100m Women — Heats

Sat 30 Apr 12:50

First 3 and 6 fastest losers to 3 Semi Finals

Heat 1 — **Wind speed:** -1.2m/s

1	162	Rhiannon Yates	UWIC	12.48	Q
2	128	Kadenna Cox	Leeds Met Carnegie	12.74	Q
3	115	Katryna Hardcastle	Chester (Chester)	13.07	Q
4	122	Rebecca Courtney	Gloucestershire	13.22	q
5	113	Tamica Mignott	Buckinghamshire New	14.00	
6	104	Ademide Ademuyewo	Aberdeen	14.03	
7	107	Olivia Milward	Birmingham	14.39	
8	120	Karen Jane Smith	Edge Hill	DNS	

Heat 2 — **Wind speed:** -1.9m/s

1	134	Jennifer Taker	Loughborough	12.91	Q
2	212	Elise Lovell	Sheffield Hallam	13.29	Q
3	111	Kirsty Shepherd	Brunel West London	13.38	Q
4	157	Janelle Mcgurk	Stirling	14.11	
5	108	Lizzie Gourlay	Bournemouth	14.76	
6	121	Aimee Smith	Gloucestershire	16.67	
7	105	Deborah Flemming	Bath	DQ	
8	164	Christina Course	Winchester	DQ	

Heat 3 — **Wind speed:** +0.0m/s

1	133	Emily Diamond	Loughborough	12.07	Q
2	136	Azaria Francis	Middlesex	12.51	Q
3	153	Rebecca Carozzi	Southampton	13.12	Q
4	1172	Steph Kleynhans	Birmingham	13.12	q
5	346	Ruth McKeller	East Anglia	13.37	q
6	156	Christie Smith	St Mary's College	13.44	
7	139	Sabrine Razik	Newcastle	13.90	
8	146	Bethan Jones	Reading	16.09	

Heat 4 — **Wind speed:** +0.0m/s

1	166	Abbi Tyson	Wolverhampton	12.46	Q
2	119	Anike Shand-Whittingham	East London	12.57	Q
3	149	Suki Cirillo	Sheffield	13.13	Q
4	151	Hannah Bird	Sheffield Hallam	13.32	q
5	129	Lisa Revitt	Leeds Met Carnegie	13.42	
6	117	Eimear Mcgeehan	East Anglia	14.02	
7	114	Lorraine Graham-Mulvaney	Cardiff	16.26	
8	154	Jennifer Dunn	St Andrews	DNS	

Heat 5 **Wind speed:** +0.9m/s

1	161	Susanna Banjo	UC Birmingham	12.56	Q
2	147	Jade Philips	Royal Holloway, London	12.93	Q
3	140	Rachel Davidson	Northumbria	13.12	Q
4	144	Faith Norster	Oxford	13.12	q
5	138	Katy Lord	Newcastle	13.57	
6	123	Jennifer Bukola	Hertfordshire	14.19	
7	1750	Anahita Ghoimai	Southampton	17.01	
8	125	Asha Philip	Kingston	DNS	

Heat 6 **Wind speed:** +0.4m/s

1	137	Montell Douglas	Middlesex	11.91	Q
2	163	Zara George	UWIC	12.66	Q
3	112	Leah Moore	Brunel West London	12.70	Q
4	135	Jordan Mcintosh	Loughborough	12.84	q
5	143	Eleanor Gatehouse	Oxford	13.86	
6	124	Pavidra Sivanandarajah	Imperial College, London	14.01	
7	158	Lotte Watts	Stirling	14.77	
8	160	Francesca Ballah-Ntonga	Swansea	15.88	

100m Women Semi Finals

Sat 30 Apr 16:15

First 2 and 2 fastest losers to Final

Heat 1

1	137	Montell Douglas	Middlesex	11.84	Q
2	136	Azaria Francis	Middlesex	12.37	Q
3	135	Jordan Mcintosh	Loughborough	12.54	q
4	134	Jennifer Taker	Loughborough	12.59	q
5	153	Rebecca Carozzi	Southampton	12.93	
6	212	Elise Lovell	Sheffield Hallam	13.09	
7	346	Ruth McKeller	East Anglia	13.40	
8	112	Leah Moore	Brunel West London	DNS	

1	133	Emily Diamond	Loughborough	12.33	Q
2	161	Susanna Banjo	UC Birmingham	12.51	Q
3	163	Zara George	UWIC	12.64	
4	147	Jade Philips	Royal Holloway, London	12.85	
5	115	Katryna Hardcastle	Chester (Chester)	13.16	
6	149	Suki Cirillo	Sheffield	13.19	
7	144	Faith Norster	Oxford	13.28	
8	151	Hannah Bird	Sheffield Hallam	13.44	

1	166	Abbi Tyson	Wolverhampton	12.70	Q
2	162	Rhiannon Yates	UWIC	12.72	Q
3	128	Kadenna Cox	Leeds Met Carnegie	13.03	
4	122	Rebecca Courtney	Gloucestershire	13.53	
5	140	Rachel Davidson	Northumbria	13.59	
6	1172	Steph Kleynhans	Birmingham	13.65	
7	111	Kirsty Shepherd	Brunel West London	13.71	
8	119	Anike Shand-Whittingham	East London	DNS	

Outdoor Athletics Championships 2011 - Bedford

100m Women Final

Sat 30 Apr 17:35

Championship Best Performance:

	2001	**Abi Oyepitan**	**Brunel**	**11.48**	**Team**
			Wind speed:	-1.5m/s	**Points**
1	166	Abbi Tyson	Wolverhampton	12.45	8
2	136	Azaria Francis	Middlesex	12.51	7
3	162	Rhiannon Yates	UWIC	12.53	6
4	161	Susanna Banjo	UC Birmingham	12.56	5
5	135	Jordan Mcintosh	Loughborough	12.83	4
6	134	Jennifer Taker	Loughborough	12.94	3
7	133	Emily Diamond	Loughborough	DNF	0
8	137	Montell Douglas	Middlesex	DNS	0

200m Women — Heats

Sun 1 May 14:35

First 4 and 4 fastest losers to 3 Semi Finals

		Heat 1	**Wind speed:**	**-3.3m/s**	
1	369	Laura Maddox	Nottingham Trent	25.29	Q
2	1733	Isabelle Stanway	Brunel West London	25.89	Q
3	128	Kadenna Cox	Leeds Met Carnegie	25.90	Q
4	135	Jordan Mcintosh	Loughborough	26.28	Q
5	149	Suki Cirillo	Sheffield	27.05	q
6	332	Janet Abladey	Aberdeen	27.73	q
7	113	Tamica Mignott	Buckinghamshire New	29.35	
8	334	Maddy Vaughan-Johncey	Bedfordshire	29.92	

		Heat 2	**Wind speed:**	**-0.7m/s**	
1	389	Emma Pullen	UWIC	25.30	Q
2	338	Georgina Malster	Brunel West London	25.72	Q
3	372	Nadine Prill	Oxford	27.05	Q
4	375	Claudia Rogers	Sheffield	27.20	Q
5	122	Rebecca Courtney	Gloucestershire	27.20	q
6	348	Tania-Cyrena Cyrus	East London	27.42	q
7	358	Katherine Appleton	Leeds Met Carnegie	28.00	
8	349	Rachel Kerr	Essex	29.70	

		Heat 3	**Wind speed:**	**-4.9m/s**	
1	365	Mica Nottingham	Loughborough	25.73	Q
2	351	Lauren Searles	Exeter	26.78	Q
3	151	Hannah Bird	Sheffield Hallam	27.63	Q
4	344	Chrissy Parsons	Cardiff	28.07	Q
5	157	Janelle Mcgurk	Stirling	28.89	
6	146	Bethan Jones	Reading	34.27	
7	347	Carole Seihi	East London	DNS	
8	216	Helen Morton	University College London	DNS	

		Heat 4	**Wind speed:**	**-1.2m/s**	
1	366	Twinelle Hopeson	Loughborough	25.31	Q
2	161	Susanna Banjo	UC Birmingham	25.49	Q
3	339	Katie Cundall	Brunel West London	25.59	Q
4	1171	Lizzie Cave	Birmingham	28.24	Q
5	124	Pavidra Sivanandarajah	Imperial College, London	29.33	
6	361	Emma May	Liverpool John Moores	31.14	
7	337	Lucy Windsor	Brighton	DNS	
8		Lane Vacant			

		Heat 5	Wind speed:	-1.0m/s	
1	153	Rebecca Carozzi	Southampton	26.17	Q
2	155	Aleasha Kiddle	St Mary's College	26.29	Q
3	144	Faith Norster	Oxford	26.52	Q
4	346	Ruth Mckellar	East Anglia	27.43	Q
5	104	Ademide Ademuyewo	Aberdeen	29.27	
6	154	Jennifer Dunn	St Andrews	DNS	
7	363	Holly Croxford	Loughborough	DNS	
8		Lane Vacant			

200m Women — Semi Finals

Mon 2 May 11:05

First 2 and 2 fastest losers to Final

		Heat 1	Wind speed:	-0.8m/s	
1	366	Twinelle Hopeson	Loughborough	25.30	Q
2	155	Aleasha Kiddle	St Mary's College	25.99	Q
3	351	Lauren Searles	Exeter	26.37	
4	122	Rebecca Courtney	Gloucestershire	26.86	
5	149	Suki Cirillo	Sheffield	26.88	
6	151	Hannah Bird	Sheffield Hallam	27.25	
7	1733	Isabelle Stanway	Brunel West London	DNS	
8	144	Faith Norster	Oxford	DNS	

		Heat 2	Wind speed:	-3.0m/s	
1	369	Laura Maddox	Nottingham Trent	25.29	Q
2	161	Susanna Banjo	UC Birmingham	25.46	Q
3	128	Kadenna Cox	Leeds Met Carnegie	25.53	q
4	338	Georgina Malster	Brunel West London	25.84	
5	135	Jordan Mcintosh	Loughborough	26.14	
6	346	Ruth Mckellar	East Anglia	27.93	
7	332	Janet Abladey	Aberdeen	DNF	
8	344	Chrissy Parsons	Cardiff	DNF	

		Heat 3	Wind speed:	-1.0m/s	
1	365	Mica Nottingham	Loughborough	25.08	Q
2	389	Emma Pullen	UWIC	25.45	Q
3	339	Katie Cundall	Brunel West London	25.82	q
4	153	Rebecca Carozzi	Southampton	26.37	
5	375	Claudia Rogers	Sheffield	27.03	
6	372	Nadine Prill	Oxford	27.37	
7	348	Tania-Cyrena Cyrus	East London	27.76	
8	1171	Lizzie Cave	Birmingham	28.23	

Outdoor Athletics Championships 2011 - Bedford

200m Women Final

Mon 2 May 13:00

Championship Best Performance:

	2007	**Kadi-Ann Thomas**	**Brunel**	**23.41**	**Team**
			Wind speed:	**-0.7m/s**	**Points**
1	365	Mica Nottingham	Loughborough	24.33	8
2	369	Laura Maddox	Nottingham Trent	24.52	7
3	389	Emma Pullen	UWIC	24.67	6
4	161	Susanna Banjo	UC Birmingham	25.12	5
5	339	Katie Cundall	Brunel West London	25.20	4
6	155	Aleasha Kiddle	St Mary's College	25.99	3
7	128	Kadenna Cox	Leeds Met Carnegie	DNF	0
8	366	Twinelle Hopeson	Loughborough	DNF	0

400m Women Heats

First 3 and 4 fastest losers to 2 Semi Finals

Heat 1

1	506	Laura Wake	Loughborough	57.11	Q
2	520	Diane Ramsay	Strathclyde	57.77	Q
3	482	Kat Sutton	Bath	58.04	Q
4	516	Racheal Shaw	Sheffield Hallam	59.42	q
5	513	Helen King	Oxford	1.04.10	
6	334	Maddy Vaughan-Johncey	Bedfordshire	1.06.16	
7	519	Robyn Mcdowall	Stirling	1.08.65	
8	517	Fiona Trew	St Andrews	DNS	

Heat 2

1	487	Harriet Pryke	Brunel West London	56.52	Q
2	481	Hayley Harvey	Bath	58.54	Q
3	353	Sarah Smith	Glasgow	59.32	Q
4	485	Helen Waters	Birmingham	59.95	q
5	195	Emily Craven	Cambridge	1.02.66	
6	514	Felicity Tournant	Sheffield	1.11.48	
7	524	Laura Marzaroli	Winchester	1.17.03	
8		Lane Vacant			

Heat 3

1	489	Shelayna Oskan	Brunel West London	55.42	Q
2	572	Sonia Santos	Hull	58.13	Q
3	494	Heather Shepherd	Essex	59.02	Q
4	501	Lucy Hack	Leeds Met Carnegie	1.01.35	q
5	197	Becca Jones	Exeter	1.06.32	
6	512	Lara Cochrane	Nottingham	1.09.06	
7	505	Justine Kinney	Loughborough	DNS	
8		Lane Vacant			

Heat 4

1	352	Jo Patterson	Glasgow	56.00	Q
2	507	Lucy James	Loughborough	56.07	Q
3	523	Deborah Willis	Warwick	57.56	Q
4	503	Brigid Eades	London	58.06	q
5	346	Ruth Mckellar	East Anglia	1.05.03	
6	521	Anne Doyle	Surrey	1.05.83	
7	510	Isabela Murray	Newcastle	1.07.90	
8		Lane Vacant			

400m Women Semi Finals

First 3 and Fastest 2 to Final

Semi 1

1	489	Shelayna Oskan	Brunel West London	55.29	Q
2	506	Laura Wake	Loughborough	55.74	Q
3	520	Diane Ramsay	Strathclyde	57.12	Q
4	481	Hayley Harvey	Bath	57.80	q
5	353	Sarah Smith	Glasgow	59.87	
6	501	Lucy Hack	Leeds Met Carnegie	1.00.78	
7	523	Deborah Willis	Warwick	DNF	
8	503	Brigid Eades	London	DNS	

Semi 2

1	487	Harriet Pryke	Brunel West London	55.77	Q
2	507	Lucy James	Loughborough	55.86	Q
3	352	Jo Patterson	Glasgow	55.98	Q
4	482	Kat Sutton	Bath	58.12	q
5	494	Heather Shepherd	Essex	58.64	
6	516	Racheal Shaw	Sheffield Hallam	58.74	
7	572	Sonia Santos	Hull	59.56	
8	485	Helen Waters	Birmingham	1.00.84	

Outdoor Athletics Championships 2011 - Bedford

400m Women Final

Championship Best Performance:

	2010	**Perri Shakes-Drayton**	**Brunel**	**52.98**	**Team Points**
1	506	Laura Wake	Loughborough	54.41	8
2	489	Shelayna Oskan	Brunel West London	54.48	7
3	487	Harriet Pryke	Brunel West London	55.07	6
4	507	Lucy James	Loughborough	55.83	5
5	352	Jo Patterson	Glasgow	56.01	4
6	520	Diane Ramsay	Strathclyde	56.92	3
7	481	Hayley Harvey	Bath	58.39	2
8	482	Kat Sutton	Bath	58.42	1

800m Women Heat Results

Sat 30 April 14:20

First 3 and 4 fastest losers to 2 Semi Finals

Heat 1

1	727	Emily Moss	Royal Holloway, London	2.15.95	Q
2	736	Ejiro Okoro	Medway	2.17.31	Q
3	717	Aisling Mcghee	Loughborough	2.17.42	Q
4	728	Kirsty Beaumont	Sheffield Hallam	2.17.84	q
5	709	Rhianne Jones	Glamorgan	2.23.77	
6	699	Hannah Jeanes	Brunel West London	2.24.60	
7	521	Anne Doyle	Surrey	2.31.46	
8	510	Isabella Murray	Newcastle	2.35.69	
9	688	Samantha Skinner	Anglia Ruskin (Cambridge)	2.47.06	

Heat 2

1	694	Vicki Fouhy	Birmingham	2.15.34	Q
2	690	Sophie Tyers	Bath	2.16.20	Q
3	496	Helena Corbin	Exeter	2.19.11	Q
4	706	Kate Howard	Essex	2.22.23	
5	701	Rose Penfold	Cambridge	2.22.45	
6	704	Olivia Short	Durham	2.29.76	
7	695	Emma Robertson	Brighton	2.30.45	
8	705	Lydia Growns	East Anglia	2.32.30	
9	734	Eleanor Mustoe	Surrey	3.20.93	

Heat 3

1	693	Lucy Dowsett	Birmingham	2.14.74	Q
2	702	Amanda Campbell	Dundee	2.14.96	Q
3	698	Hannah Pollack	Bristol	2.15.10	Q
4	739	Chloe Anderson	UWIC	2.16.01	q
5	740	Hollie Young	West of Scotland	2.21.00	
6	1760	Rebecca Nuttall	UWIC	2.24.22	
7	700	Katie Sandford	Cambridge	2.25.78	
8	729	Yasmin Goater	Sheffield Hallam	2.28.31	
9	715	Rachel Atherton	Leeds Met Carnegie	2.39.31	

Heat 4

1	703	Jenny Tan	Dundee	2.14.95	Q
2	710	Elizabeth Duff	Glasgow	2.15.67	Q
3	725	Alex Turner	Nottingham Trent	2.15.82	Q
4	708	Kate Kaye	Exeter	2.16.04	q
5	827	Angharad Davies	Bath	2.19.34	q
6	712	Emma Toogood	Hull	2.22.85	
7	723	Maxine Buckton	Northumbria	2.25.47	
8	722	Faye Buckton	Northumbria	2.28.37	

800m Women

Semi Finals

Sun 1 May 11:05

First 3 and 2 fastest losers to Final

Race 1

1	702	Amanda Campbell	Dundee	2.12.85	Q
2	736	Ejiro Okoro	Medway	2.12.92	Q
3	693	Lucy Dowsett	Birmingham	2.13.01	Q
4	727	Emily Moss	Royal Holloway, London	2.13.66	q
5	698	Hannah Pollack	Bristol	2.16.95	
6	496	Helena Corbin	Exeter	2.18.45	
7	827	Angharad Davies	Bath	2.19.97	
8	739	Chloe Anderson	UWIC	DNF	

Race 2

1	690	Sophie Tyers	Bath	2.11.31	Q
2	703	Jenny Tan	Dundee	2.11.33	Q
3	710	Elizabeth Duff	Glasgow	2.11.69	Q
4	694	Vicki Fouhy	Birmingham	2.11.90	q
5	708	Kate Kaye	Exeter	2.15.74	
6	728	Kirsty Beaumont	Sheffield Hallam	2.15.80	
7	725	Alex Turner	Nottingham Trent	2.17.18	
8	717	Aisling Mcghee	Loughborough	2.19.68	

Outdoor Athletics Championships 2011 - Bedford

800m Women

Final

Mon 2 May 11:45

Championship Best Performance:

	2005	**Marilyn Okoro**	**Bath**	**2.03.68**	**Team Points**
1	703	Jenny Tan	Dundee	2.11.42	8
2	736	Ejiro Okoro	Medway	2.11.51	7
3	702	Amanda Campbell	Dundee	2.12.26	6
4	694	Vicki Fouhy	Birmingham	2.12.84	5
5	693	Lucy Dowsett	Birmingham	2.13.89	4
6	690	Sophie Tyers	Bath	2.14.99	3
7	710	Elizabeth Duff	Glasgow	2.15.38	2
8	727	Emily Moss	Royal Holloway, London	2.16.91	1

1500m Women Heats

Sat 30 Apr 11:20

First 6 and 6 fastest losers to 2 Semi Finals

Heat 1

1	859	Carolyn Plateau	Loughborough	4.54.60	Q
2	714	Jo Adams	Leeds Met Carnegie	4.55.46	Q
3	957	Tamara Aroush	Birmingham	4.56.63	Q
4	860	Jordan Kinney	Loughborough	4.57.07	Q
5	713	Michelle Stone	Hull	4.59.91	Q
6	841	Jodie Spencer	Chester (Chester)	5.00.90	Q
7	870	Leonie Shipley	Sheffield Hallam	5.08.17	
8	866	Rebekah Dunphy	Queen Margaret, Edinburgh	5.13.53	
9	863	Kelly Hewitson	Newcastle	5.20.49	
10	882	Vicky Guilder	Winchester	DNS	
11	724	Laura Day	Nottingham	DNS	
12	695	Emma Robertson	Brighton	DNS	

Heat 2

1	829	Alison Leonard	Birmingham	4.47.79	Q
2	856	Charlotte Gaughan	London	4.48.08	Q
3	847	Charlotte Davies	Exeter	4.49.36	Q
4	861	Sarah Hudak	Loughborough	4.49.45	Q
5	828	Rosie Clarke	Bath	4.49.56	Q
6	730	Claire Kiely	St Mary's College	4.51.32	Q
7	509	Emma Williams	Newcastle	4.53.64	q
8	839	Noelia Ferruz	Cambridge	4.58.81	q
9	705	Lydia Growns	East Anglia	5.03.05	q
10	835	Grace Geilinger	Bristol	5.03.72	q
11	849	Jessica Earp	Gloucestershire	5.03.90	
12	696	Samantha Franklin	Brighton	DNS	

Heat 3

1	858	Abbey Mcghee	Loughborough	4.47.44	Q
2	875	Josephine Moultrie	Strathclyde	4.47.70	Q
3	832	Lauren Scott	Birmingham	4.48.11	Q
4	689	Annabelle Grady	Bath	4.48.31	Q
5	830	Cath Blew	Birmingham	4.48.64	Q
6	876	Cerian Lancaster	Sussex	4.49.31	Q
7	735	Verity Ockenden	Swansea	4.51.04	q
8	879	Hannah Alderson	UWE	4.55.42	q
9	869	Abbie Smith	Sheffield Hallam	5.04.36	
10	836	Gwenno Brown	Bristol	5.04.65	
11	848	Claire Hodgson	Exeter	5.07.97	

1500m Women

Semi Finals

Sun 1 May 13:55

First 5 and 2 fastest losers to Final

Race 1

1	860	Jordan Kinney	Loughborough	4.36.69	Q
2	856	Charlotte Gaughan	London	4.36.97	Q
3	859	Carolyn Plateau	Loughborough	4.37.46	Q
4	832	Lauren Scott	Birmingham	4.37.77	Q
5	689	Annabelle Grady	Bath	4.39.31	Q
6	828	Rosie Clarke	Bath	4.39.80	q
7	509	Emma Williams	Newcastle	4.48.75	
8	713	Michelle Stone	Hull	4.51.23	
9	957	Tamara Aroush	Birmingham	4.58.56	
10	839	Noelia Ferruz	Cambridge	5.02.12	
11	705	Lydia Growns	East Anglia	5.06.83	
12	879	Hannah Alderson	UWE	DNS	

Race 2

1	829	Alison Leonard	Birmingham	4.38.00	Q
2	875	Josephine Moultrie	Strathclyde	4.38.32	Q
3	858	Abbey Mcghee	Loughborough	4.39.02	Q
4	861	Sarah Hudak	Loughborough	4.42.78	Q
5	847	Charlotte Davies	Exeter	4.45.42	Q
6	830	Cath Blew	Birmingham	4.47.45	q
7	730	Claire Kiely	St Mary's College	4.52.10	
8	735	Verity Ockenden	Swansea	4.52.70	
9	876	Cerian Lancaster	Sussex	4.54.55	
10	835	Grace Geilinger	Bristol	5.08.34	
11	841	Jodie Spencer	Chester (Chester)	DNS	
12	714	Jo Adams	Leeds Met Carnegie	DQ	

Outdoor Athletics Championships 2011 - Bedford

1500m Women

Final

Mon 2 May 14:05

Championship Best Performance

2001		**Emma Ward**	**Staffordshire**	**4.13.38**	**Team Points**
1	829	Alison Leonard	Birmingham	4.24.86	8
2	875	Josephine Moultrie	Strathclyde	4.26.21	7
3	858	Abbey Mcghee	Loughborough	4.28.12	6
4	860	Jordan Kinney	Loughborough	4.30.33	5
5	859	Carolyn Plateau	Loughborough	4.35.86	0
6	832	Lauren Scott	Birmingham	4.36.27	4
7	830	Cath Blew	Birmingham	4.37.02	0
8	861	Sarah Hudak	Loughborough	4.40.21	0
9	689	Annabelle Grady	Bath	4.40.77	3
10	847	Charlotte Davies	Exeter	4.41.64	2
11	856	Charlotte Gaughan	London	4.45.30	1
12	828	Rosie Clarke	Bath	4.46.23	0

5000m Women Heats

Sat 30 Apr 10:00

First 5 and 6 fastest losers to Final

Heat 1

1	955	Hannah Walker	Birmingham	18.10.55	Q
2	964	Sarah Inglis	Edinburgh	18.10.87	Q
3	994	Charlotte Arter	UWIC	18.11.15	Q
4	987	Beth Carter	St Mary's College	18.11.43	Q
5	989	Leigh Lattimore	St Mary's College	18.11.45	Q
6	966	Samantha Blanche	Exeter	18.17.46	q
7	1045	Kirsty Addy	Loughborough	18.26.77	q
8	972	Claire Day	London	18.31.68	q
9	720	Bobbi Phillips	Newcastle	18.38.79	q
10	985	Rachel Jameson	Sheffield	19.36.39	
11	961	Bria Dickinson	Durham	DNF	
12	1105	Lindsay Raymond	Oxford	DNF	
13	968	Jane Kemshall	Leeds Met Carnegie	DNF	
14	983	Hannah Kitchen	Oxford Brookes	DNS	

Heat 2

1	958	Imogen Ainsworth	Bristol	18.20.97	Q
2	952	Alaw Beynon-Thomas	Aberystywth	18.21.02	Q
3	981	Hayley Munn	Oxford	18.21.27	Q
4	975	Sophie Crumly	Loughborough	18.30.77	Q
5	873	Louise Small	St Mary's College	18.32.48	Q
6	855	Sophie Cowper	Lincoln	18.33.49	q
7	965	Lucy Rogers	Exeter	18.38.41	q
8	976	Caitlin Lloyd	Newcastle	19.42.61	
9	979	Laura Lambourne	Nottingham Trent	20.54.71	
10	959	Anna Boniface	Brunel West London	21.01.30	
11	992	Dionne Allen	UC Birmingham	DNS	
12	957	Tamara Armoush	Birmingham	DNS	
13	993	Stephanie Hearn	Medway	DNS	
14	724	Laura Day	Nottingham	DNS	
15	982	Bethany Alston	Oxford Brookes	DNS	

5000m Women Final

Mon 2 May 10:20

Championship Best Performance

	2009	**Steph Twell**	**St Mary's**	**16.03.94**	**Team Points**
1	873	Louise Small	St Mary's College	17.19.12	8
2	955	Hannah Walker	Birmingham	17.25.75	7
3	964	Sarah Inglis	Edinburgh	17.29.38	6
4	987	Beth Carter	St Mary's College	17.39.73	5
5	952	Alaw Beynon-Thomas	Aberystywth	17.42.59	4
6	958	Imogen Ainsworth	Bristol	17.45.38	3
7	975	Sophie Crumly	Loughborough	17.55.82	2
8	994	Charlotte Arter	UWIC	18.13.44	1
9	989	Leigh Lattimore	St Mary's College	18.15.06	
10	981	Hayley Munn	Oxford	18.26.20	
11	1045	Kirsty Addy	Loughborough	18.33.87	
12	966	Samantha Blanche	Exeter	18.35.65	
13	720	Bobbi Phillips	Newcastle	18.39.15	
14	972	Claire Day	London	18.39.78	
15	855	Sophie Cowper	Lincoln	18.53.58	
16	965	Lucy Rogers	Exeter	19.14.71	

Outdoor Athletics Championships 2011 - Bedford

10000m Women Final

Sun 1 May 09:30

Championship Best Performance:

2004	**Kate Reed**	**St Mary's**	**33.18.31**	**Team Points**
1	Louise Small	St Mary's College	34.13.55	8
2	Catherine Ansell	Imperial College, London	35.24.95	7
3	Beth Carter	St Mary's College	35.53.67	6
4	Dionne Allen	UC Birmingham	36.04.02	5
5	Megan Roberts	Birmingham	41.02.87	4
6	Leila Armoush	Sheffield	44.19.15	3
7	Hannah Vosser	Exeter	45.48.55	2
8	Grace Healy	London	48.18.95	1
9	Claire Hodgson	Exeter	DNF	

Outdoor Athletics Championships 2011 - Bedford

2000m S/c Women Final

Mon 2 May 13:20

Previous Championship Best Performance:

	2005		**Brunel**	**6.42.97**		**Team Points**
1	843	Eilish Mccolgan	Dundee	6.42.24	**CBP**	8
2	1094	Polly Keen	Cambridge	7.05.09		7
3	1091	Lara Thomas	Birmingham	7.11.43		6
4	1104	Laura Spence	Northumbria	7.14.71		5
5	1115	Nicole Roberts	UC Birmingham	7.21.96		4
6	1111	Rachel Robbinson	St Mary's College	7.27.11		3
7	708	Kate Kaye	Exeter	7.30.41		2
8	730	Claire Kiely	St Mary's College	7.39.08		1
9	1100	Emily Bliss	London	7.46.75		
10	866	Rebekah Dunphy	Queen Margaret, Edinburgh	7.49.51		
11	1093	Claire Lilley	Brunel West London	7.54.52		
12	876	Cerian Lancaster	Sussex	8.02.11		
13	1109	Ayia Abe	St Mary's College	DNF		
14	867	Julia Downes	Reading	DNF		
15	1095	Grace O'Rourke	Chester (Chester)	DNS		

Outdoor Athletics Championships 2011 - Bedford

100m Hurdles Women Results

First 3 and 4 Fastest Losers to Semi Final

Sun 1 May 12:20

Championship Best Performance:

2003	**Helen Worsey**	**Loughborough**	13.45	

Heat 1			**Wind Speed**	**Not Recorded**	
1	218	Ashley Helsby	UWIC	14.22	Q
2	191	Claire Humphries	Birmingham	15.12	Q
3	214	Moe Sasegbon	Sheffield Hallam	15.36	Q
4	203	Danielle Rooney	Loughborough	15.83	q
5	1731	Francesca Bennett	Brunel West London	15.91	q
6	215	Karolina Isoaho	Southampton	16.78	
7	197	Becca Jones	Exeter	DNS	

Heat 2			**Wind Speed**	**-1.8m/s**	
1	204	Lauren Dewdney	Loughborough	15.55	Q
2	189	Aimee Mcneilly	Bath	15.72	Q
3	192	Molly Bagworth	Birmingham	17.22	Q
4	210	Lauren Thompson	Portsmouth	17.32	
5	198	Harriet Lester	Leeds	20.87	
6	216	Helen Morton	University College London	DNF	

Heat 3			**Wind Speed**	**-1.9m/s**	
1	213	Karla Drew	Sheffield Hallam	14.67	Q
2	201	Andrea Vinet	Loughborough	15.10	Q
3	209	Clara Blattler	Oxford	16.46	Q
4	129	Lisa Revitt	Leeds Met Carnegie	16.85	
5	190	Kirsty Warland	Bath	17.02	
6	208	Becky Mcallister	Newcastle	21.18	

Heat 4			**Wind Speed**	**-0.6m/s**	
1	207	Serita Solomon	Middlesex	14.15	Q
2	194	Stephanie Gaynor	Brunel West London	14.38	Q
3	200	Serita Shone	Leeds Met Carnegie	15.35	Q
4	211	Rosie Marino	Sheffield	15.40	q
5	202	Chloe Whalley	Loughborough	15.46	q
6	206	Jen Simmons	Manchester	DNS	

Outdoor Athletics Championships 2011 - Bedford

100m Hurdles Women — Semi Finals Results

First 3 and 2 Fastest Losers to Final

Sun 1 May 14:20

Championship Best Performance:

2003 Helen Worsey — Loughborough — 13.45

Semi 1 — **Wind Speed -1.1m/s**

1	207	Serita Solomon	Middlesex	14.52	Q
2	194	Stephanie Gaynor	Brunel West London	14.53	Q
3	204	Lauren Dewdney	Loughborough	15.51	Q
4	189	Aimee Mcneilly	Bath	15.89	
5	1731	Francesca Bennett	Brunel West London	16.53	
6	202	Chloe Whalley	Loughborough	16.93	
7	192	Molly Bagworth	Birmingham	17.45	
8	200	Serita Shone	Leeds Met Carnegie	DNF	

Semi 2 — **Wind Speed -2.4m/s**

1	218	Ashley Helsby	UWIC	14.15	Q
2	213	Karla Drew	Sheffield Hallam	14.77	Q
3	201	Andrea Vinet	Loughborough	14.96	Q
4	191	Claire Humphries	Birmingham	15.16	q
5	211	Rosie Marino	Sheffield	15.22	q
6	214	Moe Sasegbon	Sheffield Hallam	15.55	
7	203	Danielle Rooney	Loughborough	15.62	
8	209	Clara Blattler	Oxford	16.76	

Outdoor Athletics Championships 2011 - Bedford

100m Hurdles Women — Final

Mon 2 May 13:55

Championship Best Performance:

2003 Helen Worsey — Loughborough — 13.45

					Team Points
1	194	Stephanie Gaynor	Brunel West London	14.16	8
2	207	Serita Solomon	Middlesex	14.17	7
3	218	Ashley Helsby	UWIC	14.20	6
4	204	Lauren Dewdney	Loughborough	14.74	5
5	201	Andrea Vinet	Loughborough	14.80	4
6	191	Claire Humphries	Birmingham	14.87	3
7	213	Karla Drew	Sheffield Hallam	DNF	0
8	211	Rosie Marino	Sheffield	DNS	0

400m Hurdles Women

Heats Results
Sat 30 April 13:55

First 2 and 2 fastest losers to Final

Heat 1

1	522	Emma Peters	UWIC	1.00.43	Q
2	574	Sophie Wood	Leeds Met Carnegie	1.00.85	Q
3	578	Gabrielle Coveney	Loughborough	1.02.07	q
4	577	Gwen Thornton	London	1.04.25	
5	568	Lizzie Thompson	Cambridge	1.05.11	
6	208	Becky Mcallister	Newcastle	1.10.00	
7	586	Maddie Cole	Portsmouth	1.20.41	
8	502	Claire Stokes	Lincoln	DNF	

Heat 2

1	196	Caryl Granville	Cardiff	1.00.41	Q
2	571	Emily Stevens	Hertfordshire	1.01.10	Q
3	561	Katie Sockett	Bath	1.02.36	q
4	211	Rosie Marino	Sheffield	1.02.55	
5	567	Kate Laidlow	Cambridge	1.05.93	
6	597	Rhiannon Linnington-Payne	UWIC	1.07.17	
7	589	Jess Cunliffe	Sheffield Hallam	1.19.19	
8	517	Fiona Trew	St Andrews	DNS	

Heat 3

1		Lane Vacant			
2	580	Meghan Beesley	Loughborough	59.36	Q
3	562	Megan Southwart	Bath	1.01.64	Q
4	591	Emily Bonnett	Southampton	1.04.66	
5	576	Sophie Fletcher	Liverpool John Moores	1.06.23	
6	563	Hannah Jackson	Bath Spa College	1.06.73	
7	206	Jen Simmons	Manchester	1.07.22	
8	573	Olivia Mcgreavy	Leeds Met Carnegie	1.07.70	

400m Hurdles Women

Final
Monday 2 May 10.10am

FINAL

					Team Points
1	580	Meghan Beesley	Loughborough	58.17	8
2	196	Caryl Granville	Cardiff	58.68	7
3	522	Emma Peters	UWIC	59.69	6
4	571	Emily Stevens	Hertfordshire	59.79	5
5	574	Sophie Wood	Leeds Met Carnegie	59.85	4
6	562	Megan Southwart	Bath	1.01.24	3
7	561	Katie Sockett	Bath	1.01.51	2
8	578	Gabrielle Coveney	Loughborough	1.03.10	1

4x100m Women Heats

Sun 1 May 17:10

Fastest 8 teams to Final

Heat 1

1	BRU	Brunel West London	48.46	q
2	UWI	UWIC	48.72	q
3	LOU	Loughborough	49.09	q
4	SHE	Sheffield	49.95	q
5	BIR	Birmingham	50.84	q
6	NEW	Newcastle	51.93	

Heat 2

1	BAT	Bath	48.45	q
2	HAL	Sheffield Hallam	50.09	q
3	OXF	Oxford	51.30	q
4	NOR	Northumbria	51.38	
5	LMC	Leeds Met Carnegie	52.20	
6	EXE	Exeter	54.20	

Outdoor Athletics Championships 2011 - Bedford

4x100m Women Final

Mon 2 May 14:25

Championship Best Performance:

2005	**Loughborough**	**45.69**	**Team Points**
1 UWI	UWIC	47.15	8
2 BRU	Brunel West London	47.47	7
3 LOU	Loughborough	47.86	6
4 BAT	Bath	48.70	5
5 HAL	Sheffield Hallam	49.64	4
6 SHE	Sheffield	54.58	3
7 BIR	Birmingham	DNS	0
8 OXF	Oxford	DNS	0

4x400m Women Heats

Sun 1 May 17:50

Fastest 8 teams to Final

Heat 1

2	LOU	Loughborough	3.55.22	q
3	BAT	Bath	3.57.75	q
4	OXF	Oxford	4.06.03	q
5	LMC	Leeds Met Carnegie	4.08.55	q
6	SHE	Sheffield	4.13.50	q

Heat 2

2	UWI	UWIC	3.58.30	q
3	HAL	Sheffield Hallam	4.02.41	q
4	EXE	Exeter	4.03.25	q
5	NOR	Northumbria	4.18.56	
6	NEW	Newcastle	4.31.31	
7	BRU	Brunel West London	DNS	

Outdoor Athletics Championships 2011 - Bedford

4x400m Women Final

Mon 2 May 14:45

Championship Best Performance:

2005	**Loughborough**	**3.39.07**	**Team Points**
1 LOU	Loughborough	3.45.56	8
2 UWI	UWIC	3.51.67	7
3 BAT	Bath	3.52.43	6
4 HAL	Sheffield Hallam	3.56.23	5
5 LMC	Leeds Met Carnegie	3.59.79	4
6 EXE	Exeter	4.02.01	3
7 OXF	Oxford	DNS	0
8 SHE	Sheffield	DQ	0

Outdoor Athletics Championships 2011 - Bedford

High Jump Women — Qualifying A — 1.81m

200	Serita Shone	Leeds Met Carnegie	1.63	q
214	Moe Sasegbon	Sheffield Hallam	1.63	q
1191	Jessica Tappin	Loughborough	1.63	q
1245	Bethan Partridge	Birmingham	1.63	q
1267	Hannah Dixon	Northumbria	1.60	
1251	Bethan Siddons	Canterbury Christ Church	1.60	
1269	Hannah Sargeant	Sheffield	1.60	
1249	Jo Rowland	Brunel West London	1.55	
1265	Amy Richards	Newcastle	1.55	
1254	Grace Johnson	Leeds	1.50	
1263	Charlotte O'Neill	Manchester	1.40	
1268	Roxanne Swerdlow	Oxford	NHR	

Qualifying B

344	Chrissy Parsons	Cardiff	1.63	q
1259	Chloe Boulter	Loughborough	1.63	q
1248	Eloise Newman	Brunel West London	1.63	q
1272	Emma Nuttal	Strathclyde	1.63	q
1262	Zoey Phillips	Loughborough	1.63	q
213	Karla Drew	Sheffield Hallam	1.63	q
1250	Emma Perkins	Cambridge	1.63	q
1208	Katy Sealy	UWIC	1.63	q
1274	Helen Buckley	Thames Valley	1.60	
216	Helen Morton	University College London	1.60	
1264	Katie Hamilton	Manchester	1.45	
1246	Pamela Hughes	Birmingham	NHR	

Outdoor Athletics Championships 2011 - Bedford

High Jump Women — Final

Championship Best Performance:

	2004	**Bobby Aloysius**	**NEWI**	**1.84**	**Team Points**
1	1250	Emma Perkins	Cambridge	1.81	8
2	1272	Emma Nuttal	Strathclyde	1.78	7
3	1245	Bethan Partridge	Birmingham	1.75	6
4	1262	Zoey Phillips	Loughborough	1.69	5
5	214	Moe Sasegbon	Sheffield Hallam	1.69	4
6	1248	Eloise Newman	Brunel West London	1.63	3
7	213	Karla Drew	Sheffield Hallam	1.63	2
8	1191	Jessica Tappin	Loughborough	1.63	1
9	1259	Chloe Boulter	Loughborough	1.63	
10	1208	Katy Sealy	UWIC	1.60	
11	200	Serita Shone	Leeds Met Carnegie	1.60	
12	344	Chrissy Parsons	Cardiff	1.55	

Outdoor Athletics Championships 2011 - Bedford

Long Jump Women — Qualifying A — 5.85m

1143	Alex Russell	Liverpool John Moores	5.74	q
1169	Kim Murray	Bath	5.71	q
1207	Angela Barrett	University College London	5.66	q
1192	Joanne Whiteway	Loughborough	5.44	q
1172	Steph Kleynhans	Birmingham	5.36	q
213	Karla Drew	Sheffield Hallam	5.27	q
1193	Katie James	Loughborough	5.23	
1174	Alice Lennox	Brunel West London	5.06	
1195	Lily Blake	Newcastle	5.02	
1176	Shakira Francis	Brunel West London	5.00	
1378	Jessica Abraham	UWIC	4.90	
1203	Sara Geary	St Mary's College	4.74	
1197	Ruth Howard	Oxford Brookes	4.71	
1196	Kate Birks	Nottingham	4.60	
108	Lizzie Gourlay	Bournemouth	3.89	
347	Carole Seihi	East London	3.82	

Qualifying B

1168	Hannah Lewis	Bath	5.80	q
1204	Imelda Morrison	Swansea	5.78	q
200	Serita Shone	Leeds Met Carnegie	5.78	q
1198	Sarah Warnock	Queen Margaret, Edinburgh	5.73	q
1202	Emily Martin	St Mary's College	5.66	q
212	Elise Lovell	Sheffield Hallam	5.46	q
1206	Desola Bakre	UC Birmingham	5.23	
115	Katryna Hardcastle	Chester (Chester)	5.18	
1170	Caoimhe King	Birmingham	5.13	
1191	Jessica Tappin	Loughborough	5.09	
1190	Jessica Houlton	Loughborough	4.99	
1175	Rochelle Jones	Brunel West London	4.94	
1188	Maggie Millioni	Liverpool John Moores	4.84	
360	Kristine Reinhold	Liverpool	4.38	
1210	Teenie Fung	Warwick	4.20	
1182	Abbie Rudd	Exeter	3.93	
121	Aimee Smith	Gloucestershire	3.25	

Outdoor Athletics Championships 2011 - Bedford

Long Jump Women Final

Championship Best Performance:

	1998	**Julie Holman**	**Brunel WL**	**6.29**	**Team Points**
1	1169	Kim Murray	Bath	6.21	8
2	1168	Hannah Lewis	Bath	6.10	7
3	1143	Alex Russell	Liverpool John Moores	6.09	6
4	1207	Angela Barrett	University College London	5.96	5
5	1192	Joanne Whiteway	Loughborough	5.95	4
6	1198	Sarah Warnock	Queen Margaret, Edinburgh	5.90	3
7	1204	Imelda Morrison	Swansea	5.89	2
8	200	Serita Shone	Leeds Met Carnegie	5.88	1
9	1202	Emily Martin	St Mary's College	5.87	
10	1172	Steph Kleynhans	Birmingham	5.43	
11	213	Karla Drew	Sheffield Hallam	5.39	
12	212	Elise Lovell	Sheffield Hallam	5.32	

Outdoor Athletics Championships 2011 - Bedford

Triple Jump Women — Qualifying A — 12.10m

1	1329	Tamara Longwe	Loughborough	12.13	Q
2	1330	Emma Pringle	Newcastle	12.06	q
3	1170	Caoimhe King	Birmingham	12.04	q
4	1340	Lauren Blackie	Wolverhampton	11.95	q
5	1175	Rochelle Jones	Brunel West London	11.52	q
6	215	Karolina Isoaho	Southampton	11.18	q
7	1320	Hannah Walsh	Birmingham City	11.09	
8	1255	Amanda Evans	Leeds Met Carnegie	10.97	
9	1319	Elenore Owen	Birmingham	10.94	
10	1335	Laura Keeley	Swansea	10.66	
11	1197	Ruth Howard	Oxford Brookes	10.18	

Qualifying B

1	1207	Angela Barrett	University College London	12.54	Q
2	1323	Jade Morgan	Essex	11.93	q
3	1318	Claire Wait	Birmingham	11.75	q
4	1206	Desola Bakre	UC Birmingham	11.44	q
5	1176	Shakira Francis	Brunel West London	11.41	q
6	1339	Lauren Priest	UWE	11.30	q
7	1328	Marie Boulle	Loughborough	10.87	
8	1315	Cat Shin	Bath	10.57	
9	1327	Rosie Mackay	Leeds Met Carnegie	10.30	
10	1331	Michaela Shaw	Oxford Brookes	9.77	
11	1182	Abbie Rudd	Exeter	9.17	

Outdoor Athletics Championships 2011 - Bedford

Triple Jump Women — Final

Championship Best Performance:

	2008	**Nony Mordi**	**Edinburgh**	**13.62**	**Team Points**
1	1207	Angela Barrett	University College London	12.73	8
2	1170	Caoimhe King	Birmingham	12.57	7
3	1323	Jade Morgan	Essex	12.26	6
4	1329	Tamara Longwe	Loughborough	12.23	5
5	1330	Emma Pringle	Newcastle	11.95	4
6	1339	Lauren Priest	UWE	11.87	3
7	1206	Desola Bakre	UC Birmingham	11.60	2
8	1175	Rochelle Jones	Brunel West London	11.57	1
9	1340	Lauren Blackie	Wolverhampton	11.46	
10	1318	Claire Wait	Birmingham	11.33	
11	1176	Shakira Francis	Brunel West London	10.88	
12	215	Karolina Isoaho	Southampton	10.87	

Outdoor Athletics Championships 2011 - Bedford

Pole Vault Women Final

Championship Best Performance:

	2010	**Sally Scott**	**Loughborough**	**4.01**	**Team Points**
1	1372	Sally Scott	Loughborough	4.00	8
2	1369	Sally Peake	Cardiff	3.90	7
3	1378	Jessica Abraham	UWIC	3.70	6
4	209	Clara Blattler	Oxford	3.60	5
5	1367	Kara Gibbs	Bedfordshire	2.90	4
6	1366	Kizzi Barazetti	Bath	2.70	3
7	1365	Emily Taylor	Bath	NHR	0
8	1377	Elinor Lewis	UWIC	NHR	0
9	1373	Sophie Upton	Loughborough	NHR	

Outdoor Athletics Championships 2011 - Bedford

Shot Women — Qualifying A — 13.00m

1	1437	Rachel Wallader	UC Birmingham	14.27	Q
2	1441	Sarah Benson	UWIC	12.59	q
3	1428	Charlotte Rose	Loughborough	12.42	q
4	1424	Alice Simpson	Leeds Met Carnegie	12.34	q
5	1427	Rebecca Hall	Lincoln	11.98	q
6	1249	Jo Rowland	Brunel West London	11.89	q
7	1435	Michelle Durbidge	Stirling	11.39	q
8	1172	Steph Kleynhans	Birmingham	10.41	
9	1208	Katy Sealy	UWIC	10.30	
10	1438	Julia Walkden	UWE	9.47	
11	1416	Charlotte Shaw	Buckinghamshire New	3.97	

Qualifying B

1	1425	Hannah Evenden	Leeds Met Carnegie	12.97	q
2	1422	Lois Earl	Hull	12.92	q
3	1431	Sophie Thomas	Loughborough	12.87	q
4	200	Serita Shone	Leeds Met Carnegie	11.55	q
5	1418	Abigail Moronkeji	Coventry	11.18	q
6	1421	Sharifa Brown	Greenwich	10.32	
7	1429	Emma Lowry	Loughborough	9.94	
8	1480	Rachel Williams	Brunel West London	9.22	
9	1439	Jess Huddleston	UWIC	9.16	
10	1423	Lauren Hunt	Leeds	8.36	
11	1195	Lily Blake	Newcastle	7.89	
12	1417	Yasmin Burr	Buckinghamshire New	6.39	

Outdoor Athletics Championships 2011 - Bedford

Shot Women — Final

Championship Best Performance:

	2001	**Julie Dunkley**	**Greenwich**	**15.97**	**Team Points**
1	1437	Rachel Wallader	UC Birmingham	15.54	8
2	1425	Hannah Evenden	Leeds Met Carnegie	13.51	7
3	1441	Sarah Benson	UWIC	13.03	6
4	1422	Lois Earl	Hull	12.91	5
5	1431	Sophie Thomas	Loughborough	12.62	4
6	1424	Alice Simpson	Leeds Met Carnegie	12.48	3
7	1427	Rebecca Hall	Lincoln	12.03	2
8	200	Serita Shone	Leeds Met Carnegie	11.83	0
9	1428	Charlotte Rose	Loughborough	11.65	1
10	1249	Jo Rowland	Brunel West London	11.61	
11	1418	Abigail Moronkeji	Coventry	11.12	
	1435	Michelle Durbidge	Stirling	WDN	

Outdoor Athletics Championships 2011 - Bedford

Discus & Ambulant Disc Qualifying A 42.00m

1	1495	Tesni Ward	Sheffield Hallam	44.73	Q
2	1425	Hannah Evenden	Leeds Met Carnegie	40.67	q
3	1421	Sharifa Brown	Greenwich	37.19	q
4	1501	Megan Tuck	UWIC	36.96	q
5	1438	Julia Walkden	UWE	36.61	q
6	1444	Claire Williams	Loughborough	36.15	q
7	1423	Lauren Hunt	Leeds	33.65	q
8	1422	Lois Earl	Hull	30.59	
9	1494	Kate Whiston	Nottingham	27.90	
10	1430	Rebecca Davies	Loughborough	25.17	
	1808	Lucie Prosser - F36	Guest	16.38	

Qualifying B

1	1482	Lucy Underdown	Canterbury Christ Church	39.25	q
2	1424	Alice Simpson	Leeds Met Carnegie	36.34	q
3	1478	Rachel Bennett	Brighton	35.79	q
4	1499	Hayley Green	UWIC	35.00	q
5	1435	Michelle Durbidge	Stirling	34.10	q
6	1439	Jess Huddleston	UWIC	30.64	
7	1431	Sophie Thomas	Loughborough	30.61	
8	1480	Rachael Williams	Brunel West London	26.94	
9	1491	Kelly Lawrence	Loughborough	26.03	
10	1481	Lesley Megarity	Buckinghamshire New	20.25	
11	1484	Penny Caudle	Exeter	16.25	

Outdoor Athletics Championships 2011 - Bedford

Discus Women Final

Championship Best Performance:

	1995	**Jackie McKernan**	**Ulster**	**58.38**	**Team Points**
1	1495	Tesni Ward	Sheffield Hallam	44.58	8
2	1425	Hannah Evenden	Leeds Met Carnegie	42.14	7
3	1444	Claire Williams	Loughborough	37.99	6
4	1501	Megan Tuck	UWIC	37.71	5
5	1478	Rachel Bennett	Brighton	37.30	4
6	1424	Alice Simpson	Leeds Met Carnegie	36.52	3
7	1435	Michelle Durbidge	Stirling	36.40	2
8	1438	Julia Walkden	UWE	36.22	1
9	1499	Hayley Green	UWIC	35.03	
10	1421	Sharifa Brown	Greenwich	32.26	
11	1423	Lauren Hunt	Leeds	32.24	
12	1482	Lucy Underdown	Canterbury Christ Church	DNS	

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Javelin Women — Qualifying A — 40.00m

1	1495	Tesni Ward	Sheffield Hallam	48.59	Q
2	1431	Sophie Thomas	Loughborough	46.98	Q
3	1553	Sam Cullinane	Leeds Met Carnegie	40.11	Q
4	1249	Jo Rowland	Brunel West London	38.05	q
5	1208	Katy Sealy	UWIC	37.37	q
6	1546	Sarah McGuire	Durham	36.43	q
7	1422	Lois Earl	Hull	31.59	q
8	1541	Charlotte Berrington	Birmingham	27.88	
9	361	Emma May	Liverpool John Moores	22.53	

Qualifying B

1	1545	Felicia Rudolfo	Coventry	38.97	q
2	1551	Chloe Beckett	Leeds Met Carnegie	38.11	q
3	1552	Robyn Purchase	Leeds Met Carnegie	37.47	q
4	1480	Rachael Williams	Brunel West London	34.81	q
5	1190	Jessica Houlton	Loughborough	31.00	q
6	1197	Ruth Howard	Oxford Brookes	30.86	
7	1274	Helen Buckley	Thames Valley	30.02	
8	1554	Ciara Gallen	Liverpool John Moores	22.24	
9	1542	Phillipa Stiff	Bournemouth	22.07	
10	1549	Lisa Boardman	Hull	20.17	

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Javelin Women — Final

Championship Best Performance:

	2002	**Goldie Sayers**	**Loughborough**	**53.63**	**Team Points**
1	1495	Tesni Ward	Sheffield Hallam	50.58	8
2	1431	Sophie Thomas	Loughborough	45.96	7
3	1553	Sam Cullinane	Leeds Met Carnegie	42.47	6
4	1551	Chloe Beckett	Leeds Met Carnegie	38.49	5
5	1480	Rachael Williams	Brunel West London	37.43	4
6	1545	Felicia Rudolfo	Coventry	36.69	3
7	1552	Robyn Purchase	Leeds Met Carnegie	35.93	0
8	1249	Jo Rowland	Brunel West London	35.48	2
9	1208	Katy Sealy	UWIC	35.23	1
10	1546	Sarah McGuire	Durham	34.73	
11	1422	Lois Earl	Hull	32.58	
12	1190	Jessica Houlton	Loughborough	29.04	

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Hammer Women Final

Championship Best Performance:

	2007	**Zoe Derham**	**Gloucester**	**66.54**	**Team Points**
1	1595	Myra Perkins	Loughborough	61.94	8
2	1425	Hannah Evenden	Leeds Met Carnegie	52.57	7
3	1589	Kathryn Yhnell	Gloucestershire	50.03	6
4	1424	Alice Simpson	Leeds Met Carnegie	49.31	5
5	1586	Adanna Okeahialam	Birmingham	48.13	4
6	1499	Hayley Green	UWIC	45.11	3
7	1588	Anna Robertson	Gloucestershire	45.05	2
8	1593	Zahra Akinpeju	London	37.86	1
9	1491	Kelly Lawrence	Loughborough	35.82	
10	1600	Emma Phillips	York	33.78	
11	1501	Megan Tuck	UWIC	33.06	
12	1596	Annika Wing	Northampton	28.66	
13	1418	Abbiegail Moronkeji	Coventry	28.21	
14	1494	Kate Whiston	Nottingham	24.91	
	1804	Sophie Hitchon	UKA - Guest	**69.43**	**UK Record**