score on their first attack, the opposition will have one chance to tie the game before a winner is determined.
- KOR 2.9 If the result is still tied after this, a sudden death penalty shootout shall be used to determine the winner.
- KOR 2.10 Players taking these penalties must have finished the game on the pitch.

### KOR 3 Player Eligibility

- KOR 3.1 A squad will consist of a maximum of 6 girls and 6 boys. All squad lists should be submitted prior to the start of the competition.
- KOR 3.2 All players must fulfil the requirements of eligibility as laid down by the B.S.K.A and BUCS. Any team found to be playing ineligible players is likely to be disqualified from the event and subject to a financial penalty at the discretion of the BSKA executive committee
- KOR 3.2.1 Any person wishing to represent a member institution during a B.S.K.A. competition must satisfy the required English Korfball Association (E.K.A.) demands for player registration at a club.
- KOR 3.2.2 Any person wishing to represent a member institution in any B.S.K.A. competition must satisfy the BUCS Requirements for a player to represent a university or college (General Regulation 7). This rule applies even if the B.S.K.A. event is not B.U.C.S. affiliated.

### KOR 4 Misconduct

- KOR 4.1 The Competitions Committee (as defined above) shall be empowered to suspend a player from one or more games during the tournament, following the giving of either a straight red card, or two yellow cards.
- KOR 4.2 In addition, in all of the following cases the referee is required to submit a full report of the incident(s) to the Competitions Committee where it will be dealt with using the EKA Disciplinary Regulations.
- KOR 4.2.1 A referee sends from the playing area (red card) a player, coach, substitute or other person attached to the team.
- KOR 4.2.2 A referee formally warns a player, coach, substitute or other person attached to the team (yellow card).
- KOR 4.2.3 A referee is aware of misconduct by spectators.

## SPORTS SPECIFIC REGULATIONS

KOR 4.3 The EKA is empowered to call for any additional information it may deem necessary. Should this information not be forthcoming then the case shall be considered on the evidence in the EKA's possession at the time. The player(s) and their club(s) shall be entitled to attend the hearing of the case if they have requested to do so.

### KOR 5 Protests

KOR 5.1 The tournament desk must be notified of any protest connected with the playing of a match within 5 minutes of the match concerned. The referee must be advised by the team captain, immediately after the match concerned, of the intention to protest.

KOR 5.2 The Competition Committee shall have the power to make decisions on any matter not specifically covered in the rules and to vary the rules concerning the conditions of play should this be necessary for the smooth running of the competition.

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## LACROSSE

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### LAC 1 Affiliations

All clubs are required to affiliate to the relevant National Governing Body. Clubs failing to affiliate by 12 October 2011 will be deducted 1 league point from every team.

**Women's** The women's Lacrosse Championship shall be conducted under the Laws of the FIL.

### LAC 2 Competition Format

LAC 2.1 12 women's teams selected upon merit from the past year's Championship competition, will compete in the North and South Premier Leagues, the remainder will participate in the Conference Leagues.

### LAC 2 Premier League Requirements

LAC 3.1 Playing facilities should be of an appropriate quality for PL matches and should comply with national governing body regulations for matches of this standard.

### LAC 3 Competition Regulations

#### LAC 4.1 Umpires

Two officials are required for all Lacrosse league and knockout round matches.

##### LAC 4.1.1 Premier League

In all Premier League matches one umpire must have a minimum of a Level 1 umpiring qualification and the other can be at Apprentice Level.

##### LAC 4.1.2 Tier 1 and Below

A minimum standard of 2 Apprentice Level umpires is required.

##### LAC 4.1.3 Knockout Rounds

2 Level 1 umpires are required (with the exception of Conference Cup when this is a requirement for the Final only – See Appendix 2).

#### LAC 4.2 Pitch Size

Pitches must be marked to the minimum dimensions as outlined in the FIL regulations.

#### LAC 4.3 Tie on Points in a League

In the event of a tie on points for leadership of a League the procedure shall be determined as per **REG 9.9**.

#### LAC 4.4 Tie in Knockout Round Match including Semi Final or Final Matches

If at the end of the match, the teams are tying, a period of extra time of five minutes each way shall be played. The two periods will be played in full, regardless of whether or not goals are scored. If a result is still not forthcoming, then sudden death shall be played, with teams continuing to swap directions every five minutes. The first team to score in sudden death shall be the winners.

NB: League matches CAN result in a tie. If at the end of normal time the score is tied then the match will be counted as a draw and each team will receive one point.

#### LAC 4.5 Substitutes

Substitutes shall be used in accordance with current FIL regulations.

#### LAC 4.6 Squad Size

Maximum squad size for women's matches is 18 players.

**Men's** The men's Lacrosse Championship will be conducted under the Laws of the FIL.

### LAC 5 Competition Format

LAC 5.1 All teams will compete in regional Conferences with league finishing positions determining progression to the Knockouts at the end of the season.

### LACM 6 Competition Regulations

#### LAC 6.1 Referees

6.1.1 All men's matches will be officiated by two qualified referees to a minimum of Level 1 – Basic Refereeing Award appointed by the home team.

## SPORTS SPECIFIC REGULATIONS

- 6.2.2 All men's teams are required to submit to BUCS the names of at least 2 qualified officials within the club who are able to officiate in the absence of neutral officials. Clubs failing to register by 30 November 2011 will be deducted **1 league point**.
- LAC 6.2 **Pitch Size**  
Pitches must be marked to the minimum dimensions as outlined in the ILF regulations. *Please note these dimensions are different to those in the women's game.*
- LAC 6.3 **Tie on Points in a League**  
In the event of a tie on points for leadership of a League the procedure shall be determined as per **REG 9.9**.
- LAC 6.4 **Tie in Knock out matches including Semi Final and Final Matches**  
In the event of a tie at the end of a match, two periods of extra time of four minutes each way (with stopped clock) will be played. The two periods will be played in full, regardless of whether or not goals are scored. If the scores are still level, then four-minute periods of sudden death (with stopped clock) will be played with the first team to score being the winners. The teams will change ends after each sudden-death period.  
NB: League matches CAN result in a tie. If at the end of normal time the score is tied then the match will be counted as a draw and each team will receive one point.
- LAC 6.5 **Substitutes**  
Substitutes shall be used in accordance with current ILF regulations.
- LAC 6.6 **Squad Size**  
Maximum squad size for men's matches is 23 players.

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### MODERN BIATHLON

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- MOB 1** The Modern Biathlon Championships shall be conducted annually in accordance with the rules of the Union Internationale De Pentathlon Moderne (UIPM) with team scoring and BUCS specific rules published with the event's entry form and in the official programme.

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### MODERN PENTATHLON

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- MOP 1** The Modern Pentathlon Championships shall be conducted annually in accordance with the rules of the Union Internationale De Pentathlon Moderne (UIPM) with team scoring and BUCS specific rules published with the event's entry form and in the official programme.

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### NETBALL

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The Netball Championships shall be conducted under the most up to date Laws of the International Federation of Netball Associations.

- NET 1** **Competition Structure**  
Twelve teams, selected on merit from the previous season's competition, will compete in the Northern and Southern Premier leagues. Only first teams may compete in the Premier Leagues. All other teams will compete in the Conference Leagues.
- NET 2** **Premier League Requirements**
- NET 2.1 Playing facilities must be booked for an appropriate length of time to allow for the full conclusion of the match. BUCS recommends that 2 hours of court time are booked (longer in knockout rounds). Institutions failing to book sufficient time will be considered to have defaulted on the match if for any reason there is insufficient time to bring the fixture to a conclusion.
- NET 2.2 All Premier League matches must be played on an indoor court with run-off areas a minimum of 1.5m wide.
- NET 2.3 A fully working and easily visible scoreboard must be provided showing the match score and time remaining in each period.
- NET 2.4 Where possible an international quality match ball is recommended for all fixtures.
- NET 2.5 Umpires must at least have been qualified to Netball Europe C Award level for a minimum of 12 months. *(BUCS recommend B Award or higher umpires are sourced wherever possible).*
- NET 3** **Competition Regulations**
- NET 3.1 **Match Officials**  
Two match officials should be provided as per REG 11, or NET 2.5 for Premier League fixtures. In Championship Knockout rounds umpires must at least have been

## SPORTS SPECIFIC REGULATIONS

- qualified to Netball Europe C Award level for a minimum of 12 months. In addition each team must provide someone who is responsible for keeping score and timing.
- NET 3.2 **Duration of play**  
The game shall consist of four quarters of 15 minutes each with an interval of three minutes between the first-second and third-fourth quarters and with an interval of five minutes at half-time. Teams shall change ends each quarter.
- NET 3.3 **Tie on Points in a League**  
In the event of a tie on points for the leadership of a league the procedure shall be as detailed in **REG 9.9**.
- NET 3.4 **Ties in Knockout Matches**  
If, at the end of any of these matches the teams are tying:  
(i) There shall be a two (2) minute interval at the end of full time. Substitutions and/or team changes are permitted;  
(ii) Extra time of two halves of seven (7) minutes each shall be played. Teams change ends at half time without an interval. No substitutions and/or team changes are permitted. The Centre Pass is taken by the team entitled to the next Centre Pass;  
(iii) In the event of a tie remaining at the end of extra time, a visual signal shall be used to indicate that play shall continue until one team has a two (2) goal advantage.
- NET 3.5 **Replacements**  
Before the start of the match, the names of up to twelve players, one of whom shall be the Captain, must be provided to the scorers. There shall be no limit to the number of substitutions which can be made in a match.
- NET 3.6 **Court Size**  
All matches shall be played on courts of regulation size, with regulation post and rings. Ideally matches should be played on indoor courts. Where both indoor and outdoor courts are available the home team should stage the match on the indoor court.
- NET 3.7 **Representative Commitments**  
If 3 or more players are selected for a National Governing Body senior side (E.g. Full, A, U21), the institution concerned shall be able to postpone the fixture to an agreed date within the qualifying period. For league fixtures the qualifying period ceases on the published cut off date (REG 12.9). For knockout fixtures the qualifying period is such that the following round will still take place on the published date. This ruling shall not apply to any of the Finals or the Championship Semi Finals.

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## ORIENTEERING

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Individual and Team Championships will be held annually under the rules of the British Orienteering Federation.

### ORI 1 Events

- The Championships consist of Individual and Relay Championships for both men and women. There is also an Overall Team Championship.
- ORI 1.1 Each relay team shall consist of three competitors.
- ORI 1.2 The overall team score shall be calculated for each university by the following system:
- ORI 1.2.1 Adding the placings of the three best men's and women's individual competitors to the placings (multiplied by three) of its placed men's and women's relay teams.
- ORI 1.2.2 For scoring purposes, the overall placing of a competitor on the B course is their placing plus the number of finishers on the A course, and the overall placing of a competitor on the C course is their placing plus the total number of finishers on the A and B courses.
- ORI 1.2.3 Every missing runner is treated as though they finished one place behind the last finisher on the lowest course.
- ORI 1.2.4 If a university has no place in a relay competition, it is deemed to have finished one place behind the last placed team.
- ORI 1.3 The university with the lowest aggregate score is awarded the Overall Team Championship.

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## POOL

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### POL 1 Competition Organisation and Rules

- POL 1.1 The Eight-ball Pool Championships will be played according to World Eight-ball Pool Federation ("World") Rules and shall be organised on behalf of BUCS by the Universities Pool Council.

**POL 2 Competition Structure**

- POL 2.1 Eight-ball Pool Championships**
- POL 2.1.1 The Eight-ball Pool Championships shall include the following competitions:  
Team Championship  
Team Trophy  
Individual Championship (straight knock-out/single elimination)  
Team Shield
- POL 2.1.2 The Championship, Trophy and Shield are all integrated (i.e. 1st, 2nd and 3rd teams) but only 1sts can make Championship playoffs.
- POL 2.1.3 Teams will be composed of a maximum of six players, five of which play in any one match. The Team Championship, Trophy and Shield will be played in groups with the best teams qualifying for the knockout stages.

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## RIFLE SHOOTING

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**SMALL BORE**

BUCS, in partnership with the NSRA, offers the opportunity for students to participate in small-bore shooting competitions throughout the year. Competitions provided are:

Team Knockout (KO) – Team of 4 from each University (Postal competition)

Long Range Championships (LR) – Team and individual championships held annually in April at Appleton Ranges

Team League (TL) – Team of 4 from each University (Postal competition)

Top 20 Competition (TT) – Individual competition (Postal competition)

BUCS Championships (SR) – Team and individual championships held annually as part of BUCS Short Range Championships

The team league and top 20 competition provides the qualifiers for the BUCS Short Range Championships. Detailed rules for each competition are shown below.

**TEAM KNOCKOUT COMPETITION****KO 1 Technical Rules – Small-Bore**

Except where otherwise provided for in the conditions of the competitions as set out in the programme, the Championships shall be held under the Rules of the National Small Bore Rifle Association (NSRA).

**KO 2 Rules****KO 2.1 Team Composition**

- KO 2.1.1 University teams will consist of four nominated members, all of whom must be student members of University OR College small-bore rifle clubs affiliated to the NSRA, or students who are individual members of the NSRA.

**Match Conditions**

- KO 2.1.2 20 shots each round, 10 each at 15, 20 or 25 yards or 25 metres at two proportional NSRA 1989 pattern British Match targets. Competition stickers will be issued which must be affixed to the front of the targets by a club official prior to shooting. All members of a team must shoot on the same range.

- KO 2.1.3 All cards for a team must be shot on the same range and on the same day.

**Witnessing**

- KO 2.1.4 Shot cards must be signed by the competitor after shooting and witnessed and dated by an authorised witness in accordance with NSRA Rules 7.5 and 7.6.

**Return of Cards**

- KO 2.1.5 Shot cards must be received by the appointed scorer not later than the Saturday following the last date for shooting that round. Dates will be published when entry numbers are known.

**Byes**

- KO 2.1.6 If the number of teams entered demands that there are byes, these will be cleared in an early round.

**KO 3 Awards****KO 3.1 Trophy and Awards**

- KO 3.1.1 The winning team will hold the British Universities Small-bore Rifle Knockout Cup for one year. In addition each member of the winning team will receive a NSRA gold plaque.
- KO 3.1.2 Each member of the Runners-up team will receive NSRA silver plaquettes. If the size of entry warrants, members of the two losing semi-finalists teams will receive NSRA bronze plaquettes.

## SPORTS SPECIFIC REGULATIONS

### LONG RANGE CHAMPIONSHIPS

#### LR 1 Technical Rules - Small-Bore

Except where otherwise provided for in the conditions of the competitions as set out in the programme, the Championships shall be held under the Rules of the National Small Bore Rifle Association (NSRA).

#### LR 2 Championships

##### LR 2.1 Team

- LR 2.1.1 A University team shall consist of eight nominated members.
- LR 2.1.2 Each team member will fire 80 shots, 40 at 50 metres, 40 at 100 yards, concurrent with LR 2.2.
- LR 2.1.3 The Team Championship will be decided on the aggregate scores achieved at both distances of the eight members of each team.

##### LR 2.2 Individual

- LR 2.2.1 Competitors will fire 40 shots at 50 metres and 40 shots at 100 yards.
- LR 2.2.2 The Individual Championship will be decided on the aggregate scores achieved at both distances.

#### LR 3 Additional Events

The following additional competitions will be staged during the course of the Championships:

- LR 3.1 University Women's Individual Championship. Combined aggregate of 80 shots, concurrent with LR 2.2.
- LR 3.2 University Pairs competition, open to two competitors from the same University. Combined aggregate of 40 shots at 50 metres, concurrent with LR 2.2.
- LR 3.3 University Ladies Triad. Open to three female students from the same University. Combined aggregate of 40 shots — 20 at 50 metres, 20 at 100 yards.
- LR 3.4 University Quartet. Open to teams of four from the same University. Combined aggregate of 40 shots at 100 yards.
- LR 3.5 Home Countries. Open to teams of ten from each of the Home Countries. Combined aggregate of 20 shots at 50 metres.

#### LR 4 Regulations

##### LR 4.1 Rifles and Ammunition

- LR 4.1.1 Any small-bore rifle and open or aperture sights as defined within the NSRA Rules and Regulations.
- LR 4.1.2 Ammunition shall be supplied by competitors. Small quantities may be available for purchase on the range from the organisers, but this cannot be guaranteed.
- LR 4.2 Practice shooting will not be permitted.
- LR 4.3 The 'three card' system will be used throughout the competition. Firing points will be allocated by the Range Officer on the day.
- LR 4.4 Any special conditions relating to the Championship Meeting will be published in the entry forms and Championship circulars prior to the event.

#### LR 5 Trophies and Awards

##### LR 5.1 Team Championship

- LR 5.1.1 The championship team will hold the Scotsman Trophy for one year. In addition each member of the winning team will receive a BUCS gold medal.
- LR 5.1.2 Each member of the Runners-up team will receive a BUCS silver medal.
- LR 5.1.3 Each member of the Second Runners-up team will receive a BUCS Bronze medal.

##### LR 5.2 Individual Championship

- LR 5.2.1 The individual champion will hold the Colonel Thomas Sutton Trophy for one year. In addition the individual champion will receive a BUCS gold medal.
- LR 5.2.2 The champion Runner-up team will receive a BUCS silver medal.
- LR 5.2.3 The champion Second Runner-up team will receive a BUCS Bronze medal.

##### LR 5.3 Individual Women's Championship

- LR 5.3.1 The individual women's champion will hold the Caledonian Trophy for one year. In addition the individual champion will receive a BUCS gold medal.
- LR 5.3.2 The women's champion Runner-up team will receive a BUCS silver medal.
- LR 5.3.3 The women's champion Second Runner-up team will receive a BUCS Bronze medal.

##### LR 5.4 University Pairs Competition

- LR 5.4.1 The winning pair will hold the Pairs Trophy for one year. In addition each member of the pair will receive a BUCS gold medal.
- LR 5.4.2 The Runners-up pair will receive a BUCS silver medal.
- LR 5.4.3 The Second Runners-up pair will receive a BUCS Bronze medal.

##### LR 5.5 Ladies Triad Competition

- LR 5.5.1 The winning ladies triad will hold the Triad Trophy for one year. In addition each member of the triad will receive a BUCS gold medal.
- LR 5.5.2 Each member of the ladies triad Runners-up team will receive a BUCS silver medal.
- LR 5.5.3 Each member of the ladies triad Second Runners-up team will receive a BUCS Bronze medal.
- LR 5.6 **Quartet Competition**
- LR 5.6.1 The winning quartet will hold the Quartet Trophy for one year. In addition each member of the quartet will receive a BUCS gold medal.
- LR 5.6.2 Each member of the quartet Runners-up team will receive a BUCS silver medal.
- LR 5.6.3 Each member of the quartet Second Runners-up team will receive a BUCS Bronze medal.
- LR 5.7 **Home Countries Competition**
- The winning Home Countries team will hold the Home Countries Universities Small-bore International Trophy for one year. In addition each member of the Home Countries team will receive a NSRA gold plaque.

**TEAM LEAGUE COMPETITION****TL 1 Technical Rules – Small-bore**

Except where otherwise provided for in the conditions of the competitions as set out in the programme, the Championships shall be held under the Rules of the National Small Bore Rifle Association (NSRA).

**TL 2 Rules****TL 2.1 Team Composition**

TL 2.1.1 University teams will consist of six nominated members, all of whom must be student members of University OR College small-bore rifle clubs affiliated to the NSRA, or students who are individual members of the NSRA.

**Match Conditions**

TL 2.1.2 Team members will shoot 10 shots each round at 15, 20 or 25 yards or 25 metres at proportional NSRA 1989 pattern British Match targets. Competition stickers will be issued which must be affixed to the front of the targets by a club official prior to shooting. All members of a team must shoot on the same range.

TL 2.1.3 All cards for a team must be shot on the same range and on the same day.

TL 2.1.4 The leading teams, on aggregate score, after Round 5 of the league will be called forward to compete in the BUCS short range championships (See below).

**Witnessing**

TL 2.1.4 Shot cards must be signed by the competitor after shooting and witnessed and dated by an authorised witness in accordance with NSRA Rules 7.5 and 7.6.

**Return of Cards**

TL 2.1.5 Shot cards must be received by the appointed scorer no later than the Saturday following the last date for shooting that round. Dates will be published when the entry is known.

**TL 3 Awards****TL 3.1 Trophy and Awards**

TL 3.1.1 The winning team of Division 1 will hold the Sir Lionel Fletcher Rose Bowl for one year. In addition each member of the winning team will receive NSRA medals.

TL 3.1.2 Each member of the winning team will receive NSRA medals. The Runners-up team in each Division will receive a certificate.

**BUCS TOP 20 COMPETITION****TT 1 Technical Rules – Small-bore**

Except where otherwise provided for in the conditions of the competitions as set out in the programme, the Championships shall be held under the Rules of the National Small Bore Rifle Association (NSRA).

**TT 2 Rules**

TT 2.1 Individual competitors must be a student member of University OR College small-bore rifle clubs affiliated to the NSRA, or students who are individual members of the NSRA.

**Match Conditions**

TT 2.1.2 Each competitor will shoot up to 5 sets of cards, with the best 4 sets to count for the competition. Each set will consist of 20 shots, 10 each at 15, 20 or 25 yards or 25 metres at two proportional NSRA 1989 pattern British Match targets. Competition stickers will be issued which must be affixed to the front of the targets by a club official prior to shooting. Competitors must shoot a minimum of 4 sets of cards for scores to count.

## SPORTS SPECIFIC REGULATIONS

TT 2.1.3 The leading twenty competitors, leading six ladies and leading four Freshers after Month 4 of the competition will be called forward to compete in the BUCS short range championships (See below).

### Witnessing

TT 2.1.4 Shot cards must be signed by the competitor after shooting and witnessed and dated by an authorised witness in accordance with NSRA Rules 7.5 and 7.6.

### Return of Cards

TT 2.1.5 Shot cards must be received by the appointed scorer no later than the 7th of the month following the last date of shooting (last day of the month) i.e. if last date of shooting is 31 Dec, cards must be with the scorer by 7 Jan.

## TT 3 Awards

### TT 3.1

#### Trophy and Awards

TT 3.1.1 The winning individual will receive a NSRA/BUCS Gold Wire Badge.

TT 3.1.2 The Runner-up will receive a NSRA/BUCS Silver Wire Badge.

TT 3.1.3 Competitors placed 3 – 20 will receive a NSRA/BUCS Top Twenty badge.

## BUCS SHORT RANGE CHAMPIONSHIPS

(Held as part of the BUCS Annual Championships)

### SR 1 Technical Rules – Small-Bore

Except where otherwise provided for in the conditions of the competitions as set out in the programme, the Championships shall be held under the Rules of the National Small Bore Rifle Association (NSRA).

### SR 2 Championships

#### SR 2.1 Team Knockout

SR 2.1.1 A University team shall consist of six nominated members.

SR 2.1.2 Each team member will fire 20 shots, 10 each at 25 yards at two proportional NSRA 1989 pattern British Match targets. Competitors will have 10 minutes to fire each card (including sighters).

SR 2.1.3 The Team Championship will be decided on the aggregate scores of the six members of each team.

SR 2.1.4 The competition will be run on a knockout basis. Teams will be drawn against each other for the first round of the knockout. The team scoring the highest aggregate score will progress to the next round of the competition.

#### SR 2.2 Individual

SR 2.2.1 Competitors will fire 40 shots, 10 each at 25 yards at four proportional NSRA 1989 pattern British Match targets. Competitors will have 10 minutes to fire each card (including sighters).

SLR 2.2.2 Competitors in the Women's and the Freshers competitions will fire the same match conditions as the Men's competition.

### SR 3 Regulations

#### SR 3.1 Rifles and Ammunition

SR 3.1.1 Any small-bore rifle and open or aperture sights as defined within the NSRA Rules and Regulations.

SR 3.1.2 Ammunition shall be supplied by competitors. Small quantities may be available for purchase on the range from the organisers, but this cannot be guaranteed.

SR 3.2 Practice shooting will not be permitted.

SR 3.3 Firing points will be allocated by the Range Officer on the day.

SR 3.4 Any special conditions relating to the Championship Meeting will be published in the entry forms and Championship circulars prior to the event.

### SR 4 Trophies and Awards

#### SR 5.1 Team Championship

SR 5.1.1 The championship team will hold the Aberdeen Cup for one year. In addition each member of the winning team will receive a BUCS gold medal.

SR 5.1.2 Each member of the Runners-up team will receive a BUCS silver medal.

SR 5.1.3 Each member of the Second Runners-up team will receive a BUCS Bronze medal.

#### SR 5.2 Individual Championship

SR 5.2.1 The individual champion will receive a BUCS gold medal.

SR 5.2.2 The individual Runner-up will receive a BUCS silver medal.

SR 5.2.3 The individual Runner-up team will receive a BUCS Bronze medal.

#### SR 5.3 Individual Women's Championship

SR 5.3.1 The individual women's champion will receive a BUCS gold medal.

SR 5.3.2 The individual women's Runner-up will receive a BUCS silver medal.

SR 5.3.3 The individual women's Second Runner-up team will receive a BUCS Bronze medal.

- SR 5.4 **Individual Fresher's Competition**  
 SR 5.3.1 The individual fresher's champion will receive a NSRA gold plaque.  
 SR 5.3.2 The individual fresher's Runner-up will receive a NSRA gold plaque.  
 SR 5.3.3 The individual fresher's Second Runner-up will receive a NSRA bronze plaque.

**FULL BORE**

A Full Bore Rifle competition will be offered on an annual basis in conjunction with the NRA and the annual Imperial Meeting.

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**ROWING**


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All rules are as per the British Rowing Rules of Racing and "Row Safe" with notable exceptions.

**ROW 1 Definitions**

- ROW 1.1 **Beginner:** (VL points awarded) – Only open to students in their first year of rowing, regardless of discipline. No funded athletes may compete. (where a funded athlete is defined as an individual who receives direct / individual funding... not someone who happens to be part of a funded coaching programme).
- ROW 1.2 **Intermediate:** (VL points awarded) - Any crew from any university can enter. No athletes who have raced in Championship of that boat type at that event can race.
- ROW 1.3 **Championship:** (VL & BUCS points awarded) - Open to all. If there is an Intermediate event in that category then only one entry per university. If no Intermediate event then multiple entries are permitted from one university, but **only** the highest placed crew receives the BUCS points. All crews will receive VL points. No athletes who have raced in Intermediate of that boat type at that event can race.
- ROW 1.4 Students cannot compete in both Intermediate and Championship statuses in the same boat type, for example, a student in an I4+ can not race in a C4+. N.B. students may race in 4+ and 4- at different statuses
- ROW 1.5 **Lightweights:** as a championship event a lightweight competing as such may not enter a Beginner or Intermediate event of the same boat type.
- ROW 1.6 Institutions may enter boats into the Intermediate category without entering a Championship boat.

**ROW 2 Weights**

- ROW 2.1 **Coxswains:**  
 Women's crews: 50kg  
 Men's crews: 55kg
- ROW 2.2 **Lightweight's:**  
 Head weight: Men 75kg, Women 61.5kg  
 Regatta weight: Men 72.5kg, Women 59kg
- ROW 2.3 N.B. Lightweight crews are not averaged. The lightweight weigh-in will be from two hours before the beginning of the racing day up to 1 hour prior to the published start time of each category. If racing in more than one lightweight event the competitor need only weigh in once. Crews need to weigh in all together. All Lightweight rowers must produce photo identification at weigh-in.

**ROW 3 Substitutions**

- ROW 3.1 A reserve list must be completed in addition to an Institutions' entries – there will be no charge for reserve names, but the inclusion of an individual on the reserve list allows event organisers to accept that individual being substituted into a boat with the confidence of insurance cover via the Athletic Union.
- ROW 3.2 An unlimited number of substitutions can be made up until before the crew's first race. However, these substitutions must be made from either the reserve list or between already competing crews (as long as this does not contravene any existing regulations regarding doubling up). Failure to adhere to this regulation will result in a fine.

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**RUGBY FIVES**


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**Competition Structure**

- RUF 1 The championships will be played under the Rules of the Rugby Fives Association. A Singles Championship; Doubles Championship; and Plate events (in both disciplines) will all be held. The Events are for Male Competitors. The format for both Singles & Doubles events will be full Championship play (knock-out) i.e. the best of 3 games up to 15 points, in all rounds. Plate events will have a reduced scoring system, depending upon the time and courts available, except for the Finals. A Round Robin event is likely initially in the Plates in order to give the maximum opportunity of play to competitors.

## SPORTS SPECIFIC REGULATIONS

### RUGBY LEAGUE

- RUL 1** A Men's Rugby Football League Championship shall be conducted under the Laws of the Rugby League and shall be organised on behalf of BUCS by the Student Rugby League Committee. All competition regulations will be endorsed by BUCS.
- RUL 2** **Competition Structure**  
The 'Super 8' will act as Rugby League's premier division with the National North and National South leagues sitting beneath it. The remaining teams will play in the Regional Divisions. At the end of the 10 round regular season the top 4 placed Super 8 teams along with teams finishing 1st and 2nd in the two National divisions will compete in the Championships (should a '2nd' team finish in 1st or 2nd place in the National Divisions they will not be permitted to compete in the Championships and their place will be taken by the next highest placed team). The bottom 4 placed Super 8 sides, along with the sides finishing 3rd and 4th in the National Divisions as well as those winning their regional divisions will compete in the Trophy. The teams that finish in 5th and 6th position in the two national leagues along with all of the teams that finish 2nd 3rd 4th in the Regional Divisions will compete in the Shield with the remaining teams competing in the SRL Plate competition.
- RUL 3** **Match Officials**  
The SRL will appoint match officials for all Rugby League Fixtures where possible. The Match Official will return the team sheet to the SRL office, failure by either team to complete their section of the team sheet will result in sanctions being imposed by the SRL.
- RUL 4** **Tie in Knock out and play off matches**  
If at the end of a match the teams are tying, a period of ten minutes each way with a one minute interval shall be played. If the teams are still tying at the end of extra time an extra period of Golden point should be played where the team to score in any fashion first shall win the match. If in the opinion of the referee, extra time can not be played the team that has scored the most tries will win. If both teams have scored the same amount of tries then the visiting team shall be awarded the match.
- RUL 5** **Replacements**  
In all Super 8 fixtures and all play off games the maximum amount of replacements per team will be four. In all league fixtures, teams may use as many replacements as they wish providing that both teams are in agreement. If teams are in dispute then they should revert to four replacements each team.
- RUL 6** **Representative commitments**  
When four or more players are involved in an SRL representative fixture the institution concerned shall be able to postpone the fixture until after the match concerned, but on or before the following Wednesday.

### RUGBY UNION

The Rugby Football Union Championships shall be conducted under the Laws of the International Rugby Board and the games played under the Laws of the Game Rugby Union. With regards to specific competition rules the interpretations that apply shall be those applicable to the senior national knockout cup for the knockout rounds and RFU Premier League competition for all leagues (Men + Women). Note specific Women's regulations below. Disciplinary issues shall be conducted under the specific Disciplinary Regulations below (RUU 14).

- RUU 1** **Competition Structure**  
There shall be a two-tiered Premier League for Men 1st XV's. This will consist of the best 28 teams split into four leagues – Premier North A, Premier North B, Premier South A and Premier South B. The remaining teams will compete in the Conference leagues. Women's teams will compete in Premier Leagues and Conference leagues.
- RUU 2** **Premier League Requirements**
- RUU 2.1** Playing facilities should be of an appropriate quality for Premier League matches and should comply with national governing body regulations for matches of this standard. Pitches should, as a minimum, be roped off to a distance of 3 metres to prevent spectator encroachment.
- RUU 2.2** Post protectors must be available and in place.
- RUU 2.3** For each Premier League A Men's Rugby Union match, either the RFU central appointments body or the local appointments body will appoint the referee and where possible touch judges. Total costs for these officials shall be covered by the home institution. The host institution is responsible for confirming that these appointments have been made and for contacting the officials concerned with match information. For other Premier League matches, host institutions must provide an appropriately qualified and neutral referee. The host institution is also responsible for the provision of 2 touch judges.
- RUU 2.4** **Glass Ceiling.** A glass ceiling has been implemented between Premier A and Premier B to

allow 2nd teams to progress to Premier B and no further. A glass ceiling is retained between Premier B and Tier 1 preventing 3rd teams and below from progressing to Premier B.

### Competition Regulations

#### RUU 3 Officials

In the men's and women's Championship Knockout competition, from the semi-finals onwards officials will be organised by BUCS (where possible).

#### RUU 4 Tie on Points in a League

In the event of a tie on points for the leadership of a league the procedure shall be as detailed in **REG 9.9**.

#### RUU 5 Tie in Knockout Rounds or Quarter-Final Matches

If at the end of a match the teams are tying, a period of extra time of ten minutes each way with an interval of one minute shall be played. If the teams are still tying at the end of that period of extra time, then the team that has scored the most tries shall go forward to the next round. If this does not produce a result, the team that has scored most goals from tries shall go forward into the next round. If a result is still not forthcoming, the visiting team shall go forward into the next round. If, in the opinion of the referee, extra time cannot be played, then the above regulation shall be applied to the score standing at the end of normal playing time.

#### RUU 6 Tie in the Semi-Final Matches

RUU 6.1 If at the end of the match, the teams are tying, a period of extra time of ten minutes each way with one minute interval shall be played. If the teams are still tying at the end of that period of extra time, then the team that has scored most tries shall go forward into the final. If this does not produce a result, the team that has scored most goals from tries shall go forward into the final.

RUU 6.2 If this does not produce a result each team, as represented by the players on the pitch at the conclusion of the match, in an order to be decided by the Captain, and alternately with the opposing team, shall take penalty kicks from the centre point of one 22m line, to be decided by the referee. After five players from each team have completed the kicks the team who has scored one more goal than its opponents, shall go forward to the final. If the teams are still tying the captain will nominate a player one at a time until one team scores and the other misses.

#### RUU 7 Tie in the Final

RUU 7.1 In the Final, if at the end of 40 minutes each way the scores are equal there shall be an immediate period of extra time of ten minutes each way with a one minute interval. If the scores remain equal then the winning team will be decided by application of:

RUU 7.1.1 Most tries scored.

RUU 7.1.2 Most goals from tries.

RUU 7.1.3 Finally if scores remain equal the Championship shall be shared.

#### RUU 8 Interval

In all matches the interval between halves shall be of five minutes duration. BUCS reserves the right to increase the duration in a Championship Final.

#### RUU 9 Replacements

RUU 9.1 In Men's and Women's 1st XV Premier Leagues and Tier 1 Leagues, a maximum of seven replacements per team may be in attendance and used. At least five of the nominated squad (irrespective of squad size, but maximum 22) must be able to play in front row positions.

RUU 9.2 In Men's and Women's leagues below Tier 1 level, a maximum of four replacements may be used. The number of suitably trained and experienced front row players of the nominated squad (maximum 19 players) must conform to the following IRB Regulations:

<b>No. of Players</b>	<b>No of Suitably Trained &amp; Experienced Players</b>
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referred to the Sports Programme Manager for review and sanction as appropriate.  
 RUU 11.8 If a league or cup match is played with uncontested scrums the home team must inform the BUCS Sports Programme Manager for Rugby Union.

#### RUU 12 Women's Rugby Player Matching

RUU 12.1 Tier 1 & below. All matches must be played with equal numbers on each team. This must be either 15, 14, 13, 12 – a – side.

RUU 12.2 For all matches played between 15 and 12-a-side the length of the match will remain at 80 minutes

RUU 12.3 The minimum number of players required per team is 10 players. Player matching will not be enforced below 12 players therefore matches can be played with 12v11, 12v10 or 11v10 players. (For matches played between 12 and 10-a-side, the duration of the match will be reduced to 60 minutes)

RUU 12.4 For all matches played between 12 and 10-a-side the length of the match will be reduced to 60 minutes.

#### RUU 13 Communication

RUU 13.1 In the event that teams require to use the player matching regulation or request either IRB U19 scrummage regulations or uncontested scrums, it will be the responsibility of the team who are using one of the women's variations e.g. player matching or U19 uncontested scrummage to communicate their request to their opposition irrespective if they are the home or away team. Communication with the opposition must be in writing and received by the opposition 24 hours from the scheduled match start time. Both teams must also inform the referee before the start of the match.

#### RUU 14 Disciplinary Regulations

All matches are played under the auspices of the International Rugby Board. However the overarching jurisdiction for each game rests with the home Union in which the relevant match is played and Clubs should be aware of the different regulations in place for each of the home Unions.

RUU 14.1 **Sendings off.** A sending off report shall be initiated by the relevant match official in each case where a player is sent off (red card) and this should be forwarded to the home union point of contact who will in turn send it, if appropriate to the Union to which the Club is affiliated. It is for that Union to take action as appropriate.

RUU 14.2 **Citings.** All citings should be forwarded to the individual home Union in which the match was played and the timescales pertinent in that country are binding to those teams playing. The citing should contain:

- Details of teams participating.
- Location and date.
- Name of player(s).
- Details of allegation and which law contravened.
- Witness statements, match footage, injury photographs and medical report and prognosis if applicable.

The contacts and citing timelines at the respective unions can be found in the seasons information document on the BUCS website.

#### RUU 15 Deliberate Regulation Manipulation

If there is evidence that institutions are abusing the system and using the regulations outside of the spirit of the game to gain an unfair advantage, they can be reported to the BUCS disciplinary panel.

#### RUU 16 Representative Commitments

When three or more players are selected for a National Governing Body senior side (Full, A, U21, Students, Universities or Women's Elite, Academy or U20's), the institution concerned shall be able to



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## SPORTS SPECIFIC REGULATIONS

postpone the fixture to an agreed date within the qualifying period. For league fixtures the qualifying period ceases on the published cut off date. For knockout fixtures the qualifying period is such that the following round will take place on the published date. This ruling shall not apply to any of the finals.

### RUU 17 Men's and Women's 7-a-Side Championships

Men's and Women's Seven-a-Side Championships will be held annually at a venue to be decided by the BUCS Office. The tournament shall be run in accordance with rules set out in the IRB Handbook and sent out prior to the competition.

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## SAILING

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The following Championships will be offered each year and will be reviewed annually. They will be held under the International Racing Rules of Sailing, RYA Racing Charter and will be subject to the Notice of Race and Sailing Instructions for each individual event. With the exception of the Fleet Racing Championships, the remaining events are operated by the British Universities Sailing Association and endorsed by BUCS.

### SAI 1 Team Racing Championships

An Open Championships will be held annually and a Ladies Championship may be held at the discretion of the British Universities Sailing Association. Each team shall consist of six competitors. They will qualify through the national league system as published by the British Universities Sailing Association annually.

### SAI 2 Match Racing Championships

There will be a Match Racing Championships held annually.

### SAI 3 Fleet Racing Championships

There will be a Fleet Racing Championships held annually. It will be held in the following classes: Laser, Firefly, Fast Handicap and RS 200 (subject to numbers).

### SAI 4 Yachting National Racing Championships

There will be Yachting Racing National Championships held annually. Each team shall consist of a minimum of 8 competitors (two of which must be female).

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## SNOOKER

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The Snooker regulations are under revision and will be uploaded at [www.bucs.org.uk/snooker](http://www.bucs.org.uk/snooker) in due course.

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## SNOWSPORTS

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SNW 1 Team and Individual Championships shall be offered under rules reviewed annually by BUCS.

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## SQUASH

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The Squash Championships shall be conducted in accordance with the Rules of the World Squash Federation (WSF).

### Team Championship

SQU 1 There shall be separate Team Championships for Men and Women. No player may play in a team of the opposite gender.

### SQU 2 Competition Structure

Eight Men's and eight Women's teams, selected on merit, will compete in the Premier League, the remainder to participate in the Conference Leagues.

### SQU 3 Team Format

SQU 3.1 Men's Premier League, Tier One and Tier Two teams shall consist of 5 players. Men's Tier Three teams and below shall consist of 3 players.

SQU 3.2 Women's teams will consist of 4 players.

SQU 3.3 All squads must submit their ranking lists by **5pm on Tuesday 18 October 2011**. All rankings will be published on the BUCS website. Failure to submit a squad list by the above date will lead to a **deduction of 1 league point** and, possibly, further disciplinary action. Squads may re-rank players but this must be done between 1 and 31 January 2012. In exceptional circumstances a team may submit a request for an additional re-rank during the season to be considered.

SQU 3.4 Playing out of rank order or not declaring ranking in genuine order of playing standard will be considered as misconduct.

SQU 3.5 Three player teams will only be promoted to a Tier where teams of five players are required if they are able to guarantee five players for the following season.

SQU 3.6 In knockout rounds, Women's teams will consist of 4 players. Men's team shall be 5

players in the Championship and Trophy, generally be 5 players in the Conference Cup, unless one or both teams involved in match are from Tier Three or below, then 3 players (unless both teams agree to play with 5 players).

#### SQU 4 Player Restrictions & Ranking Lists

- SQU 4.1 All players must play in rank order at all times. Please note **REG 7.5** - each team should be selected as though the other teams would be playing in a match of equal importance at the same time.
- SQU 4.2 Full squad ranking list must be submitted to the BUCS office before the start of the season for each university via email only.

#### SQU 5 Booking Guidelines

Failure to book the minimum prescribed below will result in the home team forfeiting any rubbers not completed should the match not be completed.

No of players	5	4	3
1st Court	2hrs	1½hrs	2hrs
2nd Court	2½hrs	1½hrs	1hr

#### SQU 6 Match Scoring & Scorecards

- SQU 6.1 Each player shall play the correspondingly ranked player of the opposing team, for the best of five games. The team winning the majority of individual matches shall be the match winners.
- SQU 6.2 Incomplete Fixtures - In the event of a fixture being incomplete due to a late start, with a team at fault, their opposition may claim any rubbers not completed or unplayed.
- SQU 6.3 Scorecards – The home team are required to complete and send to the BUCS office and away team the official BUCS Squash Scorecard (available from the BUCS Squash webpages). The Squash Advisory Group will undertake spot checks of scoresheets to ensure ranking lists are being adhered to. Scoresheets will also be used to grade players in the Individual Championships. Failure to send in at least 50% of fully completed home league scoresheets to the BUCS office will result in a **deduction of 1 league point**.

#### SQU 7 Rules

- SQU 7.1 All matches shall be played according to WSF Governing Body rules and regulations.
- SQU 7.2 The Dunlop Revelation Double Spot or an alternative WSF approved ball shall be used.
- SQU 7.3 For all matches, PAR 11 will be played for both men and women. This is true for the league programme and the Championship, Trophy and Conference Cup matches.

#### SQU 8 Order of Play

All matches must be played in the following order:

No of players in team	5	4	3
1st Court	String 5 then 4	4 then 2	3
2nd Court	3 then 1 then 2	1 then 3	1 then 2

#### SQU 9 Conference Leagues

- SQU 9.1 In the event of a tie on points for the leadership of a Conference League the procedure shall be as detailed in **REG 9.9**.
- SQU 9.2 Eight teams from the Conference Leagues shall proceed to the last 16 stage of the Championship draw (including Scotland), where the teams shall be seeded according to respective league results.

#### SQU 10 Championship Semi-finals and Final Matches

Semi-finals and Finals shall be played on successive days at a venue and dates to be decided by BUCS.

#### SQU 11 Premier League Competition

##### SQU 11.1 Competition format

The Premier League shall be played in two stages. Each stage shall be completed during a weekend competition involving three matches per team using the same format as England Squash's inter-county Championship.

- SQU 11.2 For Stage 1, the eight Premier League teams (incorporating England, Wales and Scotland) shall be divided on a broadly geographical basis into northern and southern groups of four teams each (on the basis of minimising travel distance/time as a prescribed method of deciding upon the composition of the two groups).

- SQU 11.3 Venues shall be selected on the basis of facility availability / cost and reasonable travel time for teams. Wherever possible, both Men's and Women's events shall be played at the same venue in each of the north and south groups.

- SQU 11.4 Following completion of the first stage, the top two teams from each group shall form a new group of four teams to play-off for the Premier League title during the second stage weekend. The bottom two teams shall form a new group of four teams to play-off for the places five to eight.

- SQU 11.5 All eight teams shall progress to the BUCS Championship knockout stages, where they will

## SPORTS SPECIFIC REGULATIONS

- be placed at the last 16 stage according to their finishing position in the Premier League.
- SQU 11.6 **Promotion to and Relegation from the Premier League**  
Premier League 1,2,3 guaranteed 4,5,6,7,8 play against Tier 1 qualifiers in last 16 of knock outs. Winners of first round Championship knockout to become the Eight Premier League teams for following season.
- SQU 11.7 Players retiring during a match may not play again in the same weekend. The only exception to this rule is if the cause of retirement is considered transitory (e.g. nose bleed, cramp, migraine, vomiting) and that the player has recovered fully for their next match. If the player then retires during a second match, their string and all strings below them shall be forfeited.

### Individual Championship

#### SQU 12 Events

Individual Championships for Men and Women will be held annually.

#### SQU 13 Entries

SQU 13.1 Each University may enter an unspecified number of competitors. There shall be paid, on behalf of each competitor, an entry fee to be determined annually.

SQU 13.2 Entries may be restricted should they exceed the capacity of the event.

#### SQU 14 Competition Format

In order to accommodate the large numbers of individual entries, the entries will be distributed into an appropriate number of graded-type draws based upon the information on playing standard provided on the entry form.

#### SQU 15 Rules

SQU 15.1 The draw shall be made in the presence of a neutral referee.

SQU 15.2 Players will be seeded according to governing bodies recommendations and results in the current season's BUCS Team Championships as well as details of current form/playing standard provided by players on their entry form.

SQU 15.3 Wherever possible players from the same University shall be placed in different quarters of the draw.

SQU 15.4 The Tournament shall be played on a straight knockout basis.

SQU 15.5 Each match shall be the best of five games.

SQU 15.6 Where possible, a plate shall be held for first match losers in the qualifying events.

SQU 15.7 The Dunlop Revelation Double Spot or a WSF approved ball shall be used.

SQU 15.8 For all competitors under 19 years of age, eye protectors must be worn for all matches, as per England Squash regulations.

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## SURFING

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### SUR 1 Event judging criteria

SUR 1.1 A surfer must perform radical controlled manoeuvres in the most critical sections of a wave with speed, power and flow to maximise scoring potential. Innovative and progressive surfing as well as variety of repertoire (manoeuvres) will be taken into consideration when awarding points for waves ridden. The surfer who executes these criteria with the maximum degree of difficulty and commitment on the waves shall be rewarded with the highest scores.

### SUR 2 BSA Competition Rules

SUR 2.1 Heats will be started on a single horn blast. Competitors to be standing at the water's edge, knee depth maximum. Water starts may be permitted at the discretion of the Contest Director, but competitors must not infringe on the contest area.

SUR 2.2 Heats will end with two horn blasts. There will be a minimum of 30 seconds between heats. The head judge will indicate when a heat is to commence.

SUR 2.3 A flag or disc system will also be used, with one flag raised at the start of a heat. With 5 minutes to go, a different coloured flag will also be raised. At the end of a heat, both flags will be lowered.

SUR 2.4 If a disc system is used the disc must be 1 metre in diameter. It must have a light colour on one side and a darker colour on the other. The dark colour indicates that the heat is in progress. The light side is shown to indicate that the heat is in its last 5 minutes. At the end of the heat the disc is turned edge – on to the sea so that no colour is visible. **N.B. The start of the horn blast signifies the start or end of the heat. The flags or disc are for guidance only.**

### SUR 3 Heats

SUR 3.1 Heats will normally be of 15-20 minute duration and finals 20-30 minutes duration. The Contest Committee will determine heat times. Any alterations will be announced

- before a heat commences. A heat cannot be extended while in progress.
- SUR 3.2 The Contest Committee will decide how many waves will count towards a surfers score. NORMALLY it will be the best two waves.
- SUR 3.3 Competitors in heats may only ride 12 waves and should leave the water after doing so. The penalty for riding more than 12 waves will be a five point deduction from their total score for each extra wave ridden.
- SUR 3.4 A surfer who has ridden more than 12 waves may also be liable to an interference penalty if they remain in the water and interfere in any way with the other competitors in that heat. Finalists (but not quarter or semi finalists) may ride 15 waves.
- SUR 3.5 When the air horn sounds for the end of a heat a surfer must be clearly in possession of the wave (e.g. for board riders hands having left the rails) for a ride to be scored.
- SUR 3.6 When heats are in progress, and at the beginning of the days surfing, any surfer in the defined competition area may be penalised. The penalty will be immediate disqualification.
- SUR 3.7 Contestants are to check in with the Beach Marshall at least five minutes prior to the start of their heat. Singlets are to be worn both from and back to the Beach Marshall and must be returned immediately after the heat has been concluded.
- SUR 3.8 At the completion of each heat, surfers will return to the beach in a prone position. A surfer will incur an up-after penalty if he/she stands up after the end of their heat and remains standing into the next heat. If they drop to a prone position or pull out before the start of the next heat that wave will not score and neither will they be penalised. If a surfer stands up before the end of their heat they may finish their ride and be scored for it even if it ends after their heat has ended and/or the next heat has begun.
- SUR 3.9 Heats will normally be made up from a maximum of four surfers, although five man heats may be used. A minimum of 50% of the surfers will normally advance.

**SUR 4 Judges**

- SUR 4.1 Judges and tabulators sheets will be available for scrutiny by competitors, but must not be removed from the contest control area.
- SUR 4.2 Judging panels for each heat will consist of three, four or five judges who will be rotated. Each judging panel will officiate under the control and direction of a head judge.
- SUR 4.3 Judges will score each ride out of 10 points with .1 increments (from 0.2 to 10).
- SUR 4.4 A ride will commence when a competitor's hands leave the rails (board riders). In the case of kneeboards when the rider moves to his knees and in the case of bodyboarders when the rider has completed one manoeuvre.
- SUR 4.5 Judges should check in to the head judge at least 10 minutes prior to the start of their judging session. This allows time to get a realistic view of the conditions.
- SUR 4.6 The name/number of the judge together with the division, event and heat number should be entered in the appropriate sections of the judging sheet before the heat commences.
- SUR 4.7 Judges sheets should be handed in promptly at the end of the heat.
- SUR 4.8 Judges should not tally the sheet or alter scores. If a score is unclear, or must be changed, blank out the square and use the next one. All alterations should be signed. N.B. if a judge thinks he has missed a score he must place an M in the appropriate block.
- SUR 4.9 Each judge must give 100% effort. Maximum concentration is essential to ensure personal bias is cut out and that top efficiency is reached. Judges should score every ride by each competitor.
- SUR 4.10 Where possible the judges to be used in the finals will be those who have shown the highest degree of consistency over the contest.
- SUR 4.11 Judges are responsible for ruling interference situations as described in a later section.
- SUR 4.12 Judges finishing their session should remain on hand until their last heat has been tallied in case of query or protests.

**SUR 5** Anyone who is guilty of unsportsmanlike conduct may be liable to disqualification at the discretion of the Contest Committee.

**SUR 6** Bodyboards will have the following attributes: they must be flexible and shall include some portion of soft exterior skin. They shall not exceed 5ft in length. The use of fins is optional.

**SUR 7** Longboards will have the following attributes

- i) A minimum length of 9ft measured in a straight line (with the board lying on the ground or standing against a wall but NOT measured over the curve of the rocker).
- ii) Overall plan shape of the board will be at least 47" measured by taking the width at the widest point and adding the width of the board 12" from the nose and 12" from the tail.
- iii) Longboards may have more than one fin.

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## SWIMMING

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BUCS will offer a team championship, as well as individual long and short course championship.

## SPORTS SPECIFIC REGULATIONS

### A Individual Swimming Championships

#### SWI 1

##### Entries

- SWI 1.1 Entries will not be accepted without an entry time for a swimmer or relay team.  
 SWI 1.2 Institutions may enter disabled (IPC Registered) swimmers in addition to any entry restriction imposed.
- SWI 1.3 Where an individual is forced to withdraw due to injury or illness, the institution may substitute with another swimmer named on the entry form. Such substitution must be made by 12noon on the day before the championships start, and must be accompanied by a doctors note.
- SWI 1.4 **Short Course Championships**  
 SWI 1.4.1 No restrictions on entries shall apply.
- SWI 1.5 **Long Course Championships**  
 SWI 1.5.1 Each institution may enter two competitors per event and one team in each relay event.  
 SWI 1.5.2 Each competitor will be restricted to three individual events  
 SWI 1.5.3 The organisation may restrict entries should demand exceed capacity. Should it be necessary to restrict entries one entry per institution will be guaranteed
- SWI 1.6 It is the responsibility of institutions to check the draft programme and notify alterations by the date publicised. An administration fee may be levied for changes/withdrawals. No alterations shall be permitted to be made to the draft programme after the publicised deadline

#### SWI 2 Registration

- SWI 2.1 Institutions are required to register with BUCS at the registration desk.  
 SWI 2.2 It is assumed that once registered, all swimmers entered in events will swim their race unless withdrawn in accordance with SWI 3.  
 SWI 2.3 Institutions failing to register will have all swimmers withdrawn on a session by session basis.

#### SWI 3 Withdrawals

- SWI 3.1 Withdrawals from races during the championship weekend will be made on the official form and submitted to the registration desk.  
 SWI 3.2 Withdrawals from heats will be accepted up to 1 hour before the start of the relevant heat session.  
 SWI 3.3 Withdrawals from finals will be accepted up to 30 minutes after the conclusion of the relevant qualifying heat session.

#### SWI 4 Events

- SWI 4.1 All individual and relay events will be decided by heats and finals, except for the 400m, 800m and 1500m Freestyle and the 400 Individual Medley  
 SWI 4.2 The 400m, 800m and 1500m Freestyle and the 400 Individual Medley will be decided on the principle of heat declared winner.  
 SWI 4.3 Heats and finals will be held in separate sessions.  
 SWI 4.4 Qualifying times may be set for some events.

#### SWI 5 Relays

Relay declarations shall be lodged with the BUCS registration desk prior to the start of the respective session.

#### SWI 6 Finals

- SWI 6.1 No more than two swimmers from the same institution shall be permitted to qualify to an individual final.  
 SWI 6.2 No more than one relay team from the same institution shall be permitted to qualify to a relay final.

#### SWI 7 Points

- SWI 7.1 Points will be awarded to the top ten swimmers from different institutions. Where more than one finalist is from the same institution, only the highest ranking will score points. The subsequent point scoring will be determined by the ranking in the heats.  
 SWI 7.2 In relay events points shall be doubled. Only the teams in the A final shall score points.

#### SWI 8 Top Awards

- SWI 8.1 There shall be an overall team championship to determine the overall winner for all male, female and combined teams at the short and long course championships

#### SWI 9 Top male and female performance

- SWI 9.1 At the short course and long course championships the best male and female performance will be each awarded a top performance trophy. The performances will be judged by points calculated using GB points.

#### SWI 10 Fines

If the following offences are committed the institutions shall be liable to the following fines:

Offence	Cash During Event	Late Payment
Not showing up for heat	£10	£15
Not showing up for final	£20	£30

Late withdrawal for heat	£10	£15
Late withdrawal for for final	£15	£25
Inappropriate behaviour	£30	£40

In addition, failure to finish inside a set qualifying time will incur a fine of £10.

#### SWI 11 Disputes

SWI 11.1 The Swimming Advisory Group reserve the right to alter the Swimming Regulations as necessary during the Championships and their decision on any disputes shall be final. BUCS Swimming Advisory Group

#### B Swimming Team Championship

#### SWI 12 The programme shall consist of the following events for Men and Women:

4 x 50m Medley Relay	4 x 1 Length Individual Medley
100m Freestyle	100m Butterfly
100m Backstroke	100m Breaststroke
200m Freestyle	50m Butterfly
50m Backstroke	50m Breaststroke
50m Freestyle	4 x 50m Freestyle Relay

#### SWI 13 Restriction

Each competitor will be restricted to three individual events per gala.

#### SWI 14 Organisation

- SWI 14.1 England / Wales shall be divided into two regions, which shall be the North and the South. Teams will compete in their allocated regions. The Scottish Universities shall organise the Scottish Team Championship.
- SWI 14.2 Each region shall be divided into three divisions, which shall be Divisions One, Two and Three. Divisions One and Two shall consist of a maximum of twelve teams, Division Three shall consist of a maximum of eighteen teams.
- SWI 14.3 Each division shall consist of one Regional Qualifying Round and a National Grand Final.
- SWI 14.4 Where an institution enters a 2nd team they should note BUCS Eligibility Regulations and in particular **REG 7**.

#### SWI 15 Conditions

- SWI 15.1 All new teams entering the Team Championship shall join Division Three.
- SWI 15.2 All participating teams MUST provide a timekeeper equipped with a stopwatch at BOTH the Regional Qualification Round and Grand Final.
- SWI 15.3 BUCS will make every effort to inform teams of the date and venue of qualifying round but it is the responsibility of the teams to confirm receipt of information.
- SWI 15.4 Host teams must forward results to BUCS within three days of the competition. They must also retain and keep safe any documentation (e.g. time sheets) until the end of the current academic year.
- SWI 15.5 Prior to the regional round each competing institution must submit a Squad Sheet listing all potential swimmers including reserves. This must be signed by the Athletic Union to verify eligibility. This sheet may be added to prior to the Final if required.
- SWI 15.6 A Team Sheet must be submitted to the organisers on the day of the Regional Round and the National Final at Registration detailing who will swim each event. Swimmers listed MUST be on the Squad Sheet signed off by their Athletic Union.
- SWI 15.7 Institutions are invited to organise Regional Qualification Rounds on behalf of BUCS. Host institutions will be responsible for the full conduct of the qualification rounds. A member of BUCS Staff and the Swimming Advisory Group will be available on the day should queries arise. Where a dispute arises, the decision of the referee must be accepted during competition, but a team may sign a 'playing under protest' form and make an appeal after the event as per BUCS general regulations.

#### SWI 16 Regional Qualification Round

- SWI 16.1 **Heat and Lane Draws**
- SWI 16.1.1 A draw shall be made at the start of the gala to decide the heat and the lane in which the teams shall compete.
- SWI 16.1.2 Any teams not present at the draw shall be allocated outside lanes of a gala.
- SWI 16.2 **Points & Positions**
- SWI 16.2.1 Finishing positions in each event shall be determined by the time achieved by each swimmer.
- SWI 16.2.2 Gala points shall be awarded as follows:  
Div 1 & 2 – 12 points for first place down to 1 point for last place.  
Div 3 – 18 points for first place down to 1 point for last place.
- SWI 16.2.3 Relays shall score double points.
- SWI 16.2.4 Failing to finish, failing to start an event and disqualification shall score zero.
- SWI 16.2.5 In the event of a tie a placings countback shall be used.

## SPORTS SPECIFIC REGULATIONS

### SWI 17 National Final

- SWI 17.1 **Qualification for a 10 Lane Final**  
The top four teams from Division One North and Division One South along with the top two teams in the Scottish Swimming Team Championship shall go forward to the Championship Final. The top five teams from Division Two North and Division Two South shall go forward to the Trophy Final. The top five teams from Division Three North and Division Three South shall go forward to the Shield Final.
- SWI 17.2 **Qualification for an 8 Lane Final**  
SWI 17.2.1 The top three teams from Division One North and Division One South along with the top team from the Scottish Swimming Team Championship shall go forward to the Championship Final. The 8th final place shall be given to the 4th placed team from either Division One North or Division One South with the greatest gala points at their Regional Qualification Round.  
SWI 17.2.2 The top four teams from Division Two North and Division Two South shall go forward to the Trophy Final. The top four teams from Division Three North and Division Three South shall go forward to the Shield Final.
- SWI 17.3 **Lane Draws & Order of Events**  
SWI 17.3.1 A draw shall be made at the start of the gala to decide the lanes in which the teams shall compete.  
SWI 17.3.2 Any teams not present at the draw shall be allocated outside lanes of the gala.  
SWI 17.3.3 For each event there will be six races, three races for each gender with one for each Final. The Shield races will be swum first followed by the Trophy and Championship races. For each event the three Women's races will be followed by the three Men's races.
- SWI 17.4 **Points**  
SWI 17.4.1 Gala points shall be awarded on the basis of ten points for a win to one point for 10th place in a ten lane final and eight points for a win to one point for 8th place in an eight lane final.  
SWI 17.4.2 Relays shall score double points.  
SWI 17.4.3 Failing to finish, failing to start an event and disqualification shall score zero.  
SWI 17.4.4 In the event of a tie a placings countback shall be used
- SWI 17.5 **Promotion and Relegation**  
SWI 17.5.1 Three teams from Division Two North and three teams from Division Two South shall be promoted to Division One for the next season (these will not necessarily be the top three from the qualifying round but shall be determined by finishing places at the National Final). The bottom three teams in Division One North and Division One South shall be relegated to Division Two for the next season.  
SWI 17.5.2 Three teams from Division Three North and three teams from Division Three South shall be promoted to Division Two for the next season (these will not necessarily be the top three from the qualifying round but shall be determined by finishing places at the National Final). The bottom three teams in Division Two North and Division Two South shall be relegated to Division Three for the next season.
- SWI 17.6 **Costs**  
SWI 17.6.1 Teams entered will pay a higher Entry Fee to BUCS to cover Regional Costs which will be paid centrally by BUCS.  
SWI 17.6.2 Teams which fail to participate in the regional round shall be liable to a fine of £50.

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## TABLE TENNIS

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ITTF Regulations for International Competition shall apply in all cases except for a small number of occasions where an alternative will be clearly stated.

### TAB 1 Competition Structure

- TAB 1.1 **Team Championship**  
TAB 1.1.1 Four men's teams will compete in the North and four teams will compete in the South Premier Leagues, the remainder will participate in the Conference Leagues. A women's competition will be run on a Conference league basis.  
TAB 1.1.2 The men's teams will consist of four players.  
TAB 1.1.3 The women's team will consist of a minimum of two players.
- TAB 1.2 **Men's Championship**

TAB 1.2.1 Each match shall consist of 17 sets, each individual playing four singles and one pair playing a doubles match.

TAB 1.2.2 The order of play shall be:

1st Round	2nd Round	3rd Round	4th Round
1 v 4	1 v 3	1 v 2	1 v 1
2 v 3	2 v 4	2 v 1	2 v 2
3 v 2	3 v 1	3 v 4	3 v 3
4 v 1	4 v 2	4 v 3	4 v 4

Followed by a doubles match between a pair of players from each team. The pair need not be nominated until the completion of the fourth round of singles. A match cannot be drawn.

TAB 1.3 **Women's Championship**

TAB 1.3.1 Each match shall consist of five sets, each individual playing two singles and one doubles.

TAB 1.3.2 The order of play shall be:

1 v 2  
2 v 1  
1 v 1  
2 v 2

One doubles match

The doubles pairing can be 1 and 2 and/or any other 2 players and need not be declared until after the 4th singles match.

TAB 1.3.3 A match cannot be drawn.

TAB 1.4 **Individual Championship**

TAB 1.4.1 An Individual Championship will be held annually for Men and Women in the following events.

Men's Singles  
Women's Singles  
Men's Doubles  
Women's Doubles  
Mixed Doubles  
Men's Plate  
Women's Plate

TAB 1.4.2 Entries. Each University may enter five guaranteed men and six guaranteed women and up to eight non guaranteed men and eight non guaranteed women competitors in all events. Paired couples in the doubles and mixed doubles must be members of the same university.

**TAB 2 Premier League Requirements**

TAB 2.1 Playing facilities must be booked for an appropriate length of time to allow for the full conclusion of the match. BUCS recommends that at least three hours are required on two available tables. Institutions failing to book sufficient time will be forfeit any rubbers that have not been completed within the allocated time.

TAB 2.2 Facilities and equipment should be of an appropriate quality for Premier League matches and should comply with national governing body regulations for matches of this standard. Specific notice should be paid to the quality and condition of the tables as well as the space around each table, the quality of lighting and the quality of nets. Notice should be given to national governing body lists for approved balls for each season.

**TAB 3 Competition Regulations**

TAB 3.1 **Team Championship**

TAB 3.1.1 **Sets & Games**

Each set shall consist of the best of five games. A game shall be won by the player or pair first scoring eleven points unless both players or pairs score ten points, when the game shall be won by the player or pair first subsequently scoring two points more than the opposing player or pair.

TAB 3.1.2 **Tie on Points in a League**

In the event of a tie on points for the leadership of a league the procedure shall be as detailed in **REG 9.9**.

TAB 3.1.3 **Semi-Final and Final Matches**

Championship semi-finals and Finals shall be played on the same day at a venue to be decided by BUCS.

TAB 3.2 **Individual Championships**

TAB 3.2.1 **The Draw**

## SPORTS SPECIFIC REGULATIONS

- a) The draw shall be made under the supervision of a neutral referee and Universities must include on the entry form details of past performances of their members for the guidance of the official making the draw. Whenever possible players from the same University shall be placed in different quarters of the draw.
- b) The tournament shall be conducted on the knockout principle except for the first stage of the Men's and Women's singles that shall be played on a group basis.
- TAB 3.2.2 **Sets & Games**  
Each set shall consist of the best of five games. A game shall be won by the player or pair first scoring eleven points unless both players or pairs score ten points, when the game shall be won by the player or pair first subsequently scoring two points more than the opposing player or pair.

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## TENNIS

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- TEN 1 Team Championships**  
There shall be separate Team Championships for men and women.
- TEN 2 Competition Structure**  
12 Men's and 12 Women's teams, selected on merit from the past year's Championship competition, will compete in the Premier Leagues, the remainder to participate in the Conference Leagues.
- TEN 3 Team Format**
- TEN 3.1 **Players**  
Each team shall consist of a minimum of four and a maximum of six players. Four players shall play one singles rubber each and the fifth and/or sixth players may be selected for doubles only.
- TEN 3.2 **Coaches**  
By mutual agreement each team may have their nominated coach sitting on court for any or all rubbers in the match. If a team does not have a coach with them then any team member not playing at the time may be nominated. Coaching advice can only be given during change of ends and the coach may only enter/leave the court during a change of ends.
- TEN 4 Match Format**  
Each match shall consist of two doubles rubbers and four singles rubbers.
- TEN 5 Court Bookings & Match Start Times**
- TEN 5.1 The following minimum court times MUST be booked by the host team for a fixture:  
Practice: 2 courts x 30 minutes, Doubles: 2 courts x 1.5 hours, Singles: 4 courts x 2 hours = Total: 12 court hours. Failure to book the minimum prescribed above will result in the home team forfeiting any rubbers not completed should the match not be finished.
- TEN 5.2 Matches are permitted to start before 1pm, contrary to usual BUCS start times – with the provision that this is by mutual consent in writing between the two Athletic Unions.
- TEN 6 Order of Play**  
Players shall compete in rank order i.e. 1, 2, 3, 4 singles; 1, 2 doubles. The doubles rubbers ordered 1v1, 2v2 should be played first, followed by the Singles rubbers which will be ordered 1v1, 2v2, 3v3, 4v4. Any proposed changes to the standard order of play must be agreed by both teams prior to play. (Please note that if matches are being played on three courts – teams may want to start by playing three singles matches in order to maximize court usage).
- TEN 7 Team Order**
- TEN 7.1 Ranking information must be submitted for all competing Institutions to the BUCS Office by the first league match of the season – failure to do so will result in a deduction of one league point and possible further disciplinary action.  
This ranking information will be available on the BUCS Tennis pages on the website for ease of reference.
- TEN 7.2 As of Season 11/12, British Tennis Membership (BTM) will be free to all students playing in BUCS matches and leagues. All players must have a BTM number to ensure that all individual match results can contribute to player LTA ratings and the leaderboard.
- TEN 7.3 Prior to the official start time of the match the team captains shall nominate their whole team of four to six players in singles order in bona fide order of merit. At this time only the doubles pairings need to be given, the singles players being nominated on conclusion of both doubles rubbers. Should it be agreed to play the singles rubbers first then these players are nominated initially with the doubles pairings being announced on conclusion of the singles. The order of merit shall be determined by:

- TEN 7.3.1 Doubles The bona fide order of merit shall be in accordance with a) combined current ATP/WTA doubles rankings for pairings where both players have a ranking b) individual current ATP/WTA doubles ranking for pairs where one player has a ranking c) the cumulative total of the singles positions of the players in each pairing. Where the total is the same, the pairing which includes the player who is nominated highest in the singles order shall be nominated as the first pair.
- TEN 7.3.2 The bona fide order of merit shall be in accordance with (a) current ATP/ WTA Ranking where such a ranking is 750 or better (b) current LTA National Rating. Where two or more players hold the same current LTA national rating, the team captain shall have discretion in determining their playing order, always providing that the players concerned shall still be nominated in bona fide playing order. In exercising such discretion the captain may not move a player more than one place in the playing order from match to match.
- TEN 7.3.3 If a team believes that TEN 7.3.2 places team members clearly out of bona fide playing order then permission may be sought from BUCS to override ratings. Such requests shall be made before the start of the season and can be resubmitted again prior to the start of matches in January.
- TEN 7.4 If a player is listed in the top four rankings and has not played any matches prior to the end of the calendar year, then that team is required to resubmitted their rankings prior to the start of matches in January, removing any non playing "top four" players from the ranking list.
- TEN 7.5 No player ranked at number four or above shall be eligible to play below the first team at any time during the season ( including league, playoff and cup matches ). No player ranked at number eight or above shall be eligible to play below the second team at any time during the season.

## TEN 8 Scoring System

- TEN 8.1 The doubles rubbers shall be the best of three sets. The first two sets shall be tie-break sets with no-advantage scoring (the tie-break shall be introduced at six games all) and when the score is one set all the deciding set shall be a 10 point match tie-break. In no-advantage scoring at deuce there is one point to decide the game. The receivers choose whether to receive the service from the right half or the left half of the court but cannot change positions to receive this deciding point.
- TEN 8.2 The singles rubbers shall be the best of three tie-break sets (the tie-break shall be introduced at six games all). If the match result is already decided any remaining singles rubbers may, by mutual consent, play a deciding 10-point match tie-break as the third set.
- TEN 8.3 To determine the match score the winner of each doubles rubber shall receive two points and the winner of each singles rubber shall receive two points.
- TEN 8.4 In the event of a tie on match score, each team shall be awarded 1 point in the league and the match shall be considered a draw.
- TEN 8.5 If during the knockout stages or Premier League semi-final or Final a match finishes 6-6, then BUCS tennis shall adopt a tie-break shootout ( to 10 points ) where the rules explain the shootout as: "The tiebreak shootout consists of 3 tiebreaks – two singles and 1 doubles – with players nominated as follows: Tiebreak 1 (singles) – one of the original players from the first or second singles match; Tiebreak 2 (singles) – one of the original players from the third or fourth singles match; Tiebreak 3 (doubles) – a pairing comprising two of the other nominated players for the match. No player may play in more than one tiebreak shootout. Players for each stage of the shootout should be nominated at the start of the shootout".

## TEN 9 Scorecards

Scorecards / accurate records for all BUCS Tennis League matches and all knockout matches in the Championship and Trophy must be completed. BUCS reserves the right to request these scorecards at any point throughout the season. Scorecards must also be submitted with any appeal – failure to submit a scorecard will result in an appeal being rejected by the BUCS Office.

## TEN 10 Incomplete Fixtures

- TEN 10.1 In the event of a fixture being incomplete with no fault on either side, a result can be taken if four rubbers have been completed. The results shall be taken on all those rubbers that have been completed.
- TEN 10.2 In the event of a fixture being incomplete due to a late start, with a team at fault, their opposition may claim any rubbers not completed or unplayed.

## TEN 11 Further Clarification

In the event that further clarification is required the BUCS Office will be guided by the current LTA

## SPORTS SPECIFIC REGULATIONS

National Club League Rules.

### TEN 12 Premier League Competition

#### TEN 12.1 Leagues

The twelve Premier League teams shall be divided on a geographical basis into northern and southern groups of six teams.

#### TEN 12.2 Venue Requirements

All Premier League & Premier League Play-Off matches are to be played on indoor courts.

#### TEN 12.3 Championship Qualification

All eligible teams (i.e. no 2nd teams) in each Premier League group shall progress to the last 16 of the Championship competition. All other teams (i.e. 2nd teams) will progress to the Trophy competition.

#### TEN 12.4 Promotion to and Regulation from Premier League

The bottom team in each Premier League is automatically relegated. The top team in each of the Tier One leagues will enter into 'play-offs' for one place in each of the Premier Leagues for the following season. (in the event of changes to the league structure which may impact upon promotion or relegation outcomes, BUCS reserves the right to consult with teams due to be promoted/relegated to find an applicable solution).

### Individual Championships

### TEN 13 Tournament Structure (Individuals)

TEN 13.1 The tournament will consist of four events; Men's Singles, Women's Singles, Men's Doubles and Women's Doubles.

TEN 13.2 There will be regional qualifying events and a subsequent finals weekend – the events will be played over two / three days depending on the number of entries.

TEN 13.3 Each match shall consist of the best of three sets.

TEN 13.4 The tournament shall be conducted on a 'knock-out' basis.

TEN 13.5 Matches will be played indoors.

### TEN 14 Entries

TEN 14.1 All institutions are entitled to one entry per event.

TEN 14.2 Additional players may be accepted but the total number of entries in each event will be restricted. Players must be listed on the entry form in order of merit.

TEN 14.3 Seeded draws, to which qualifying draws, staggered draws or a tableau finale may be applied, as deemed appropriate for the entry, will be used. To assist seeding and selection for draws, entry forms should include details of past performances and LTA ranking achieved – selection for main draw or any qualifying draw will be according to ratings and other available information. Further players, not initially selected for the main or qualifying draws will be placed on reserve lists.

TEN 14.4 Wherever possible, players from the same institution shall be placed in different quarters of the draw.

### General Guidelines

### TEN 15 General Conduct

TEN 15.1 Where possible - teams should endeavour to wear team kit – identifying the name of the University.

TEN 15.2 Where possible – teams should ensure use of scoreboards on each court.

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## TENPIN BOWLING

The Tenpin Bowling Championships shall be held annually under the rules of the relevant sections of the regulations of the British Tenpin Bowling Association.

### TEB 1 Entries

Each University is guaranteed entry of one Men's team consisting of six competitors and one Women's team consisting of three competitors. Extra teams can be entered in each category. However, acceptance of entries for 2nd and 3rd teams is strictly on a first come, first served basis and subject to lane availability. In addition, or instead of, each University may enter up to three competitors for the Men's Individual Championship and up to two competitors for the Women's Individual Championship.

### TEB 2 Championships

#### TEB 2.1 Men

- TEB 2.1.1 Each team will provide three doubles teams, two trio teams, one single and one five-man combination from the six players in the team.
- TEB 2.1.2 Each competitor shall bowl a three game series in their three designated combinations, making a total of nine games per competitor.
- TEB 2.1.3 Each competitor will play one series at doubles pace, one at trios pace and the third at either singles or fives pace at the discretion of the tournament director.
- TEB 2.1.4 The University totalling the highest pinfall over the 54 games bowled by a single team shall be declared the BUCS Team Champion.
- TEB 2.1.5 The individual (either a Team or Individual Championships entrant) totalling the highest pinfall over the nine games shall be declared the Individual All Events Champion.

#### TEB 2.2 Women

- TEB 2.2.1 Each team will provide one double, one trio, one single and three singles combinations from the three players on the team.
- TEB 2.2.2 Each competitor shall bowl a three game series in each of their three designated combinations, making a total of nine games per competitor.
- TEB 2.2.3 Each competitor shall play one series at trios pace, one at singles pace and the third at either singles or doubles pace at the discretion of the tournament director.
- TEB 2.2.4 The University totalling the highest pin fall, over the 27 games bowled by a single team shall be declared the BUCS Team Champion.
- TEB 2.2.5 The individual (either a Team or Individual Championships entrant) totalling the highest pinfall over the nine games shall be declared the Individual All Events Champion.

### TEB 3 Regulations

- TEB 3.1 Twin lane bowling shall be operative. Foul lights shall be on.
- TEB 3.2 There shall be a short practice period before each designated squad in the tournament. The length of the practice time will reflect the nature of the squad being played.
- TEB 3.3 Where possible teams shall be squadded on to different lanes for each event. This will be within the limitations of the bowling centre and the number of entries

## TRAMPOLINING

### TRA 1 Individual Championships

The championship shall run under the following rules:

- TRA 1.1 The championships shall be organised on the basis of three regional qualifying competitions and a national final. Entries may be restricted where necessary.
- TRA 1.2 There will be five levels of competition;
- TRA 1.2.1 **BUCS 5**  
(No somersaults in set routine: equivalent to British Gymnastics H & I)
- TRA 1.2.2 **BUCS 4**  
(Two somersaults in set routine: equivalent to British Gymnastics G & F.)
- TRA 1.2.3 **BUCS 3**  
(Five somersaults in set routine: equivalent to British Gymnastics F & E.)
- TRA 1.2.4 **BUCS 2**  
(Seven somersaults in set routine) – Must be a current British Gymnastics D/C competitor.
- TRA 1.2.5 **BUCS 1**  
(1 double somersault and 8 single somersaults in set routine) – automatic qualification – current British Gymnastics C/B/A competitor.
- TRA 1.2.6 Universities are reminded that competitors should be entered at their

## SPORTS SPECIFIC REGULATIONS

- appropriate level. Levels are assessed as having competed within the last two seasons. Competitors may compete above their level. Checks will be made as necessary. If an Institution enters a competitor at an inappropriate level a fine will be awarded to the institution.
- TRA 1.3 Qualification to the final shall be through the regional qualifying rounds for the individual events. Team results will be extracted from the Final ONLY with team scores made up of the scores of individuals who have qualified to the finals.
- TRA 1.4 All BUCS 1 and BUCS 2 entrants will have automatic qualification to the final.
- TRA 1.5 A proportion of top competitors in BUCS 3 & BUCS 4 from each of the regional qualifying competitions shall qualify to the final. This will be decided upon the number of entries received.
- TRA 1.6 All entries (including BUCS 1 & BUCS 2 competitors) must be made by the closing date (as advised on the entry information) to the BUCS office with the entry fee and correct number of nominated officials as specified in the entry pack or the entry will be rejected.
- TRA 1.6.1 Downgrading to a lower level will not be permitted. Please ensure that each competitor has been entered at the appropriate level at the time of submission.
- TRA 1.6.2 Applications to upgrade to a higher level need to be submitted to the BUCS office no later than the date specified on the event information.
- TRA 1.6.3 No changes can be made on the competition day – any changes to entries must be done by the date specified in the event information.
- TRA 1.7 The compulsory routines for BUCS 1, BUCS 2, BUCS 3, BUCS 4 & BUCS 5 are:  
**See diagram overleaf:**
- TRA 1.7.1 Each competitor shall complete the compulsory routine and a voluntary routine within the criteria.
- TRA 1.7.2 Each university is to bring to the regional and/or national final an appropriately qualified coach for insurance purposes.
- TRA 1.7.3 The performers' chosen compulsory routine must be submitted in writing according to the Organisers' instructions, and in any case, prior to the commencement of the round.
- TRA 1.7.4 The voluntary and compulsory routine shall consist of ten skills starting and finishing from the feet.
- TRA 1.7.5 Each competitor shall have one attempt at each routine.
- TRA 1.8 All competitors are required to present themselves for competition clothed in correct attire:
- TRA 1.8.1 BUCS 5 - Leotard/Shorts & T-Shirt (tucked in)
- TRA 1.8.2 BUCS 4 – Men: Gymnastic Trousers or Shorts & Leotard/T-Shirt (tucked in); Women: Leotard/Leotard & Shorts
- TRA 1.8.3 BUCS 3, BUCS 2, BUCS 1 - Gymnastic Trousers & Leotard (no unitards)
- TRA 1.8.4 Women's BUCS 3, BUCS 2, BUCS 1 – Leotards
- TRA 1.8.5 No tracksuits/tights will be allowed on the Trampoline except during warm up.
- TRA 1.8.6 Trampoline shoes and/or white socks must be worn. Competitors will not be permitted to compete barefoot.
- TRA 1.8.7 Performers will not be permitted to wear ANY body piercing or any other jewellery whilst warming up or competing. It is NOT acceptable for jewellery to be taped and refusal to remove it could lead to disqualification.
- TRA 1.8.8 Competitors who do not adhere to the above regulations may be disqualified.
- TRA 1.8.9 All routines shall be performed unaided. Coaching during a performance is not allowed and will be penalised in line with the FIG code of points.
- TRA 1.9 **Order of Performance**
- TRA 1.9.1 **Preliminaries**  
The compulsory and first voluntary routines will be performed in the order that will be drawn by ballot before the competition takes place.
- TRA 1.9.2 **Finals**  
At the organisers' discretion there may be a second voluntary ('final') round in the Final competition. In this Final round only, the eight competitors with the highest scores will compete in ascending score order.
- TRA 1.9.3 Routines will be performed on either 6mm x 4mm or 6mm beds. Competitors must only use beds on which they normally train. The Chair of Judges Panel is empowered to require a competitor to delete skills from a routine if he/she deems them to be unsafe in any way. Team Captains/Managers are required to confirm the competence of competitors on the entry form.
- TRA 2 Team Championships (Overall)**
- TRA 2.1 There will separate men's and women's team events. In each event:-
- TRA 2.1.1 The three best total scores (from the preliminary rounds: compulsory plus



## SPORTS SPECIFIC REGULATIONS

- first voluntary) by competitors from the same institution, regardless of sex or category, will be added together for an overall team score.
- TRA 2.1.2 One team per institution will be counted.
- TRA 2.1.3 Medals shall be awarded to the top three teams (unless otherwise dictated by low number of teams).
- TRA 2.1.4 Team positions will be calculated at the FINAL ONLY.
- TRA 3 Guide to Competition Rules**
- TRA 3.1 Marking shall be according to the British Gymnastics Rules and International Tariffing Values at the discretion of the Chair of Judges on the day. The full rules are available at [www.bg-coaches.org](http://www.bg-coaches.org)
- TRA 3.2 Each routine consists of ten elements. Each routine is awarded an execution mark out of ten by five judges. The middle three form marks are counted. In ALL categories a difficulty (tariff) mark will also be awarded to the voluntary routine (and final routine, if performed).
- TRA 3.3 The execution mark is calculated by deducting marks for:
- TRA 3.3.1 Travel from the centre of the trampoline
- TRA 3.3.2 Loss of height
- TRA 3.3.3 Failure to perform skills accurately according to required shapes (e.g. with legs straight and arms close to sides where possible).
- TRA 3.4 Additional deductions may be made for failure to stand under control on one's feet at the end of a routine; receiving instruction during performance; abusing the warm-up (nominally a maximum of one routine/30 seconds bouncing is allowed); taking greater than one minute to commence the routine.
- TRA 3.5 Where a performer in BUCS 5, BUCS 4 or BUCS 3 deviates from the required compulsory routine, the routine will be considered interrupted and the maximum mark will be determined according to the number of skills performed up to this point.
- TRA 3.6 Where a performer in BUCS 1 and BUCS 2 deviates from their submitted compulsory routine, deductions will be made according to current International Rules.
- TRA 3.7 A routine will also be considered interrupted if any performer touches anything other than the trampoline bed, kills the bed or lands on one foot.
- TRA 3.8 The difficulty mark is calculated as follows:
- TRA 3.8.1 0.1 points per ¼ somersault rotation +
- TRA 3.8.2 0.1 bonus points per whole somersault rotation +
- TRA 3.8.3 0.1 points per ½ twist +
- TRA 3.8.4 0.1 bonus points per whole somersault performed in piked/straight shape (up to a maximum of 0.2), (except twisting single somersaults)
- TRA 3.9 No difficulty mark is awarded to repeated skills.

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## TRIATHLON

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- TRI 1** The Triathlon Championships shall be offered annually under the rules of the British Triathlon Association.

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## ULTIMATE FRISBEE

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- ULF 1** The University Outdoor Championships will be played to standard WFDF (World Flying Disc Federation) Ultimate rules. Go to <http://wdf.org/index.php?page=rules/index.htm>
- ULF 2** The University Indoor Championships will be played to standard UKUA (UK Ultimate Association) Indoor Ultimate rules. Go to [http://www.ukultimate.com/about\\_ultimate/rules\\_of\\_ultimate](http://www.ukultimate.com/about_ultimate/rules_of_ultimate)
- ULF 3** The UKUA University Coordinator with the approval of the UKUA University Committee may amend these rules on a per-tournament basis where it is not practically possible to abide by them. (E.g. pitch size, duration of game etc.)

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## VOLLEYBALL

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The Volleyball Championships shall be held annually and held in accordance with the rules of the International Volleyball Federation (FIVB) as interpreted by the British Volleyball Federation, adopted and approved by the Volleyball Advisory Group.

**VOL 1 The Championship**

Teams shall play in a merit-based structure within their playing Conference. These shall be the qualifying competitions for Men and Women in the first and second term to produce the required number of teams to progress to the knockout stages of the Championship and Trophy.

- VOL 1.1 No Men can play in the Women's competition and vice versa. No mixed teams are allowed.

- VOL 1.2** All fixtures played in a normal weekly league programme shall be best of five sets and played under FIVB rules whereby all sets are rally points. The first four sets shall be first to 25 points and by two clear points. A deciding fifth set shall be first to 15 points and again by two clear.
- VOL 1.3** A match shall be decided by the first team reaching three sets. Where this involves a 3-0 or 3-1 result, the remaining set(s) of the available five shall be played to facilitate player development and opportunity to maximise playing opportunities and effectively utilise booked facility time. The remaining set(s) played will have no bearing on the match result.
- VOL 1.4** Where the Conference programme has a hybrid system involving some teams in weekly league matches and a tournament format, all matches, both league and tournament, shall be best of three sets to enable an equitable means of separating any tied teams at the end of the season. The first two sets shall be first to 25 points and by two clear points. A deciding third set shall be first to 15 points and again by two clear.
- VOL 1.5** Conference league matches played under VOL 1.4 above as a weekly league match shall also play the remaining two or three sets for player development as under VOL 1.3.
- VOL 1.6** A minimum hall booking of two hours is required. This shall comprise at least ten minutes general warm up, ten minutes for hitting and serving leaving at least one hour and 40 minutes for the match. Teams must be advised of the warm up start time, and the match start time, which must not be less than twenty minutes after the start of the warm up. If for any reason only one time is quoted then this must be taken to be the start of the warm up. Under such circumstances teams must arrive at the venue in good time to allow the warm up to start at the appointed time.
- VOL 1.7** In the event of a team arriving late the following procedure shall apply:
- VOL 1.7.1** Where both team captains agree, and sufficient hall time is available, then the match shall be played in full.
- VOL 1.7.2** Where one team objects then the following procedure shall apply. If a team is not on court and ready to play at the published match start time they shall be allowed a maximum of fifteen minutes leeway to appear. At fifteen minutes after the published match start time the team that is late shall lose the first set 25-0.
- VOL 1.7.3** They shall then lose a set for every subsequent 15 minutes that they are late until they are 45 minutes late at which point the match shall be awarded as a walkover.
- VOL 1.7.4** If the team that is late arrives during one of the fifteen minute leeway periods then they shall be allowed the balance of the time remaining within that period to warm up and be ready to play at the next deadline point. Therefore it is possible for a team to arrive late, fall behind on sets but still win the match on the court of play.

## **VOL 2 The Championship Finals**

The Championship Finals shall be contested over a weekend at a venue decided by BUCS. Play will start on Friday evening and conclude on Sunday afternoon. Teams will compete in two pools of four progressing to crossover semi-finals and a Final.

**VOL 2.1** The top eight men's and women's teams shall contest the Championship Finals. The Championship Finals shall be contested in accordance with rules and procedures as decided by the Volleyball Advisory Group and published in the Championship Finals programme.

### **VOL 2.2 The Trophy Finals**

Qualifiers to the Trophy knockout competition shall progress to semi-finals and Final taking place over a weekend at a date and venue decided by BUCS. Where possible this will be the same venue and date as the Championship Finals.

## **VOL 3 Match Officials**

In Championship and Trophy knockout round matches, the First Official should be neutral and qualified while the Second Official should be qualified.

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## **WAKEBOARDING**

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### **Cable Wakeboard**

**CWAKE 1** The Cable Wakeboard Championships will operate under the official and current British Water Ski rules

**CWAKE 2** The run will consist of two laps, the rider can choose to perform a Wildcard final trick on the last lap

**CWAKE 3** Entry criteria for rider divisions

#### **Men's**

A (pro) 4 inverts and over (NOT including off obstacles)

B 1 invert and over (INCLUDING off obstacles)

## SPORTS SPECIFIC REGULATIONS

### Ladies

- A 1 invert and over (INCLUDING off obstacles)
- B Any ability

### Boat Wakeboard

- BWAKE 1** The Boat Wakeboard Championships will operate under the official and current British Water Ski rules
- BWAKE 2** Pro division riders can opt for double up
- BWAKE 3** Entry criteria for rider divisions

### Men's

- A (pro) 4 inverts and over
- B 1 invert and over

### Ladies

- A 1 invert and over
- B Any ability

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## WATERPOLO

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The Water Polo Championships shall be conducted in accordance with the rules of the Amateur Swimming Association.

### WAT 1 Competition Format

- WAT 1.1 The competition format will be confirmed by the Water Polo Advisory Group and communicated to participants via the Season Information Pack and the BUCS website.
- WAT 1.2 Teams shall qualify for Championship, Trophy & Shield Finals through a progression of Knockout Rounds.
- WAT 1.3 Where an institution enters a 2nd team they should note BUCS Eligibility Regulations.
- WAT 1.4 Match Duration – Matches will be of the following duration:
  - WAT 1.4.1 **Round 1**  
For stand alone matches, 4 x 7 mins (2 min break between periods)  
For round robin matches, 4 x 5 mins (2 min break between periods)
  - WAT 1.4.2 **Semi-finals**  
4 x 5 Mins (2 min break between periods)
  - WAT 1.4.3 **Finals**  
4 x 7 Mins (2 min break between periods)
- WAT 1.5 **Referees**  
Referees MUST be ASA Qualified for all matches. Referees must be confirmed in writing at least 10 days before the date of the match or tournament. Contact your ASA Regional office for contact details of local referees (SUS for Scottish fixtures).

### WAT 2 Walkovers

- WAT 2.1 Any team that concedes a walkover in their leagues will not be permitted to progress to a knockout round.
- WAT 2.2 Where a walkover has been awarded, two points shall be given to the non-offending team and two points deducted from the offending team.

### WAT 3 Points Scoring

- WAT 3.1 Teams shall be awarded two points for a win, and one point for a draw, and no points for a loss.
- WAT 3.2 **Tie on Points Between Two Teams**  
In case of equality of points between two teams precedence shall be given to the team winning the match in which the two teams played each other, or if the game was drawn, the overall goal difference shall ascertain the winner. If there is still a tie, the team scoring the most number of goals shall be the winner, and if at this point there is still a tie, the winners will be decided by lot.
- WAT 3.3 **Tie on Points Between More Than Two Teams**  
In case of equality of points between more than two teams, a table shall be formed to calculate the higher placed team from the results between the relevant teams. If there is still a tie, precedence shall be given to the team(s) with the greatest goal difference in the matches between the relevant teams. If there is still a tie, precedence shall be given to the team(s) having scored the higher or highest number of goals in the matches between the relevant teams. If there is still a tie, precedence shall be given to the team(s) with the greatest goal difference in all matches played. If there is still a tie, precedence shall be given to the team(s) having scored the higher or highest number of goals in all matches played. If there is still a tie between more than two teams, the decision shall be made by lot.

**WAT 4 Balls**

Match balls will be provided by BUCS at the Championship semi-finals and at the Championship, Trophy & Shield finals. For all other matches and for warm-up teams MUST provide their own balls.

**WAT 5 Pool Dimensions**

It is recommended that the minimum size for the pool should be 12.5m x 25m and a depth of 1.5m.

**WAT 6 Finals**

WAT 6.1 Finals shall be held at a venue decided by BUCS.

WAT 6.2 Classification of the men's and women's Championship and Trophy Finals positions shall be according to WAT 3, with the team ranked in 1st position in the group declared the Championship/Trophy Winner.

**WAT 7 Promotion / Relegation**

At the conclusion of each competition, automatic promotion and relegation to establish invitation to the following year's competition will be undertaken as follows:

**WAT 7.1 Men's League Structure****WAT 7.1.1 Tier 1 Relegation**

Lowest ranked team from each league group in round 1 relegated to Tier 2.

**WAT 7.1.2 Tier 2 Promotion & Relegation**

Top ranked 1st team from each league group in round 1 promoted to Tier 1. Lowest ranked team from each league group in round 1 relegated to Tier 3.

**WAT 7.1.3 Tier 3 Promotion**

Top ranked team from each league group in round 1 promoted to Tier 2.

**WAT 7.2 Women's League Structure****WAT 7.2.1 Tier 1 Relegation**

Lowest ranked team from each league group in round 1 relegated to Tier 2.

**WAT 7.2.2 Tier 2 Promotion & Relegation**

Top ranked 1st team from each league group in round 1 promoted to Tier 1.

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**WINDSURFING**


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**WIN 1** Team and Individual Windsurfing Championships shall be offered under rules reviewed annually by BUCS.