BUCS PwC Regatta 2012 – Time Trial Arrangements
Instructions for Crews

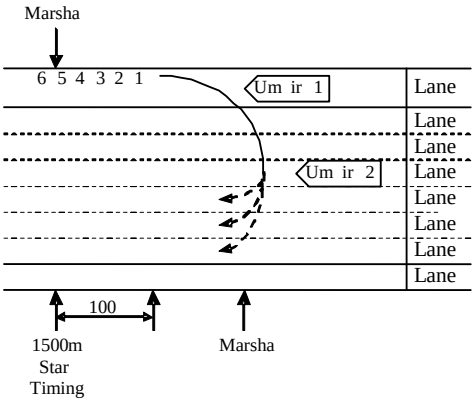
Crews must boat at the times published for their category.

Numbers for time trials will be distributed at the club rep briefing on Friday evening. Numbers should be attached to bow and cox (where applicable) with the adhesive number attached to the bow on stroke-side (so the timing team can see it)

Coxes do not need to weigh in for the time trial.

Control Commission Umpires will supervise boating and may do the normal safety checks. Any boat failing inspection will not be allowed to boat unless the problem can be fixed in a timely manner.

Crews should paddle down slowly towards the start in lane 7 only. Warming up by turning into lane 5 is **NOT** allowed during the Time Trial. Remove spare kit under the direction of the Start Marshals and then follow the Umpires' instructions to paddle round in a continuous semi-circle ("hard on strokeside, bowside light / easy / hold") into lanes 1–3. Lanes 0, 4, 5 & 6 are safety lanes and are not in use for racing. Lane 0 is to be used only for crews in distress. See diagram below.



After completing the turn, crews should keep paddling in their allotted lane towards the timing line.

The Starter will say 'Go' approximately 100m before the timing line and crews will be timed from the 1500m marker to the normal Finish. It is the responsibility of crews that are being caught to move across to allow faster crews to overtake.

Crews should be careful in the Finish area, and proceed straight to the rafts quickly and safely; crews **may not cool down** on the course after their Time Trial as they may obstruct other crews racing.